

150g

Spicy Mince Pocket Pie

Spicy, grass fed mince on a bed of creamy sauce, wrapped in a mozzarella and almond flour pocket.

Mozzarella (33.8%), Cream Cheese (22.3%) (Milk), Savoury Mince (21.5%) [Grass Fed Beef (68.9%), Onions (8.6%), Gluten Free Soy sauce (5.8%), Olive oil (5.5%), Lemon juice (2.8%), Vinegar (2.8%), Chilli sauce (2.8%), Red Chilli (2.1%), Garlic (0.69%), Pink salt (0.21%)], Almond Flour (11.5%) (Tree nuts), Eggs (9.2%), Baking powder (1.2%), Dried thyme (0.23%) [Ground thyme], Pink salt (0.23%)

| NUTRITION INFORMATION TYPICAL VALUES | | |
|--------------------------------------|-------------|----------|
| SERVINGS PER PACKAGE: 0 | | |
| SERVING SIZE : 150g | | |
| | Per serving | Per 100g |
| Energy | 1827kJ | 1218kJ |
| | 437Cal | 291Cal |
| Protein | 26.3g | 17.6g |
| Fat, total | 35.3g | 23.5g |
| - saturated | 16.1g | 10.7g |
| Carbohydrate | 3.5g | 2.3g |
| - sugars | 2g | 1.3g |
| Sodium | 1029mg | 686mg |

All values are considered averages unless otherwise indicated