

DISC TRAINING

5

COURSE DESCRIPTION

DiSC training is designed to help learners gain deep insights into themselves and others.

DiSC training focuses on improving self-awareness by using the ***DiSC four-quadrant model*** that can help anyone understand more about their unique personality and behavioral style. Learners will not only become self-aware of their behaviors and personality, but they will also learn how to identify anyone's DISC style to communicate better.

Course Objectives:

- Learn individual DiSC personality style
- Learn how to identify other DISC styles
- Learn how to adapt individual behavior for better communication and relationships



ALHLEADERSHIP.COM



AL@ALHLEADERSHIP.COM