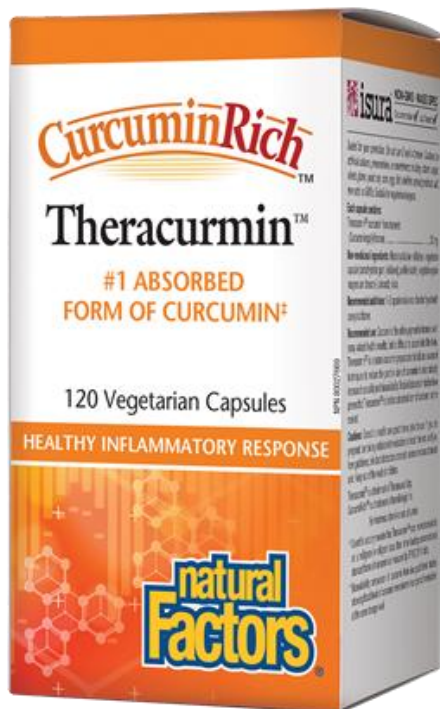


Botanicals that Support Detox



One of the active ingredients in milk thistle is silymarin, which is extracted from the plant's seeds. Silymarin is a flavonoid believed to have antioxidant properties.



Curcumin, the principal curcuminoid found in the spice turmeric, is generally considered its most active constituent.

Curcumin is a potent anti-inflammatory and antioxidant. It decreases Phase 1 and increases Phase 2 detoxification pathways. This ensures that damaging biotransformed toxins from Phase 1 are quickly transformed by Phase 2 pathways. This is protective for the body.

Curcumin decreases phase 1 and increases Phase 2.