



International Life Coach Certification Course South Africa

Authorized by Hay House, Inc., and approved by Louise Hay

Heal Your Life Coach® Certification Course

Now that your client has visited old wounds, found understanding and forgiveness and started loving and accepting themselves on a new level, they start to feel ready to dream again, to make life happen and this is when they need a coach, someone that knows their story, been through the healing journey with them and is now able to work with them in a more constructive way, goals and actions are required.

The Heal Your Life Coach course is divided into 3 parts:

- **Foundation Course in Coaching – 3 days** - here students learn the technical side of what coaching is, roles of a coach, we study personality types and archetypes and how to coach the different types, how to do assessments, determine value systems, belief systems, how needs override wants, and much more.
- **Complete skills development assignment** - Complete 5 Assessments + written assignment
 - **Accreditation hours: 30**
- **Heal Your Life Coach Course – 5 days** - now that we have a filter/ template to work from, how we start coaching, we learn skills and processes and have much practical sessions experienced in class. We comb through all areas of a client's life and discover your strong areas as a coach and develop those. Manual and skills book provided.
 - **Accreditation hours: 40**
- **Complete skills development assignment** – with our extensive tool box we have 6 months to provide case study of 30hours – 3 case studies of 10hours each.
 - **Accreditation hours: 30**



TOTAL ACCREDITATION HOURS: 100

Upon Completion of this course you are upgraded to an independent REGISTERED MEMBER with COMENSA



What is Heal Your Life Coaching?

While much of the Heal Your Life Coaching is the same as Life Coaching in other coaching programs, there are some important differences. One of the fundamentals of Louise Hay's work is that *loving yourself is part of the solution, regardless of the part of your life you want to change.*

You experience in-depth training in following:

- ❖ *Combining traditional concept of Coaching with the Louise Hay Philosophy as the foundation.*
- ❖ *The first three days we focus on systems of coaching in relation to Personality types, Personal Values, Needs Psychology, Emotional patterns, Perception & Interpretation, assessments; etc*
- ❖ *The next five days focus on the broader spectrum of coaching strategies:*
 - *All about asking the right questions*
 - *How to do initial client assessments and determine areas of focus*
 - *Create your own tool box with the skills you learn in this training and beyond*
 - *Uncover you unique skills and talents and how to use them to coach your client*
 - *Practical sessions focussing on areas of Health, Prosperity, Relationships, Career, Purpose, etc*
 - *How to combine level 1 and level 2 training and create your own niche*
 - *Learning some additional tools to support your client is determining their action points/ goal setting.*
 - *How to determine if your client needs and therapy and what options you can offer as a coach*
 - *How to add coaching to any of additional services you offer.*

You receive

- ❖ A Manual
- ❖ A skills books with many coaching tools
- ❖ Marketing guide and supporting materials
- ❖ Resource information
- ❖ Guidance on how to create a variety of short coaching workshops
- ❖ A KICK-START Booklet of 500+ best Coaching Questions



This course is facilitated by Ashika Singh c/o/ Live the Love Academy, licensed by HAY HOUSE as principle trainer for South Africa (2010).

Helping Other People Evolve

Live the Love academy is committed to upholding the standard of coaching in SA. We aim to work within whatever guidelines COMENSA chooses to introduce in future, in the best interests of our coaches and trainees.

We are a Life Coach Training Provider member with COMENSA and our student members are listed by the school with COMENSA after their first 60 hours of PRACTITIONER training are completed.

Once a student has completed their full 180 hours of training, they are upgraded to REGISTERED MEMBER with COMENSA and function as an independent coach.

Internationally speaking, there is no official regulatory standard for life coaching and in South Africa as in most other countries there is no government regulated education or training standard for the life coaching industry.

There are a few *self-appointed* accreditation bodies that are internationally known/represented, such as the International Coach Federation (ICF), the International Coaching Council (ICC) the European Coaching Institute (ECI) and the International Association of Coaching (IAC). They are all privately owned concerns with no independent supervisory board to evaluate their programs.

Live the Love Academy has chosen not to align itself with any one of these bodies in particular as each has quite different requirements, approaches - and fees - when it comes to accreditation. COMENSA provides the same for us here in South Africa.

Live the Love Academy has adopted its own internal accreditation process to assure us of the standard of coaches who carry our certification. The nature of the theory and practical training we offer made up of 180hours will certainly be of substantial benefit to any of our trainees and coaches who decide to pursue accreditation with one of these bodies.

Financial Planning and payment terms:

We are pleased to confirm that course payments can be taken on terms, interest free.



Foundation Course in Coaching – R6500.00 (full weekend course + materials only)

"excludes accommodation and meals"

Registration fee: R2500

Balance: R4000.00 - Payment terms available – 6months

There is a small administration fee of R20.00 per month charged on invoices to manage your account.

Advanced Life Coaching Course – R19500.00

(5 day course + manual + materials + bonus resource file + 500 Questions Book + Once off admin fee (USD50 for USA.)

"excludes accommodation and meals"

Registration : R4500.00

Balance: R15000 - Payment terms available – 0-24months – Surety Agreement required for payment terms over 6months

There is an administration fee of R20.00 per month charged on invoices to manage your account.



Hay House License – there is no additional licensing fee to upgrade you to life coach on our national and international directory. You are upgraded as a life coach on the national and international directory at no extra cost.