



Leftovers Foundation's backyard fruit and vegetable rescue program is gearing up for first summer in Winnipeg

Tech-enabled food rescue charity saves excess produce from backyards, sharing with community and ensuring nothing goes to waste

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For immediate release

Leftovers Foundation is thrilled to announce the launch of the Home Harvest program in Winnipeg for the 2023 growing season. The non-profit's Winnipeg chapter will offer a tech-enabled solution to backyard fruit and vegetable rescue, having seen its success across Alberta.

Home Harvest connects Winnipeggers who have extra fruit and vegetables growing in their backyards with volunteers who can help harvest it. At least half the harvested food will be donated to a local service agency (such as Turning Leaf Support Services, North Point Douglas Women's Centre, and Resource Assistance for Youth) and the other half may be split between the grower and the volunteer.

Community members who have excess fruit and vegetables growing in their backyards can fill out the [Grower Sign-Up Form on Leftovers' website](#). Winnipeg City Coordinator, Julia Kraemer, is hopeful the launch of Home Harvest will expand the number of agencies Leftovers can reach. "Access to locally-grown, nutritious food continues to be an issue in many of the communities we serve - especially for those situated within food deserts. Growing one's own food is a privilege that is inaccessible to many within our city, so we are happy to facilitate a system that allows those who can, to share."

Interested volunteers can download the app and sign up for both Rescue Food and Home Harvest routes to complete as an individual or as a group. Interested groups can reach out to our Home Harvest Intern, Sonja Monastyrski, for more information at sonja@rescuefood.ca. "Download the app, make a profile, and sign up for a harvest that matches your schedule. It's a great way to experience gardening if you like to do it but don't have the space or resources to grow yourself," says Monastyrski.

Visit our website at rescuefood.ca to discover ways to help us keep good food out of landfills. Further inquiries and questions can be directed to Winnipeg City Coordinator, Julia Kraemer at juliakraemer@rescuefood.ca. Find us on [Instagram](#) / [Facebook](#) / [Twitter](#)