



The Photonic Torch

Red Light Healing

An Introduction

By Carola Adolf

With a good percentage of horse owners living in country towns having the benefits of different therapists for our horses is sadly lacking, and as such we have seen a huge rise in self help programs along the alternative lines and a influx of 'alternative therapists' some who are very talented in their expertise and others that leave you wondering if that 60 dollars could have been put to better use.

For a long time we have been looking for a therapy that could assist in our horses well-being and also could be used in-between equine veterinarian, chiropractor or acupuncture treatments, when needed or when one may feel that their horse just isn't up to par with restrictions / tight muscles. Of course whatever therapy could be offered had to be easy to administer. This torch is amazingly simple, just so easy to use and you do not need to have an expert knowledge of acupuncture points or of anatomy.



One other factor weighed in on using this torch: Safety for horse and handler! The kit comes with a very complete 'guide' book for humans as well as the horses guide, which is an added bonus.

What is Photonic stimulation ?

Photonic stimulation is a natural therapy promoting the body's own immune responses, it's own methods of controlling pain and it's own healing abilities. The use of monochromatic red light from super luminous diodes [not a laser], stimulate electro sensitive spots on the skin including those

usually called acupuncture points. This safe, non-invasive, painless, beam of light of a designated wavelength to activates or produces particular physiological results based on applied neurophysiological principles.

For those that like scientific verifications, the effects of light on tissue has been studied for more than 40 years by NASAS and the medical community. In 1991 Dr Brian McLaren and Rod Torkington extensively researched and developed Photonic stimulation , and with further research by Jan Couper, the user friendly Red Light Healing Guide & Photonic Torch Pack was born.

The Photonic Torch assists in..
The relief from acute and chronic pain

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The stimulation of the immune system

- Anti-inflammatory effects
- Improved metabolism
- Increased blood supply

The generation of new tissue and cells

- Accelerated wound healing
- Emotional well-being

How Does Photonic Stimulation Work?

Photonic Light supplies energy to the body in form of non-thermal photons of light. These light waves penetrate deeply under the skin creating an analgesic effect, an anti-inflammatory effect and an increase in circulation. This in turn increases the supply of oxygen to the blood. These effects directly facilitate healing and pain relief. The light penetrates the surface of the skin without heating it and without side effects; instead the light stimulates body cells, which convert into chemical energy thus promoting natural healing and pain relief.



Using the Photonic Torch

The torch is applied for approximately 6 -15 seconds per point to certain areas of the body. Some of the areas are known acupoints that can relieve symptoms or various ailments and, because the light diffuses, you do not need to apply the torch with absolute precision.

Therefore, even if you don't know what the specific acupoints are, just "chase the pain" and you will have successfully applied the technology. However the Torch does come with a guide, showing acupoints and with other relevant information.

What may happen when treating your horse

A whole range of effects may appear when treating your horse, i.e. becoming sleepy ...which I refer more to been in a state of pure bliss as they totally relax, one gelding took great delight in passing wind, some may draw up their flanks, raise their tail and dropping of the head, some horses show a few of these things or just one, it just depends on the horse. Normally if you have picked up a tenderness or overly tightness in a spot after treating with the Photonic Torch when you go back over these spots there should be a noticeable reduction in the reaction, within 48 hours or after the second treatment, there should be a marked improvement even if the horse is not completely better.

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