

**45th Annual
National Capitol Open
TaeKwonDo**

CHAMPIONSHIP

FORMS / SPARRING / TEAM DEMONSTRATIONS

2024 National Capitol Open

Sponsored by: South Lakes High School Booster Club

Rule: World TaeKwonDo / USAT
(Rules May be Modified)

Hosted By: Grandmaster H.K. Lee

H.K. Lee Academy of TaeKwonDo
465 Herndon Pkwy
Herndon, VA 20170
(703) 437-5111
www.HKLeeTKDFamily.com



When: March 9, 2024 - Saturday

Where: South Lakes High School

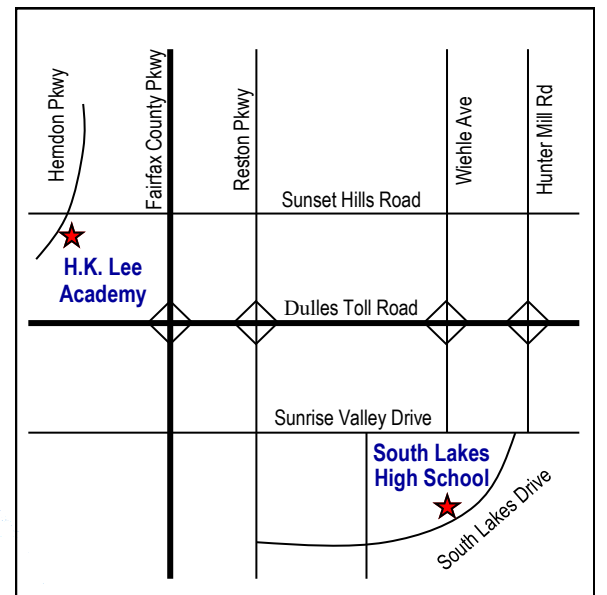
11400 South Lakes Drive
Reston, VA, 20191
Late Registration - 8:00 am
Opening Ceremony - 9:00 am
11 & Under - 9:00 am
Closing (approx) - 7:00 pm

Online Registration:

<https://tkdconnect.com/event/83/display>

Admission: \$10.00

(Admission Collected at Door)



**Master Janelle Pham
Event Coordinator**

