

Kelly L. Harris
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14 Kerr Street Onancock, VA 23417

QUALIFICATIONS

Enjoy personal interaction with the public of all ages, abilities and challenges
More than 40 years experience in various promotion programs for businesses
Public speaking and performance for conferences, seminars, radio and television

WORK HISTORY

2018 JULY – OCTOBER 30, 2022

MUSIC DIRECTOR FOR COLLIERSTOWN PRESBYTERIAN CHURCH, LEXINGTON, VA.

2015 – JAN 30, 2021

HOUSE DIRECTOR FOR PHI GAMMA DELTA ZETA DEUTERON CHAPTER AT WASHINGTON & LEE

2019 JAN - APRIL TEMPORARY POSITION

PIANIST/INSTRUCTOR, LEXINGTON, VA. - WINTER TERM AT WASHINGTON & LEE UNIV. MUSICAL THEATER CLASS

2018 – 2019 TEMPORARY POSITION

PIANIST/ASST. DIRECTOR GLEE CLUB VIRGINIA MILITARY INSTITUTE, LEXINGTON, VA

2014 JANUARY – DECEMBER TEMPORARY POSITION

INTERIM MUSIC DIRECTOR BUENA VISTA BAPTIST CHURCH, BUENA VISTA, VA

2001 TO NOVEMBER 2013

Wellness Instructor/ Massage Therapist /Musician – Kendal at Lexington seeing private massage clients, teaching classes in water aerobics, range of motion and balancing as well as land classes in chair and standing Tai Chi, dance and cardio. Music and memories, cocktail parties and more

2011 DEC TO MAY 2012

Radio Show Producer and Director – Kid-a-ka-Zam! Owner, producer, director, researcher and editor

2007 TO NOVEMBER 2013

Aqua Exercise Instructor – Kendal at Lexington 2007-2009 & 2011-2013 & Community Pool

CERTIFIED BY THE ARTHRITIS FOUNDATION AS AQUATIC PROGRAM LEADER AND INSTRUCTOR

2002 SEPTEMBER TO PRESENT

Piano Teacher –Teaching beginning to intermediate students piano skills, expressions, history, theory, creativity and performance. Lessons tailored to the student including those on the Autism spectrum who have physical challenges

2002 SEPTEMBER TO PRESENT

Clown, Ventriloquist, Balloon Animal Maker –For parties, school, church, civic, parades

1999 APRIL TO AUGUST 2004

Sales Coordinator -The News-Gazette

Selling and designing ads, cold calling, writing, photography, creation of value added packages and incentives for advertisers

1991 TO PRESENT

Massage Therapist Licensed through Virginia Board of Nursing & National Mentor for the American Massage Therapy Assoc. - SELF EMPLOYED

Massage therapy for all ages, abilities and challenges. Graduate Richmond Academy of Massage, March 1991, American Massage Therapy certified since 1992, National Certification in Therapeutic Massage and Bodywork since 1994, Virginia Board of Nursing certified since 1998. Business skills include promotion, scheduling, billing, speaking engagements for civic and business groups, volunteer work and committees for legislative changes in massage therapy for Virginia Certified through the Board of Nursing for the state of Virginia.

1987 TO PRESENT

Motivational Speaker – Universities, churches, civic groups, American Cancer Society, hospice and more

1974 TO PRESENT

Musician/Entertainer - SELF EMPLOYED

Bookings, performance, studio recording, billing and promotion, road musician, cruise ships piano bar, gala events, cocktail parties solo to 5-piece band, piano teacher, clowning, ventriloquism, balloon tying, and children's sermons for churches

EDUCATION

1998 Bachelor of Arts in Journalism from the University of Richmond

1991 Graduation from Richmond Academy of Massage

2021 Began Music Therapy graduate school program at Shenandoah Conservatory

CONTINUING EDUCATION CREDITS

2024 Holistic Approach to Health & Happiness Through Acupuncture and Traditional Chinese Medicine
2024 First Aid, CPR, AED re-certification
2024 Taking Care of Person with Advanced Parkinson's Disease
2024 Parkinson's Disease Training for Fitness Professionals
2024 Primary Group Exercise Instructor Certification
2021 Teaching Wellness Classes
2021 Massage & Stress
2021 Cardiovascular Health and Massage Therapy
2021 Massage Therapy for Osteoarthritis
2021 Breast Cancer and Massage Therapy
2021 Health & Wellness Integrative Therapies
2021 Basics of Effective Teaching
2021 Creating an Environment for Learning
2021 Body Mechanics for Self-Care
2021 Arthritis and Massage Therapy
2021 Achieving Learning Outcomes in a Changing Environment
2021 Self Care and Injury Prevention
2021 Helping Military Veterans through Massage Therapy
2021 Meeting the Needs of Elder Clients
2021 Dementia and Massage Therapy
2021 Massage for Active Seniors
2021 Massage Therapy for the Clinically Depressed Client
2021 Massage Therapy for Migraine Sufferers
2021 Traditional Kinesiology: Dynamics of Human Movement
2021 Addressing Shoulder and Neck Pain
2021 Ethics for Massage Therapists

Chronic Fatigue Syndrome
Closing the Sale
Cognitive-Behavior Therapy
Conquering Chronic Muscle Spasm
Creative brain
Customer Service from the Heart
Diagnosing & Treating Depression in Older Adults
Eating Disorders
Educated Heart Ethics
Entrepreneur Development Business Growth
Fibromyalgia
Financing your Small Business
Give Them the Pickle
Headache: Migraine
Healing Power of Sleep
Humor & Healing
IBS and other Gastrointestinal Disorders
Insomnia & Depression
Joint Replacement
Left & Right Handedness
Loss of Control and Fighting Back
Low Back Pain: Diagnosis, Management & Treatment
Lyme disease
Maintain Your Brain
Maintaining Memory
Marketing Game
Marketing Policies & Ethics
Memory and Amnesia
Mild brain Injury: The Silent Epidemic
Moving Your Business Forward
Music and the Brain
Myofacial Release
Neck Pain: Diagnosis, Management & Treatment
Neck/Scapula/Hand Exercise Program
Neurotransmitters: The Bridges of the Brain
OTC Pain Medications: A Guide for Health Professionals
Reflexology 1 & 2
Rheumatology
Selling Without Fear
Spirituality & Healing
Sports Medicine
Stop Losing Sleep
Successful Aging in Men & Women
Three Efficacious Vitamins
Thyroid Disorders
Turning Talent into Performance
Unhealthy Organizations Part 1 and Part 2
Uni-polar vs. Bi-polar Depression
Variants & TMJ Disorder

A Complaint is a Gift!

Achieving Remission in Depression

Aging Body, Aging Mind

Alzheimer's & Head Trauma

Caffeine

Alzheimer's disease: Targets & Therapeutics, Approaches to

Anxiety

Amphetamines & Appetite Suppressants

Arthritis Foundation Aquatic Program Leader and Instructor

Arthritis, Diet & Exercise

Autism & Asperger's

Autism Pervasive Development Disorders

Autoimmune Disease & Multiple Sclerosis

Avoiding Burnout

Brain & Stress: PTSD & Adjustment Disorders

Brain Injury: Stroke

Caring for Patients with Alzheimer's & Other Dementias

PUBLICATIONS

Articles in the Thursday Review December 2012-present www.thursdayreview.com

Nominated for Spry Magazine's 2010 Inspiration Award

Articles and photographs published in Visiting Lexington and the Rockbridge Area magazine

Articles and photography published in The News-Gazette and The Weekender 1999 – present

Poem published in Grit Magazine, September 1997

Promos and press releases for WXGI in Richmond

Article published in the Spider News for University of Richmond
Articles published in the John Tyler Times

INTEREST AND ACTIVITIES

Music, photography, writing music, poems and stories, massage therapy, handcrafts and antiques, tennis, golf, swimming, ping pong, ballroom dancing

VOLUNTEER EXPERIENCE

Ms. U.S. Continental 2018
Board Member of United Way 2015
November 2007 chosen as Arts and Entertainment Volunteer of the year for Lexington and Rockbridge County
Musician and clown for City of Lexington activities
Hospice Volunteer 2001 - 2010
Entertainment Committee for Project Horizon Festival of Trees 2001 to present
Judge and volunteer for the Annual Fiddlers Convention in Buena Vista 2000 to present
Massage Therapy hands on and speaking to volunteers at Hoofbeats Therapeutic Riding Center & Cancer Camp
Playing music for various local nursing homes
Radio and TV promotions for public station WCVE Channel 23
Playing music and live broadcasts from McGuire Veterans Hospital, Richmond, Virginia
Big Sister with Big Brothers and Big Sisters of Richmond, VA

COMPUTER SKILLS

Experience with audio editing and production, databases, spreadsheets, scanning, design and data entry

OTHER SKILLS OF VALUE

2014 Acting Choir Director, Buena Vista, VA February 2014 – December 2014 including community Christmas Cantata 7 denominations
2014 Piano teacher for READY after school program at Central Elementary School in Lexington, VA
2010 to present Substitute teacher for Rockbridge County Schools
2010 to 2015 Substitute House Director of Greek societies at Washington & Lee University
December 2011 to May 2012 Kid-a-ka-Zam radio show as owner, producer, director, researcher and editor
Promotion, committee work, marketing, seminar coordination, managerial experience, fundraising
Data entry and creativity, music, clowning, ventriloquism, working with the young and young at heart,
Concert promotions & coordination, production, remotes, photography, press releases, interviews, data entry and design for new station computers, marketing concepts, on-air advertising, promotion ideas for WXGI AM950

Associations

Ms. Virginia U.S. Continental 2018
Board Member of the United Way 2015
Past 15-year member Lexington Rockbridge Chamber of Commerce
Member Red Nose Response Team
Member American Massage Therapy Association
Certified Massage Therapist through the Virginia Board of Nursing (30 years)
Past Member National Certification Board for Therapeutic Massage and Bodywork

REFERENCES

For more information and references check out www.etcbykelly.com

Additional references are available upon request.

Thank you for your time,

Kelly L. Harris