

# Sauk County Resources



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## Struggling with substance use? Start here for help.

### Sauk County Recovery Connections

505 Broadway St, 4<sup>th</sup> Floor, Baraboo, WI 53913  
[608-402-4312](tel:6084024312)

### Sauk County Department of Human Services

505 Broadway St, 4<sup>th</sup> Floor, Baraboo, WI 53913  
[608-355-4200](tel:6083554200)

### Recovery Support Network/Substance Use Diversion and Support (SUDS)

510 Broadway St, Basement Level of Sauk County Courthouse, Baraboo WI 53913  
[608-355-3287](tel:6083553287)

### Response Teams

Call or text a local WisHope Peer Recovery Coach at [844-515-1444](tel:8445151444).

### Sauk Prairie C.A.R.E. Recovery Program, sponsored by St. Vincent of Prairie du Sac/Roxbury

1906 North Street, Prairie du Sac, WI 53578  
[608-644-0504 ext. 12](tel:6086440504)

## Additional Mental Health and Substance Use Treatment Resources

### 12-Step meetings:

- Al-Anon ([www.al-anon.org](http://www.al-anon.org)) and Nar-Anon ([www.nar-anon.org](http://www.nar-anon.org)) for loved ones
- Adult Children of Alcoholic & Dysfunctional Families ([www.adultchildren.org](http://www.adultchildren.org))
- Alcoholics Anonymous ([www.aa.org](http://www.aa.org))
- Narcotics Anonymous ([www.na.org](http://www.na.org))

### Apollo Psychological Services, LLC

[608-524-8611](tel:6085248611) – Reedsburg

### Aspen Counseling Services

[608-742-5020](tel:6087425020) – Baraboo and Portage

### Behavioral Health Department at Reedsburg Area Medical Center (RAMC)

[608-524-8611](tel:6085248611) – Reedsburg

### Bloom Therapy Center

[608-405-0981](tel:6084050981) – Baraboo

### Calming Journey's Counseling, S.C.

[608-448-6418](tel:6084486418) – Lake Delton

### Collaborative Journey Counseling, LLC

[608-477-1484](tel:6084771484) – Baraboo



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**Goodman Behavioral Health Clinic**

**608-768-4545** – Reedsburg

**Grace Counseling & Family Services**

**608-562-3976** – Reedsburg

**Harbor Recovery Center**

Text **608-697-7163** – Portage

Peer support for individuals and loved ones

**Healthcare Agencies that provide Medication Assisted Treatment (MAT)**

**Dean Clinic**

**608-355-3800** – Baraboo

**Ho-Chunk Nation Department of Health: House of Wellness**

**608-355-1240** – Baraboo

**Prairie Clinic**

**608-643-3351** – Prairie du Sac

**Sauk Prairie Healthcare Emergency Room**

**608-643-3311** – Prairie du Sac, 24/7/365

**Innervisions Counseling and Consulting Center**

**608-477-9858** – Baraboo

**Lutheran Social Services Counseling and AODA Clinics**

**608-355-4103** – Baraboo

**Pathway to Wellness Community Clinic**

**608-643-3663** – Prairie du Sac

**Pauquette Center**

**608-643-3147** – Prairie du Sac

**608-356-9055** – Baraboo

**608-524-5151** – Reedsburg

**Psychological Addiction Services: Mobile Medication Assisted Treatment**

**Providing methadone and suboxone**

200 E Cook St. Portage (parking lot next to Wilz Drug)

**608-416-5777**

[info@pasrecovery.com](mailto:info@pasrecovery.com)

Hours: M-F 6:30am-10am, Sa & Su 6:30am-8am

Serving Sauk County and surrounding counties

**Seasons Counseling, LLC**

**608-448-2497** – Baraboo

**The Psychology Clinic**

**608-448-2799** – Baraboo

**608-370-6551** – Prairie du Sac

**Therapy Without Walls**

**608-843-3229** – Reedsburg



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## FREE Harm Reduction Resources

### **Public Health Sauk County**

505 Broadway, 3<sup>rd</sup> Floor, Baraboo, WI 53913

Free Narcan and Fentanyl Test Strips available. Call office **608-355-3290** or visit [uCanSaveLife.com](https://www.uCansaveLife.com) for one-on-one or group training.

### **Public Health Vending Machine at SSM Health St. Clare Emergency Room**

Free Narcan Nasal Spray, Deterra medication disposal kits, and Mental Health & Substance Use Resource bag available 24/7/365.

### **Harm Reduction Response Teams red Dodge Caravan – 2 locations**

Clean needles, wound care supplies, Narcan Nasal Spray, safer sex supplies, hygiene and comfort items, and fentanyl test strips will be offered in the parking lot of: BWP Liquor, 21 WI Dells Pkwy S Lake Delton 1<sup>st</sup> and 3<sup>rd</sup> Tues from 1-3pm and Pierce's Express Mart, 935 8<sup>th</sup> St Baraboo 2<sup>nd</sup> and 4<sup>th</sup> Tues from 1-3pm

### **Never Use Alone Hotline or Brave App**

Call **1-800-484-3731** for the Never Use Alone hotline or download the Brave App at <https://bit.ly/braveappOD>.

Using alone increases the chance of an overdose resulting in death. Call the hotline and a peer will stay on the phone with you.

### **Response Teams**

Call or text a local WisHope Peer Recovery Coach at **844-515-1444** for supplies and education.

### **Vivent Health**

Call **1-800-359-9272**

Narcan, Fentanyl Test Strips, and other harm reduction education and supplies. Testing and treatment for HIV, AIDS, Hepatitis, and more.



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## Other Resources

### **Credible Mind:**

Get started by taking a free mental health assessment and additional mental health resources  
[Saukcounty.crediblemind.com](http://Saukcounty.crediblemind.com)

### **NAMI (National Alliance on Mental Illness) Sauk County: 608-355-0378**

Call for more information on support groups for individuals and loved ones.

### **National Suicide Hotline:**

Call or text **988**.

### **National Hopeline Network**

Call **800-784-2433** or **800-442-4673** or Text **HOPELINE to 741741**.

Call for more information on support groups.

### **Statewide General Services:**

Call **211** for referrals to treatment and other services.

<https://211wisconsin.communityos.org/>

### **Sauk County Crisis Line:**

**800-533-5692**

### **Sauk County UW Extension Resource Guide: [www.co.sauk.wi.us/uwextension](http://www.co.sauk.wi.us/uwextension)**

### **Start Your Recovery website:**

<https://startyourrecovery.org/>

Find local support and treatment options for yourself or loved one

Learn about recognizing and dealing with substance use

### **UpliftWI:**

Call **534-202-5438** to share successes and challenges with a peer who will listen and offer support.