

8G

Thomas – John 20:19-31

After his resurrection, Jesus appeared to his disciples.

But one of the disciples, named Thomas, wasn't with the other disciples when they first saw Jesus.

The disciples told Thomas, "We have seen the Lord!" Thomas wasn't sure if he believed him. After all, Thomas had seen Jesus die.

Thomas said, "Unless I see Jesus and touch him, I won't believe."

Eight days later the disciples, including Thomas, were together in a locked room.

Jesus appeared among them and said, "Peace be with you."

Then Jesus said to Thomas, "Here I am. Believe!" Thomas knew it was Jesus and he said, "My Lord and my God!"

Jesus said, "You have seen me, and you believe. In the future many will not be able to see me, but they will still believe."

These things are written about in the Bible so that you will believe that Jesus is the Christ, God's Son.

Family Spiritual Practice

Read the story of Thomas together. Every time you hear Thomas, place your hand about your eyes like you are searching.

Wonder: Is believing easy or hard? What is easy to believe in? What is hard to believe in?

Do: Think about how you can share Jesus with your friends, family and community. Brainstorm ideas and choose one idea to do together.

Pray: Dear God, help us believe what we see, and help us believe without seeing. Amen.

