

Warm Weather Policy

Temperatures

- The nursery does not have Air Conditioning, although the room temperature is monitored it can be difficult to control, therefore we have set this policy in place to provide the best care possible.
- If the nursery room temperature proves to be too high, we may have to close the nursery.
- If parents feel the outdoor temperature is too high for their child to comfortably access nursery with the following policy in place, we leave the decision to parents as to their child's attendance.

Hats

- Children are encouraged to wear a hat at all times when playing outside however will not be forced to do so.
- Children not willing to wear their hat will have max 15 mins play outside at any one time.
- Parents are responsible for providing a suitable hat labelled with the child's name each day they attend.
- Hats should not be left at the nursery.

Sun cream

- Parents should apply sun cream before bringing their child to nursery.
- Tina's Tots will apply sun cream during the day covering all body parts on show and just under sleeve ends, short ends and around the collar.
- Staff will apply sun cream to children in small groups, wherever possible with their key person.
- Staff will not undress children to apply sun cream.
- Each child should have their own sun cream bottle, labelled with their name.
- Any specific requirements should be made known to the child's key person/room leader.

Fluids

- Parents should ensure their child is used to drinking water not juice.
- Parents should ensure their child has a good drink before arriving at nursery (even if coming at 07:30am).
- Parents are requested to provide their child with a drink after being collected (in order to stick to the 2-hour rule stated below whilst at nursery).
- Water will be available to children at all times throughout the day.
- Children will be encouraged to drink water throughout the day (minimum every 2 hours see specifics below).
- Children will have their own water bottle at the meal station, at breakfast (07:30 – 08:30), lunch (12pm), dinner (4pm).
- Children will be provided with a glass of milk and/or water at snack times (10am and 2pm).
- Babies under 12 months still on breast or formula milk will be provided their bottle as normal as requested by parents.
- Ice lollies may be provided as puddings after meals in hot weather.

Outdoor Play

- Children will be allowed to play outdoors for up to 30 minutes at a time.
- Children will not play outside between 11am and 2pm in very hot weather.
- Children have access to shelter and shade.
- Water will be available when outside and children will be encouraged to have regular drinks.

Water Play

- Children will have access to water play inside and out every day during warm weather.

Clothing

- Parents are responsible for providing adequate clothing for warm weather.
- Spare clothes should be packed for children.
- Parents should provide suitable footwear (no flip flops please).