



H.K. Lee TaeKwonDo Weekly Class Schedule

(Online & In Person)
Starting 9-5-23



Time	Monday			Tuesday		Wednesday		Thursday			Friday		Saturday
OFFICE HOURS	12PM-8:30PM			12PM-8:30PM		12PM-8:30PM		12PM-8:30PM			12PM-8:30PM		9AM-2PM
8:00AM 6:30PM	EDUCATIONAL & FUN TAEKWONDO ENRICHMENT CAMP SPRING/SUMMER/WINTER											8:30AM-10:00AM	
2:30PM 6:30PM	AFTERSCHOOL MARTIAL ARTS PROGRAM			AFTERSCHOOL MARTIAL ARTS PROGRAM		AFTERSCHOOL MARTIAL ARTS PROGRAM		AFTERSCHOOL MARTIAL ARTS PROGRAM			AFTERSCHOOL MARTIAL ARTS PROGRAM		DEMO TEAM
FORMAT	POOMSAE (FORMS)			SELF DEFENSE/SPARRING		SELF DEFENSE		SELF DEFENSE/SPARRING			POOMSAE (FORMS)		10:00AM-11:30AM
LOCATION	MAIN DOJANG	UPPER DOJANG	AMP DOJANG	MAIN DOJANG	UPPER DOJANG	MAIN DOJANG	UPPER DOJANG	MAIN DOJANG	UPPER DOJANG	AMP DOJANG	MAIN DOJANG	UPPER DOJANG	
4:30PM	CHILDREN'S/AMP CLASS			CHILDREN'S/AMP CLASS		CHILDREN'S/AMP CLASS		CHILDREN'S/AMP CLASS					TOURNAMENT PREP CLASS KYORUGI (SPARRING)/ POOMSAE (FORMS) ALL AGES/YELLOW BELT & HIGHER (BY REGISTRATION ONLY)
5:10PM	H.RED BELT & UNDER CURRICULUM CLASS			H.RED BELT & UNDER CURRICULUM CLASS		H.RED BELT & UNDER CURRICULUM CLASS		H.RED BELT & UNDER CURRICULUM CLASS			H.RED BELT & UNDER CURRICULUM CLASS		
6:10 PM	BLACK BELT CURRICULUM CLASS	LOW RANK CURRICULUM CLASS	YOUNG EAGLES CLASS AGES 4-6YO	H.RED BELT & UNDER CURRICULUM CLASS	YOUNG EAGLES CLASS AGES 4-6YO	H.RED BELT & UNDER CURRICULUM CLASS		BLACK BELT CURRICULUM CLASS	LOW RANK CURRICULUM CLASS	YOUNG EAGLES CLASS AGES 4-6YO	H.RED BELT & UNDER CURRICULUM CLASS		10:00AM-12:00PM OR 12:00PM-2:00PM
7:10 PM	ADULT CLASS ALL CURRICULUM	DEMO TEAM		MASTERS/ LEADERSHIP TRAINING 12YO&OLDER OR INVITATION		ADULT OPEN PRACTICE		ADULT CLASS ALL CURRICULUM	DEMO TEAM		BLACK BELT OPEN PRACTICE		SCHEDULE YOUR BIRTHDAY PARTY TODAY! **LIMITED AVAILABILTY**

**LOW RANK CLASSES (NO BELT-H.YELLOW BELT CURRICULUM) & HIGH RANK CLASSES (GREEN BELTS & HIGHER CURRICULUM)

**STUDENTS MAY ATTEND CLASSES FOR THEIR LEVEL CURRICULUM & BELOW

**SPARRING (KYORUGI) EQUIPMENT REQUIRED FOR ALL SPARRING CLASSES & HIGH RANK SELF-DEFENSE CLASSES