

## PC Hiking Club April Minutes

September 18, 2023

Officers Present: Neal Wring, President and Carol Rice, Secretary

Number of Attendees: 25

Meeting called to Order: 7:00pm; Adjourned: 7:40 pm

- **Executive Committee Activities:**

April Club Meeting Minutes were approved and accepted. Motion to accept Dana Thomas, second Dennis Zigmunt

Treasurer's Report (Ron Hoffman): Current Balance \$1697.70  
Club Dues Collected \$30.00

Expenses \$612.93  
Garmen: \$358.50,  
GoDaddy: \$156.54  
Neal Wring (3 protection umbrellas) \$97.89  
Club Membership 13

Potential New Members: There were no new members

- **General Topics:**

Hike Coordinators: Hike Coordinators for this season are:

Dennis Zigmunt – Tuesday D hikes  
Art Solorio – Thursday D hikes  
Tom Wellman – Monday C hikes  
Mary Hill – Wednesday C hikes  
Ann Rohlman/Dana Thomas – Friday C hikes  
Bill Halte – Monday B hikes  
Lynn Warren – Wednesday B hikes  
Eileen Lords Mosse – Thursday/Saturday B hikes  
Stacey Miller – Friday B hikes  
Neal Wring – Monday A hikes (10 hikes total)

There are over 360 hikes planned this season in 42 different regions around the area. All hike descriptions are viewable on the website.

Safety Committee: Barb Kripps has taken over as Chair of the Safety Committee. Other members are Ruth Bindler, Gary Baker, Leon Mosse and Kris Raczkiwicz.

Event Committee: Committee members are, Linda Schmillen, Rowena Stephenson, and Susan Burns. The team is currently looking for one to two more members. See any of the current members if you are interested in joining this team.

Hike Schedule Highlights: All hikes are on the calendar on the website.

An informal overnight is planned for early November to Sedona. Nov 6 and 7, C hikes lead by Tom Wellman and Ron Hoffman. There are no qualifying requirements and all hotel reservations and driver coordination is up to the individuals. More info to come from Tom Wellman.

Tuesday (Sep 19) has a planned Talk Like a Pirate hike.

Two urban hikes (pub crawls) are planned for early October and February. More info to come.

Backpacking trips are being planned, more info to come.

New this season are Tuesday exploratory hikes. Looking at new trails or areas to add to our list of hikes. One hike per month and they will be added to calendar when they are planned. Steve McElroy is heading up this activity.

Event Schedule:

The event committee is looking to plan one activity per month. Current events are: Welcome Back Picnic Oct 16<sup>th</sup> 4:00 at the Oasis pool. Bring an appetizer or desert. This will be combined with our regular monthly meeting.

Boyce Thompson Artoretum Nov 12<sup>th</sup>, more info to follow  
Sunset hike in December, more info to come from Ruth Bindler  
Guest Speaker, no topic identified yet, in January

Safety Moment: Barb Kripps talked about hiking in hot temperatures. There are four documents on the website related to this topic, go look at them! She said that you want to make sure the water you have with you is cold. Suggestions were you can freeze your water bottles prior to the hike and add ice to your bladder. Additionally, you can put a wet towel in the freezer to help cool you down, have electrolytes (she uses Liquid IV).

If you have not hiked during the summer months, consider starting at a lower level for a few hikes to get acclimated. Be sure to look at the hike description for the distance and elevation of the hike you are planning to go on.

Consider not hiking 5 days in a row while the temperatures are still high.

If during the hike you don't feel well, let someone know as soon as you start to not feel well.

The changes to the medical kits include the addition of a sun umbrella and the pulse oximeter is now in a little pouch so that it is easier to locate in the kit.

- **Puzzles**

Check out the puzzle section that has been added to the website. Two to three new puzzles will be added to the website each month. Kris Racziewicz has offered to be the 'Puzzle Master'

- **Statistics (Ron Grove):**

Congratulations to our hikers for achieving these milestones!

Neal Wring: 5,000 miles

Lynn Warren: 16,000 miles

Clare Bangs: 12,000 miles

Tom Wick: 1,000 miles

Mary Hill: 300 hikes

Kris Racziewicz and Dana Thomas: 800 hikes

Kay Thomas: 600 hikes

Lynn Warren: 1800 hikes

Tom Wick: 200 hikes

Neal Wring: 500 hikes

Dennis Zigmunt: 1000 hikes

- **Closing Remarks**

If you ordered a name badge, see Neal to pick it up. If you need a name badge, let Neal know, they are \$10.

- **Next Meeting: October 16<sup>th</sup> at 4pm at the Oasis Pool. The meeting will be combined with the Welcome Back Picnic. Bring an appetizer or dessert.**