**Telehealth Policy and Consent**

Introduction

This Informed Consent for Telehealth contains important information focusing on providing therapy services using the phone or the Internet. Please read this carefully and let me know if you have any questions. When you sign this document, it will represent an agreement between us.

I understand that Telehealth is a mode of delivering health care services, including psychotherapy, via communication technologies (e.g. Internet or phone) to facilitate diagnosis, consultation, treatment, education, care management, and self-management of a patient’s health care.

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ONLINE AGREEMENT

By typing my name and clicking “I agree to Terms of Use” on my telehealth portal, I understand and agree that I am signing this Consent electronically and that I have reviewed, understand, and accept the risks and benefits of telehealth services. I also agree to the remaining terms of this Consent form.

If I am signing on behalf of a minor, incapacitated, or otherwise legally dependent patient, I certify that I am a person with legal authority to act on behalf of the patient, including the authority to consent to medical services, and I accept financial responsibility for services rendered.

IN PERSON AGREEMENT

By signing this form, I agree that I have reviewed, understand, and accept the risks and benefits of telehealth services. I also agree to the remaining terms of this Consent form.

If I am signing on behalf of a minor, incapacitated, or otherwise legally dependent patient, I certify that I am a person with legal authority to act on behalf of the patient, including the authority to consent to medical services, and I accept financial responsibility for services rendered.

VERBAL AGREEMENT

By verbally consenting to this form, I agree that I have reviewed with my therapist, understand, and accept the risks and benefits of telehealth services. I also agree to the remaining terms of this Consent form.

If I am signing on behalf of a minor, incapacitated, or otherwise legally dependent patient, I certify that I am a person with legal authority to act on behalf of the patient, including the authority to consent to medical services, and I accept financial responsibility for services rendered.

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By signing below, I agree:

1. I have a right to confidentiality about my treatment and related communications via Telehealth under the same laws that protect the confidentiality of my treatment information during in-person psychotherapy. The same mandatory and permissive exceptions to confidentiality outlined in the Informed Consent I received from my therapist also apply to my Telehealth services.
2. I understand that there are risks associated with participating in Telehealth including, but not limited to, the possibility, despite reasonable efforts and safeguards on the part of my therapist, that my psychotherapy sessions and transmission of my treatment information could be disrupted or distorted by technical failures and/or interrupted or accessed by unauthorized persons, and that the electronic storage of my treatment information could be accessed by unauthorized persons.
3. 3. I understand that miscommunication between myself and my therapist may occur via Telehealth.
4. I understand that there is a risk of being overheard by persons near me and that I am responsible for using a location that is private and free from distractions or intrusions.
5. I understand that at the beginning of each Telehealth session my therapist is required to verify my full name and current location.
6. I understand that in some instances Telehealth may not be as effective or provide the same results as in-person therapy. I understand that if my therapist believes I would be better served by in-person therapy, my therapist will discuss this with me and refer me to in-person services as needed. If such services are not possible because of distance or hardship, I will be referred to other therapists who can provide such services.
7. I understand that while Telehealth has been found to be effective in treating a wide range of mental and emotional issues, there is no guarantee that Telehealth is effective for all individuals. Therefore, I understand that while I may benefit from Telehealth, results cannot be guaranteed or assured.
8. I understand that some Telehealth platforms allow for video or audio recordings and that neither I nor my therapist may record the sessions without the other party’s written permission.
9. I have discussed the fees charged for Telehealth with my therapist and agree to them [FOR INSURANCE PATIENTS: I have discussed with my therapist and agree that my therapist will bill my insurance plan for Telehealth and that I will be billed for any portion that is the patient’s responsibility (e.g. co-payments)], and I have been provided with this information in the Informed Consent.
10. I understand that my therapist will make reasonable efforts to ascertain and provide me with emergency resources in my geographic area. I further understand that my therapist may not be able to assist me in an emergency. If I require emergency care, I understand that I may call 911 or proceed to the nearest hospital emergency room for immediate assistance.

Signature

I have read and understand the information provided above, have discussed it with my

therapist, and understand that I have the right to have all my questions regarding this

information answered to my satisfaction.

Patient Signature Date

Patient’s Printed Name

Verbal Consent Obtained

Therapist reviewed Telehealth Consent Form with Patient, Patient understands and agrees to

the above advisements, and Patient has verbally consented to receiving psychotherapy services

from Therapist via Telehealth.

Therapist’s Signature Date