



## International Practitioner Certification Course

Authorized by Hay House, Inc., and approved by Louise Hay

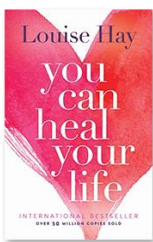


The Louise Hay Philosophy is built upon the foundation that every person has access to the ability to heal their lives, body and circumstances.

The body can return to its natural state of good health and we can have good and healthy relationships, and we can create a prosperous life.

When we have the tools, support and guidance, we can overcome past hurts by GENTLY working through them, with a willingness to heal and let go of all that no longer serves us.

Thousands of people globally, from many different careers and backgrounds have attended the training: Therapists, counselors, yoga teachers, holistic healing practitioners, hypnotherapists, social workers, nurses, medical doctors, care givers, psychologists, corporate trainers, HR professionals....



Louise Hay had created the Practitioner Course based on her books, The You Can Heal Your Life book, Heal Your Life Workbook and You Can Heal Your Body. You are required to familiarize yourself with these books.

Learn more @ [www.louisehay.com](http://www.louisehay.com) or [www.healyourlifetraining.com](http://www.healyourlifetraining.com)

You can download the application form here <http://healyourlife.co.za/training>. Complete and email to [ashika@healyourlife.co.za](mailto:ashika@healyourlife.co.za).



After completion of the Practitioner course you are LICENSED with HAYHOUSE  
PLUS when you are accepted for LIFE COACH training you can be  
listed as a student member with COMENSA  
You will receive a certificate and appropriate logo for your professional use.

## Teacher/Practitioner/Facilitator Course –100hours

This course is prosperous in content and practical skills. Designed to teach and support a client with the dissolving of emotional barriers, reclaiming self-worth, healing the past and developing a relationship with themselves; healthier mind and body by working closely with the physical body symptoms defining their probable emotional cause; and enhancing relationships with those around them.

This certification equips students to provide the following services:

- ♥ A Love Yourself, Heal Your Life® 2 Day Workshop which can be offered in multiple formats
- ♥ A Heal Your Life®, 10 Week Study Course
- ♥ Heal Your Life Practitioner ®- Consult with clients privately using the course material provided

The Practitioner Course is divided into 3 steps:



### STEP 1 - The Heal Your Life Weekend workshop

Total Accreditation hours: 16

Experience the tools and processes first-hand at this weekend course, become aware and certain if this course meets your reason for applying to become a Practitioner. You will receive a certificate of attendance – complete assignment on personal reflection and areas of growth. Attendance of this course must be done within **six months prior** to the Practitioner course to ensure you remain connected with the content.

### STEP 2 - Heal Your Life Practitioner Course

Total Accreditation hours: 54

This is a seven day course that supports the grooming of students in processes/techniques. It is a self-healing journey of understanding, forgiveness, self-connecting, etc. (manual and resources provided)

- The Mind-Body Connection – improving state of physical health using metaphysics
- The Pain Body – What are emotional barriers, and how to dissolve them; how emotional wounding create symptoms in health, career and relationships.
- Understand and create a peaceful closure with life lessons and how to create a life of purpose/meaning
- Identify areas of growth/focus, understand where does it come from - family models and childhood experiences that shape our behaviors, our core belief systems, and our limiting mind.
- The power of connecting with self – who are we and how to rebuild esteem and self-worth.
- Develop your intuition and create a deeper soulful connecting with self and others.

**STEP 3 - Complete skills development assignment** to get familiar with the manual and processes.

Total Accreditation hours: 30

Duration: 6months

Total Accreditation hours: 100hours

Louise Hay's publishing company, Hay House, Inc., have trademarked the term Heal Your Life. Dr Patricia Crane (Heart Inspired Presentations) who worked closely with Louise Hay for many years was given an exclusive license with Hay House (Louise Hay) to lead the 'Heal Your Life® Training Courses' worldwide.



Hay House licenses a **Principle Trainer** in different countries around the world, like South Africa, who also hold exclusive license to certify students for this training as Heal Your Life® Practitioners and Life Coaches.

All practitioners sign a licensing agreement which supports them in being recognised by the global community as a qualified professional, with annual licensing fee of \$99 US dollars.

**Heal Your Life® Practitioners are also required to have professional liability insurance.**  
**Details of the benefits and requirements of the license are discussed in full on the course.**



This course is facilitated by Ashika Singh c/o Live the Love Academy, licensed by HAY HOUSE as principle trainer for South Africa (2010).



In 2010 Ashika was licensed as *the Principle trainer certifying Heal Your Life teachers/practitioners and Life Coaches in South Africa.*

Her vision is to live her days being part of a world consciousness that believes in the human potential to grow and heal from any experience. Her passion is to forge a unity where the value of Love and Service exist unconditionally. Ashika eagerly takes her students by their willingness; step by step towards their unique visions to make a positive difference in our world.



You can download the application form here <http://healyourlife.co.za/training>. Complete and email to [ashika@healyourlife.co.za](mailto:ashika@healyourlife.co.za).

### Financial Planning and payment terms:

We are pleased to confirm that course payments can be taken on terms, interest free.



### Heal Your Life Weekend Workshop – Pre-requisite for application to Practitioner Course

You can attend a workshop near you; view the dates on our website events page [www.healyourlife.co.za](http://www.healyourlife.co.za)



### Heal Your Life Teacher/ Facilitator/Practitioner Course – R19500.00

(7 day course + materials + bonus resource file + Heal Your Life Work book Printout) - "excludes accommodation and meals"

Registration: **R4500.00**

Balance: R15000 - Payment terms available – 0-24months – Surety Agreement required for payment terms over 6months

There is an administration fee of R20.00 per month charged on invoices to manage your account.



Live the Love Academy, founded by Ashika Singh in 2009, is a Comensa approved Coach Training Provider in South Africa. Once a student has completed their Practitioner course assignment and is accepted for the Life Coaching level, they can be listed as student members with Comensa.

### Additional per year Cost for Heal Your Life Practitioner Course:



Annual Hay House License – USD99 (Compulsory) – paid online directly with USA after completion of the 7day Practitioner Course assignment. You will receive a surprise mini course created by Louise Hay each year when you renew. More details during the course.

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