



Skin Peel aftercare

Wash using a gentle cleanser with warm/ tepid water, do not use soap on face until the skin normalises, do not scrub, pat to dry only.

Please use the small pot of Hyaluronic acid gel for next 24-48 hours.

A SPF 30 for 2 weeks and to continue to use to help protect skin.

NO!!! Moisturisers containing Retinol, Retinoids, Vitamin A products, Glycolic acid facial skin product, Benzoyl, Peroxide for 7 days.

After 24 hours - Use of an intensive moisturiser is advised for at least 7 days as skin may feel drier or tighter after treatment. Please use only a fragrant free moisturiser containing none of the above ingredients.

Avoid high impact exercise and physical activity for 24 hours.

Avoid intensive sun exposure, Tanning booths and extreme weather conditions for 2 weeks.

No Sunbeds 2 weeks.

Refrain from saunas, steam baths, hot showers 24 hours.

Avoid electrolysis, depilatory creams, waxing, and laser hair removal for a minimum of 7 days.

Avoid strong chlorinated water swimming or cleaning for 14 days.

Mineral makeup can be applied once skin has settled.

Please use a fresh pillowcase.

Reactions from treatment

Includes: skin redness and flushing, peeling, dryness, irritation, tightness, itching, tenderness, accentuated lines, and wrinkles due to dryness, stinging & swelling.

Effects will usually typically resolve within hours and many people are able to return to their normal activities the same or next day.

Some people may react differently and may experience these reactions for longer. However, these reactions are temporary and typically resolve within 3-7 days as their skin returns to normal.

There is a small risk of side effect causing the skin to turn very red, blister, swell, peel, and later scab and crust. In severe cases infection and ulceration may result, although this is not expected to occur due to the sterility of the procedure and the minimally invasive nature of the peel.

There is a small risk that hyperpigmentation of the skin can occur after the procedure, although this is not normally expected due to the superficial type of peel used. Failure to follow the aftercare advice can increase the risk.