

GENERAL BIO

Dr. Mike Van Thielen, PH.D. HOLISTIC NUTRITION, PHYSICIAN, MENTOR and BIOHACKING EXPERT, BESTSELLING AUTHOR, TEDx SPEAKER, INTERNATIONAL KEYNOTE & MOTIVATIONAL SPEAKER, AND WORLD RECORD HOLDER in SWIMMING, has been involved in optimal health practices, anti-aging and regenerative medicine, sports performance, nutrition, supplementation, and biohacking for over three decades.

Dr. Mike is an Executive Contributor for Brainz Magazine, and he was presented with the CREA GLOBAL AWARDS 2023 honoree in recognition of his creative and innovative ideas, adaptability in business, and for his contributions to sustainability and mental health projects. Dr. Mike has been featured on the cover of Biohackers Magazine (Issue 22) and his IZOD Method™ has been featured on Fox, ABC, NBC, google news, and over 300 other channels.

Dr. Mike is a licensed physical therapist, a licensed acupuncture physician, and a doctor of Oriental Medicine, with certifications in injection therapy, homeopathy, Chinese herbal medicine, and non-invasive cosmetic procedures. He also has a Ph.D. in Holistic Nutrition from the College of Natural Health.

Besides being well-versed in various health applications, Dr. Mike Van Thielen also holds many business and marketing certifications. He has vast business experience and a proven track record of establishing and developing successful business operations. He has developed a Corporate Impact program and currently contracts with corporations to improve culture and significantly increase employee engagement, focus, and production while upgrading their body and mind.

Dr. Mike is the author of the revolutionary book "Health 4 Life – User Manual" (2014) and is featured in the book "Motivational Speakers America – The Indispensable Guide to America's Business and Motivational Speakers" as a Top International Keynote Speaker alongside celebrities such as Les Brown and Brian Tracy. Dr. Mike also shared the stage with Darren Hardy, owner of Success Magazine, Nick Vujicic, Dr. Fab Mancini, Dr. Mercola, Del Bigtree, and many others.

In 2020 he published "EMR (Electro-Magnetic Radiation) – The Invisible Threat" which was an Amazon best-seller in March of 2022. In December of 2023, Dr. Mike published "The IZOD Method™- Unleash Your Superpower" in which he discusses how to find purpose in life, optimize focus and productivity, free-up valuable time, and live stress-free while sharing the latest strategies and technologies to upgrade the body and mind.

Dr. Mike is a 2-time All-American and is a current World Record Holder in swimming. He holds 31 U.S. National Titles and 2 YMCA National Records. He is a proud member of the exclusive WSA – World Sports Alumni.



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