# **Zion International Mission Ministry**

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### **COVID 19- BOOSTER SHOTS**

#### Possible Side Effects

**NOTICE:** CDC now recommends that certain people are now eligible to receive a COVID-19 booster shot, including those who received Moderna and Johnson & Johnson/Janssen COVID-19 vaccines. COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. Some people have no side effects.

<u>Common Side Effect</u>. On the arm where you got the shot: Pain, Swelling & Redness





#### Throughout the rest of your body:

- Tiredness
- Headache
- Muscle pain
- Chills
- Fever

Source: CDC.gov

Continued on page 2

#### THIS ISSUE:

COVID-19 Booster Shots

Common Side Effects - 2021

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## **Helpful Tips to Relieve Side Effects**

Talk to your doctor about taking over-the-counter medicine, such as ibuprofen, acetaminophen, aspirin, or antihistamines, for any pain and discomfort you may experience after getting vaccinated It is not recommended you take these medicines before vaccination for the purpose of trying to prevent side effects.

To reduce pain and discomfort where you got the shot.

## If You Received a Second Shot:

Side effects after your second shot may be more intense than the ones you experienced after your first shot. These side effects are normal signs that your body is building protection and should go away within a few days.

#### If You Received a Booster Shot

Side effects people report after getting a booster shot are similar to side effects after the 2-shot series. The most common side effects after a booster shot are fatigue and pain at the injection site and overall, most side effects were mild to moderate. Like the 2-shot primary series, serious side effects are rare, but may occurcer.

In most cases discomfort from pain or fever is a normal sign that your body is building protection. **Contact your doctor or healthcare provider:** 









Source: CDC.gov



