## **COVID GUIDELINES**

## **General Guidelines**

- 1. Players only allowed inside the gym
- 2. Face coverings must be worn at all times while inside the facility with the exception of athletes actually participating on the court for practice (on the court)
- 3. Coaches shall wear face coverings at all times.
- 4. Athletes NOT practicing must maintain 6' social distancing while off the floor and not in active participation (and wear a face covering).
- 5. Athletes/Coaches should all practice good hygiene.
- 6. Athletes must provide their own water (no sharing). Gym/Hall drinking fountains will be unavailable.
- 7. No post practice handshakes players will maintain 6 feet distance post workouts, trainings and practices.
- 8. No sharing of equipment towels or water bottle are not allowed to be shared. We will allow players to to share basketballs and the basketballs will be satisfactorily sanitized per OHSAA guidelines after each practice using the 1 part dawn soap to 10 parts water.
- 9. Coaches and players will bring their own hand sanitizer. Each gym will have sanitizer available as well as needed.
- 10. Players will bring their own water bottles to practices.
- 11. Players should bring their own basketball

## Pre-Practice Symptom Assessments

- 1. All athletes and coaches must complete symptom assessment prior to arriving at the facility.
- 2. Players will be greeted prior to entry into the facility and be screened using OHSAA screening procedures as outlined below and their participation will be documented per OHSAA guidelines for contact tracing purposes.
- 3. All players and coaches not feeling well should not participate in practice.

## **Screening Assessments will include:**

- 1. Temperature taking 100.3 or less
- 2. No cough, sore throat or shortness of breath
- 3. Not experienced any other COVID symptoms fever, chills, body aches, fatigue, headache, loss of smell/taste, among others.
- 4. No contact with someone diagnosed as having COVID in the last 14 days