

Zion International Missions Ministry

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Spring Forward Time

Source: (BelizeTourismboard.org)

With various news continuing to circulate regarding the Covid-19 and Mask policies, the Belize Tourism Board, and the CDC has recommended that masks are not required outdoors.

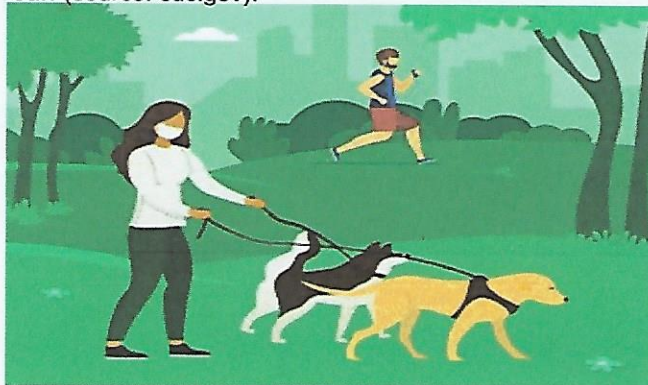
Furthermore, while indoors and in closed spaces, close proximity with others, and utilizing public transportation, masks are required for anyone 2 years and older. As of February 15, all visitors are required to purchase Belize Mandatory Health Insurance upon entry per traveler (\$18) (Source: travelbelize.org)

Although Belize still has some COVID protocols, those that are not adherence to the mask mandate that is required in public places, will be subject to a fine (\$500.00).



Care for Yourself

As the climate changes, being physical active outside is healthy and can help prevent health conditions; however, wearing protective eyewear and clothing can help protect your skin from the sun (source: cdc.gov).



Head outdoors and get moving



Take care of your body and get moving to lessen fatigue, anxiety, or sadness

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