

COASTAL GAN WEEKLY MENU Subject to change.



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MONDAY

Pretzel Sticks

Chummus Fresh Fruit

Baked Ziti

Peas and Carrots

Triscuits Fresh Fruit **TUESDAY**

Pancakes

Fresh Fruit

WEDNESDAY

THURSDAY

FRIDAY

Rice cakes Hard Boiled Eggs Fresh Fruit

Cheerios Milk Fresh Fruit

Crackers Hard Boiled Eggs Fresh Fruit

Baked Chicken Mashed Potatoes Home Made Pizza Corn

Spaghetti and Meatballs Cauliflower

Macaroni and Cheese Peas and Carrots

Veggie Straws Fresh Fruit

Brocolli

Whole Wheat Crackers Sunbutter Fresh Fruit

Pretzel Sticks Chumus Baby Carrots

Fresh Challah Grape Juice Veggie Straws