



## **Pre-treatment Dermal Fillers & Skin Boosters Advice**

**Please do not book your appointment 2 weeks prior and 3 weeks post covid19 vaccine.**

**2 Days Prior to injections. Avoid topical products such as Tretinoin (Retin-A), Retinol, Retinoids, Glycolic Acid, or any “anti-aging” products.**

**Important!!!**

**Please do not consume alcohol or any recreational drugs, no aspirin or ibuprofen, for 24 hours prior and after your treatment. (This could cause you to bleed and bruise).**

**Do not drink caffeine prior to your appointment.**

**Please arrive wearing no makeup.**

**Also, it is important before the treatments if you have had any aesthetic treatments to please let me know when, and please avoid sun exposure 2 weeks before your treatment.**

**Strictly over 18.**