

300g

Vegan Poke Bowl

Selection of tasty vegan bites

Pumpkin (16.6%), Broccoli (14.6%), Pickled Cabbage (13.3%) [Vinegar (46%), Red cabbage (46%) [Cabbage], Onions (5.7%), Garlic (1.1%), xylitol (0.57%), Pink salt (0.57%)], Tofu (13.3%) (**Soya, Sulphites**), Mushrooms (13.3%), Master stock (6.7%), Onions (3.3%), Red Chilli (0.67%), **Sesame seeds (0.67%), Macadamia oil (0.67%) (Tree nuts)**, Lime juice (0.67%), Olive oil (0.53%), Pink salt (0.33%), garlic (0.2%), Cumin seeds (0.2%), Paprika (0.2%)

NUTRITION INFORMATION TYPICAL VALUES		
SERVINGS PER PACKAGE: 0		
SERVING SIZE : 300g		
	Per serving	Per 100g
Energy	587kJ	196kJ
	140Cal	47Cal
Protein	10.5g	3.5g
Fat, total	7.3g	2.4g
- saturated	0.96g	0.32g
Carbohydrate	5.7g	1.9g
- sugars	4.2g	1.4g
Sodium	499mg	166mg

All values are considered averages unless otherwise indicated