

Male and Female Urology

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ALEK MISHAIL MD

PATIENT INSTRUCTIONS FOR BCG BLADDER CANCER TREATMENT

Prior to instillation of BCG

- Please be prompt for your appointment because BCG is prepared in advance to be ready for you.
- Inform your urologist if you have had UTI like symptoms, fever, chills or feel more tired since your last treatment, or you have been urinating bright red blood or blood clots since your last treatment.
- Empty your bladder just before the BCG treatment.

During BCG instillation

- BCG will be installed into your bladder through a urinary catheter. The catheter will be removed from the bladder immediately after the instillation is completed.
- The medication should stay in your bladder for up to two hours to obtain the best results. If you must urinate before that time, the treatment will still be effective, but let us know how long you held the BCG.

After BCG instillation

- Move around and remain somewhat active while the medication is in the bladder as this may help push the medicine around the entire bladder.
- At two hours, sit down on the toilet to urinate and fully empty your bladder. After you have urinated the BCG into the toilet, it's important to pour two cups of household bleach (such as Clorox) into the toilet and close the lid for approximately 15 minutes.
- Wash your hands and genital areas with soap and water after urination.
- Repeat this process each time you urinate over the next six hours.
- Drink large amounts of fluids

Common symptoms during BCG treatment

- Burning and frequency of urination, generalized discomfort, tiredness, flu-like symptoms or joint pain.
- Blood-tinged urine can be seen after treatment.
- Please call us if there is heavy bleeding in the urine, fever over 100.5°F, or chills.