

330g

Vegan Thai Yellow Curry

Creamy Thai Yellow Curry with Cauliflower, Tofu and Baby Spinach.

Tofu (34.3%), Coconut Milk (30.5%), Cauliflower (26.7%), MCT OIL (7.6%), (5.3%), Onions (5.3%), Capsicum (5.3%), Baby Spinach (3.8%), Chilli (2.3%), Lemon juice (1.5%), Lemongrass (0.76%), Garlic (0.76%), Tamarind (0.76%), Ginger (0.76%), Pink salt (0.38%), Cumin seeds (0.15%), Coriander seeds (0.15%), Turmeric (0.15%), Kaffir Lime Leaves (0.08%)

NUTRITION INFORMATION TYPICAL VALUES		
SERVINGS PER PACKAGE: 1		
SERVING SIZE : 330g		
	Per serving	Per 100g
Energy	1936kJ	587kJ
	463Cal	140Cal
Protein	25.9g	7.9g
Fat, total	35.3g	10.7g
- saturated	28.4g	8.6g
Carbohydrate	8.8g	2.7g
- sugars	6.3g	1.9g
Sodium	630mg	191mg

All values are considered averages unless otherwise indicated