

Tina's Tots Preschool Room Leaflet



Welcome to the preschool room, this leaflet contains some of the information you may need to know about the preschool room when first starting here with us.

Staff

In this room we highly have knowledge and motivated staff to ensure your baby is cared for in a nurturing happy environment. All our staff are first aid and safeguarding trained.

Kirsty Adams – Deputy Manager and Head of Preschool Room, Level 3

Emma Pallister – Deputy Manager and Room Leader, Level 3

Katie Emery – Assistant Room Leader, Apprentice, Level 3

Bethany Platt – Nursery Practitioner, Level 6

Daisy Shea – Apprentice, Level 2, training to be level 3.

Amelia Ford – 1 to 1, Level 2

Rachel Best – Apprentice, Level 2

Emily Barrett – Apprentice, Level 2

Hannah Frost – Apprentice Level 2



Routine

In the Preschool room we a full routine to keep the stimulated as possible. learning-based activities and get the children prepared for school. Our routine is as follows:

7:30-8:30 – Breakfast time, breakfast is served no later than 8:30. We serve a variety of cereals, toast and hot cross buns. Breakfast is a self serve system, breakfast will be placed in the middle of the table and children are encouraged to scoop out their own cereal and pour their milk.

8:30 – Nappy changing time. Nappies are changed if soiled or very wet throughout the day as well as set times. We encourage children to use the low-level toilets as soon as they show interest or we are instructed to do so by parents. We ask parents to spend some time training their little ones at home before sending them into nursery without nappies on.

9:00-9:15 – Circle time, the children sit down together to sing a welcome song, getting to know their peers and reading their favourite books. We split into key worker groups and do circle time activities. This ranges from exploring a treasure box, playing musical instruments, name and shape trace, phonics and much more. This allows children to create a bond with their key worker and other children in their group.

9:15-9:45 – Morning activity number 1. This is a planned activity based on the learning needs of the group.

10:00-10:15 – Snack time. Children are provided with a healthy snack and cup of milk. Children are encouraged to pour their own milk from the jug, with support if needed and collect their own snack from the self-serve area. The snack is usually fresh fruit, crackers,



like to stick to children as We do lots of in this room ready and



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rice cakes, raisins or yoghurt. Water is available to children throughout the day – they have their own cup with their name and image label for easy identification.

10:15-10:45 – Outdoor play and free flow activities are set up for the children to begin to gain independence and build in self-confidence.

11-11:30 – Morning activity number 2. Again, a planned adult lead activity which promotes learning across the curriculum.

11:30-11:45 – Free flow play is encouraged and the adults support children during free play wherever needed.

11:30-11:55 – Nappy time.

11:45-11:55 – Hand washing time, children wash their hands in the bathroom before sitting down to lunch.

11:55-12:30 – Lunch time. All meals are cooked on-site by our chef. Meals are healthy, varied and promote a balanced diet. We only provide alternatives to the menu for allergy sufferers and do not allow food to be brought in from home. We encourage all children to use their cutlery and serve and scrape their own food.

12:30 – Nap time. Sleepers in preschool go into the sleep room and go down on soft mats for sleep. Each child has their own bed bag with their own bedding in. We allow children to sleep for as long as they wish (usually 45mins – 1.5 hours).

12:30-1:00 – Activities are set up for the non sleepers to explore independent play. We do our Literacy books, the non sleepers all have a red book which we practice letter formation. We use highlighters for the children to trace over the letters and they are encouraged to think of a word that begins with that letter.

1:00-2:00 – Afternoon planned activity number 1.

2:00 – Afternoon snack time with a cup of milk.

2:30-3:00 - Wake up and nappy time. After coming around from their sleep children are changed so they have nice clean nappies for the afternoon.

3:00-3:30 – Afternoon activity number 2. Another adult lead activity which has been planned around the learning needs and the interests of the children.

3:00-3:30 – Outdoor play and free flow independent go to activities.

3:15 – Wrap around are collected from Rothwell and Carlton Primary School, they are brought back to do their own planned activity. This is carefully planned around the children's learning by their key worker.

3:30-3:50 - Outdoor play and free flow independent go to activities.

3:50-4:00 – Washing hands for tea time.

4:00-4:30 – Dinner time. Both lunch and dinner consist of a hot cooked meal and a pudding. Parents can opt out of puddings, but alternatives will not be provided. Children are encouraged to eat most of the main meal before being allowed their pudding.

4:30-6:00 – Circle time and free flow. Children prepare to go home after a very busy day.

5:30 – Final nappy change of the day, children are checked and if dry are not changed.

4:45 – Wrap around reading and homework time. Wrap around sit together to complete any reading or homework tasks they may have been set from school.

Meals

All meals are home cooked on site by our cook Julie, using locally sourced fresh produce. We change and update our menu regularly to incorporate meals from around the world. Meals are healthy and balanced with plenty of vegetables within each meal, so your child has the vitamins and nutrients they require. Meals include: Beef/Chicken pies, Curry, Lasagne, Chilli con carne, Korma, Sweet and sour noodles, Cottage/Shepard's pies, Cheese and ham muffins, Stew, Casseroles, Soup etc. We promote independence by encouraging children to feed themselves and select certain elements of their meal.



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What to pack in your child's bag

We ask you to pack only essentials in your child's bag for nursery, these things include:

- Nappies, wipes and cream if needed
- A few changes of spare clothes (we like to be messy)
- Slippers
- Hats
- Appropriate outdoor clothing e.g all in one wet suits, hats, wellies, sun cream, sun hats.

We ask parents to bring water bottles so they each have their own. Can we please ask that you label and name all of your child's belongings.

Settling in and what to expect in the first week

We provide settling in sessions which build up within the week or fortnight prior to your start date. We start with an hour on their first session and build it up based on your child's needs.

Depending on how well they have settled you may experience that within your first week or so your child may not want to eat or sleep much with us, but please do not panic. Your child is just settling and adjusting to nursery life, once they have become more familiar with the setting, the routine and the staff this will improve.

Within your first week or two you will receive little messages with images via Tapestry. Once we have got to know your little one and where they are on their learning path we will begin to send observations to you via Tapestry which will include links to the EYFS outcomes and of course those lovely images we parents love to see.



Please expect your child to come home a little messy after a day at nursery as we love to explore and investigate. Using our senses to understand is very much part of the baby room way so our clothes don't always stay very clean!

Daily care diaries are sent at the end of each day for parents to access via Tapestry, this has all information about their day; what they have eaten, how much sleep they've had

and what their nappies have been. Any questions can be asked in the messages section on Tapestry and someone will reply as soon as possible.

Brace yourselves for a very tired little one at the end of each day! 😊

Nursery hours:

Our sessions are as follows, but you can drop off and pick up anytime within your session times.

- Full day - 07:30 - 18:00
- Morning session - 07:30 - 12:30
- Afternoon session – 13:00 – 18:00

Please note that we close at 6pm, so we ask all parents to make sure they are here in plenty of time before 6pm so that we can provide feedback on their day.

COVID information

We have a strict COVID risk assessment in place which will be emailed to you each time it is updated. We take COVID very seriously, so we ask all parents to make themselves aware of the procedures and expectations we have in place here at Tina's Tots by reading this document when provided.

When not to send you child to nursery

Please do not send your child to nursery with the following:

- Head lice
- High or Low temperature
- Cough (Continuous – 3 or more episodes within a 24h period)
- Sickness or diarrhoea
- COVID symptoms

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- Someone in the household has tested positive for COVID.
- Any type of contagious illness, infection, or disease
- Or if you know your child is unwell and needs 1:1 attention.

We look forward to meeting you and your little one soon!