

Lungwort
Hardy Shade
Lover

Pulmonaria 'Cotton Cool'



Pulmonaria officinalis, known as Lungwort

► The name *Pulmonaria* arose from the foliage, which is often green with white spots, resembling a diseased lung ... hence the common name lungwort ... and the Latin translation, *Pulmonaria*, which became the name for the genus. Herbalists have long decried that when a plant resembles a particular body part, it must have medicinal properties to cure that particular part of the body. Hence, the continued use of *Pulmonaria* to treat many respiratory ailments.



Despite the odd name, lungwort has amazing design aspects—primarily for its early spring blooms. These blooms are almost tissue paper-like in appearance and come in a variety of colors. They fade beautifully in color, starting as a lovely shade of red; as they age, they become a rich purple.



'Sissinghurst White'

► These perennials grow usually no more than 6-10" tall with a spread up to 2'. Pulmonaria flower in late winter/very early spring, some often beginning around the end of February. Pulmonaria generally retain their foliage until late winter, becoming mostly deciduous just before the new season's flowering and regrowth begin.



‘Reginald Kaye’

► Medium green lance- and heart-shape leaves on lungwort sport silver speckles. This silver spotting can actually become so dense that the entire leaf appears silver in color. With their playful patterns and lovely silver color, these plants work well with other shade plants and add brightness to dark corners of the garden.



Pulmonaria are quite easy to propagate. Their clumps should be divided every 3-5 years. Any season that you have time to divide the plant will work. Cultivars can also be increased by root cuttings. Pulmonaria will also seed in the garden in well prepared, organic soil, so watch closely and you may discover something unique.



In the garden, Pulmonarias prefer moist, well-drained soil that is rich in organic matter. While they are quite drought tolerant, a consistently dry soil doesn't give the best long-term results. They are also deer resistant.



Pulmonaria 'Little Star'

6" Tall

Pulmonaria 'Dark Vader'

12" Tall





Pulmonaria 'Silver Bouquet'

6" Tall

Pulmonaria 'Majeste'

10" Tall





Pulmonaria 'Trevi Fountain'

11" Tall

Pulmonaria
'Raspberry
Splash'

12 " Tall





Combine with Other Shade Loving Plants
for Beautiful Garden Designs

Early Spring





New Plantings

