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1=Simple Partial    2=Complex Partial    3=Generalized (Petit Mal)    4=Generalized Tonic Clonic (Grand Mal)    5=Unknown

Absence

## SEIZURE TRACKING LOG

CONSUMER'S NAME: \_\_\_\_\_

YEAR: \_\_\_\_\_

GUARDIAN NAME: (IF APPLICABLE): \_\_\_\_\_

**Simple Partial**—Changes in muscle activity, can be one or both sides of the body, may smell, taste or hear things that aren't there, changes to heart rate, body temperature, unusual physical sensations, speech changes, extreme emotions, fully awake, alert and able to respond, typically lasts less than 2 minutes

**Complex Partial**—Lasts 1-2 minutes, has an aura, motor movements (tics), loss of awareness, may wander

**Generalized Absence**—**Petit Mal**—Brief, sudden loss of consciousness, may look like someone is daydreaming but is unable to be brought back to reality

**Generalized Tonic Clonic**—**Grand Mal**—muscles stiffen, loss of consciousness, body jerking, may urinate/defecate, generally lasts about 1-3 minutes, can become a medical emergency if lasts longer than 5 minutes