<u>Meeting Format for Wednesday PIP Success Anonymous Gathering (January 18, 2024)</u>

Welcome to PIP Success where progress is perfection! I am here. We are here.

My name is ______ and I am the facilitator for this gathering which will end at about 10:30.

We gather in love and service. The principles we study, and practice, are our unconditional love for me, just as I am. For you, for every person, and the present moment, in which all life happens.

All of my life happens in this present moment. Right now. Right here. Every moment past is an infinite source of positive lessons, to be practiced in this present moment, and passed on. Every future moment is my infinite potential, and inspiration, for doing my best in this present moment.

My best, right now, right here, in this present moment is always good enough. No person has ever done better than their best, in the present moment. My best is always progress. My progress is my perfection.

Together we say:

"We gather in love and service! Right now! Right here! We are success!"

Facilitator: Would someone please read "Welcome to PIP Success".

Welcome to PIP Success.

Welcome to this wonder filled place, you, where doing your best, in this present moment, right now, right here, is always your best. No person has ever done better. Perfection is progress.

We are first a fellowship of individuals seeking success in all areas of our lives as the ultimate antidote to the symptoms of addiction in all its manifestations. Our goal is to help each other succeed, against all odds, no matter what. We do that by replacing negative obsession patterns, and false belief systems about ourselves and the world we live in, with a passion for life based in love and service. We study and practice positive principles from around the world. We find positive obsessions that benefit ourselves, our loved ones, our community, and our world.

Our message is that any person with the condition commonly called addiction, in all its manifestations, can stop the behaviors, quit negatively obsessing, find positive passions in life, and succeed, in every area of their life. We encourage each person to come to their own understanding of how they came to have the "symptoms of addiction". As an organization we use a definition that seems to be commonly agreed to across most theories.

"Thought processes, behaviors and/or chemicals, in some individuals, disrupt regions of the brain that are responsible for reward, motivation, learning, judgment and memory".

We focus on the results. We support all efforts to rid the world of unmanageable levels of addiction. We give the community one more option in finding success in all areas of their lives.

We are a group of individuals, with physical and behavioral manifestations of addiction, who have replaced the lifestyle of negative obsession, false belief systems, core beliefs, and self-destructive patterns of behavior, with a lifestyle of self-discovery and success in all areas of our lives.

Our mentors and predecessors are many. PIP Success exists because, with centuries of experience, they taught us if something works for us it will work for thousands of others. PIP Success is our gratitude for their willingness to nurture and support us. We are paying it forward. We saw a need and we are filling it.

The only requirements for membership are a desire to find freedom from negative obsession, and a willingness to mentor others.

Facilitator: Thank you! Would someone please read "Is PIP Success for me?"

Is PIP Success for me?

Our message is that perfection, for any of us, is progress in the present moment. We seek balance in every area of our lives to compliment the homeostasis our every gene, cell, tissue, organ, and our body seeks.

If you are interested in making this a lifelong goal of yours, you can create, for yourself, a home here. The primary responsibility for mentoring is the group itself and secondly each individual member.

If you believe you have the condition commonly known as addiction, in any form, physical or behavioral, if your thought patterns are negative selfdestructive obsessions, and your behaviors become increasingly selfdestructive, PIP Success may be for you.

If you want to learn how to replace negative obsessions with a positive passion for your life, and positive obsessions that help you know who you are,

and succeed at being you, in every area of your life, if you want to replace the behaviors, resulting from these obsessions, with success-oriented patterns, PIP Success may be for you.

Facilitator: Thank you! Let's have a round of introductions. Please introduce yourself in any way you would like. Hi, my name is ______, and I am

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Facilitator: Thank you! Would someone please read The Introduction to the 36 Facets of Success.

The Introduction to the 36 Facets of Success

A "facet" refers to the flat surfaces of a diamond that are arranged in geometrical pattern. The more light that comes into the diamond, is internally reflected in, around, and among the facets and back out, unimpeded and with maximum colors, to the enjoyment of the beholder, the more excellent the diamond is. The enjoyment of the viewer is completely dependent on the diamond cutters imagination, creativity, and craftsmanship. I am the diamond, and the diamond cutter.

Our 36 facets of success are aspects and approaches to success. Success is first and foremost a personal experience. My success. Your success. Groups do not succeed. I am an excellent diamond. I am an infinite and unknowable number of facets. My lifetime is not enough to discover them all.

Success has many dimensions. It is a lifelong process of learning, changing and growing in all areas of life. In all relationships. In all environments. All that is constant is change. We never stay the same from moment to moment. There is no returning to sometime in the past.

Change unfocused is chaos. If I do not know who I am, or I do not know how to be me, the result is constant change that has no focus. We believe addiction may be one of the results.

We focus only on the ways in which each of us can be the change we want to see in our lives. Be the change we want to see by learning more about ourselves. Be the change through practice of positive principles to be our best in the present moment. Right now. Right here.

We explore 36 facets of success as a starting point. The first twelve are a foundation for personal success. I learn who I am and come home to who I always have been. The middle twelve are the foundation for my personal unity, and success, in this organization, in relationships, and in organizations beyond PIP Success. The final twelve concern the need for ground rules of communication in all relationships. The principles at the basis of these 36 faces of success are applicable in all our relationships. We believe we are the principles and imbalance, dysfunction, disease, and disease results from not being who we are and practicing the skills of being who we are.

In each of our gatherings we focus on this core belief. Love creates. Love creates mutual and enjoyable relationships. My mutual and enjoyable relationship with my self is my freedom.

Facilitator: Thank you! Would someone please read "The Facets of Personal Success."

The Facets of Personal Success

1. We have symptoms of a condition commonly known as addiction. We believe addiction is preventable, manageable, and predictable.

2. We believe the practice of principles, one present moment at a time, bring balance to our lives and homeostasis to our bodies, and bring us home to who we are.

3. We decide to practice these principles in each moment and relationship.

4. We create a new narrative about our lives, and each of our relationships. We discuss where we have been with each principle, where we are now and where we want to be.

5. We tell and retell our redeemed life story to our self, to a person we are coming to know and trust, and to our evolving relationship with the universe as we understand it. Our new way of life is well under way.

6. The principles are who we are in each of our genes, cells, tissues, and organs. Our body as a whole and our being. They are how we recognize, describe and be who we are. They are what we choose to do, moment to moment.

7. All that happens is in the present moment. Not in the moment just past or any before it. Not in any moment yet to come.

8. We love every person, unconditionally, no matter what. In each of our relationships, past present and future, we learn to go into our love. We stay there in our goals, motives, and actions.

9. The principles are who we are. The principles are who we have always been. We learn, change, and grow. We imagine and describe, loving and creative ways to confidently be of maximum service. In each moment and relationship. To serve is to love. 10. All that is constant in nature is change. We are excited to learn about ourselves. We seek and welcome inspiration. We learn, change, and grow, constantly evolving with purpose. We have become a self-motivating lifestyle.

11. Being a part of brings us home to who we are. Giving our best gives us a home. The infinite potential of the present moment is always enough.

12. Without obsession there is no addiction. Doing our best in the present moment is perfection for any person. By being welcoming, empathetic, unconditional love, and safety, in the present moment, we are the message.

Facilitator: Thank you! Would someone please read "The Facets of Personal Unity."

The Facets of Personal Unity

13. Personal recovery depends on the unity within each person. We have a mutual interest and a responsibility to help ourselves, and each other, live a full and fulfilling life. The quality of our common life depends on the unity of each person involved.

14. Group conscience and consilience are our path, our process, and our new way of life together. These principles are who we are, how we choose to act, and what each chooses to do.

15. Addiction is not about recovery. Recovery is not about addiction. In PIP Success we become a lifestyle of self-discovery. The only requirements for full membership are the desire to find freedom from negative obsession and a willingness to mentor others. Participate in one on one and group mentoring of members. Mentoring is primarily the responsibility of the group.

16. The group exists to help every member to study and practice the principles. We apply them in every area of our lives.

17. We are completely autonomous in all our efforts. We affiliate with outside groups or individuals worldwide as needed. All these efforts are completely public and separate from the anonymous meeting setting. All laws regarding such efforts are followed.

18. We have these purposes. To find personal recovery. To provide mentorship for a new way of life, to our members, in complete anonymity. Share what we are learning with anyone interested while protecting the confidentiality of members. Our collective experience belongs to the world dialogue.

19. In our anonymous meetings we are self-supporting by member contributions.

20. We are not professional and are completely anonymous in our group meetings. Outside of the anonymous meeting setting, all our efforts are shared publicly with any interested party or organization. We seek to share with and learn from the worldwide community.

21. We create, outside of the completely anonymous meeting setting, whatever service bodies are needed to participate in the worldwide study of the issues we are concerned with. And advocate for efforts on our behalf and those we serve.

22. At the anonymous meeting level, we have no opinion on outside issues. In efforts outside the anonymous meetings, we do whatever is necessary to be responsible world citizens in areas of interest to us.

23. Our relations at the group level, and in attracting potential members, are based only on the principles, their study and practice. We educate our members on the standards of the professional community and the laws concerning what we have a right to know about any person and what is private by law or common practice. Beyond the law and common practice each person defines their needs for anonymity and personal safety.

24. We meet and exceed any standard concerning full acceptance of every person's right to define themselves in every area of their lives. We learn how each person wishes to be identified and respected. We educate our members accordingly. With zero tolerance for mistreatment, bullying or discrimination, at the group and service levels, we are community leaders in these areas.

Facilitator: Thank you! Would someone please read "The Ground Rules of Communication."

The Ground Rules of Communication

25. We develop a service structure to meet the primary purpose of the group. And serve as a role model for healthy relationships based in love and service.

26. The members of the anonymous group are the final authority in all areas of the organization's life.

27. Any authority delegated by the group still belongs to the anonymous groups.

28. The anonymous group members determine the standards for leadership, select the leaders and provide management and delegation as needed.

29. For each responsibility delegated a single person is designated by the anonymous group members as the point of accountability with clearly defined goals and methods.

30. Group conscience and consilience, based on the study and application of principles, is utilized for all dialogue and decision making. These processes are developed, as well, for use by members in all their relationships in daily life.

31. Each member is equally responsible for all activities of the group in its anonymous meetings and other activities and has an equal voice.

32. The quality of all the group and individual activities on behalf of the primary purpose are dependent on constant individual study, group study, and application of the principles.

33. Every point of view is essential and is sought out. Special efforts are made to include the minority opinion and the lone dissenter. Maximum diversity and unanimity are the method, and goal, in our constant evolution.

34. Any member can petition the group for the hearing on a disagreement and the hearing is convened. A matter that is important to one member is important to the group.

35. Only anonymous contributions during the meeting are used for that purpose. The anonymous group members decide how it wants to fund service efforts beyond the needs of the anonymous group setting. All laws and customs are followed.

36. In all efforts of the group, its anonymous meetings and service structure, the goals are twofold. To serve the primary purposes of the group. And give each member the skills to study, apply, and practice these principles in every aspect of their lives.

Facilitator: Thank you!

Facilitator: As we personalize our study and practice of the principles, an amazing awakening begins and continues from moment to moment. Each in our own way, we find the principles are who we are and always have been. We are designed for success. We are love and service. We are unconditional love. We are success. As individuals and as an organization we are committed to supporting every effort to rid the world of unmanageable levels of addiction, in all its manifestations. To love is to serve.

Facilitator: This is what happens in our sharing session. The Facilitator selects from the Format Options list an option for use in this meeting. Anyone can start the sharing. We go around the room clockwise. Each person can share on the chosen option, anything else they need to share about, or pass. When the round is complete, anyone can speak again on that round by raising their hand and the facilitator will recognize them. Then a new round, depending on the same or new option, from the list, chosen by the Facilitator, is started by any member. The format I have chosen for the first round is

The 36 Facets of Success and all else in PIP Success are about the quality of my relationships and the quality of my communication skills used in those relationships. The quality of my communications with me, with you, with PIP Success, every relationship in my life, and the universe as I understand it.

In our sharing we role model active listening. One person shares at a time. No interruptions, crosstalk or feedback is an expression of all the principles.

If the person has a question, they can ask it. Once asked, the question belongs to the group and any person can answer it when their turn to share in that round comes.

If the person sharing wants feedback from members of the group, they can ask for it. Then each person in that round can feel free to give feedback when it is their turn to share. If feedback is not asked for, the principles encourage us, like in any relationship to just listen and not give feedback where it is not requested.

Would someone please read what has been chosen and start the sharing.

Facilitator: We ask for your donations to cover the expenses of the group and PIP Success. Contribute if you can. Thank you!

Facilitator: Are there any PIP Related Announcements?

Facilitator: Could we have a Secretary's report please?

Facilitator: Could we have a Treasurers' report please?

Facilitator: Does our Group Member Representative have any announcements?

Thank you for caring and thank you for sharing. Please circle up for the Closing Statement.

Closing Statement

Together, at the end of the gathering we say:

I leave footprints each moment for someone, to make the next person's walk easier, be free to go beyond, and do better, because of my footprints. I help each person be freer to be of service, to all mankind. Right now. Right here. We are success!