

Volunteer to **help change the life** of a person who is transitioning from prison, to life in the community.



CUMBERLAND COUNTY
Adult ReEntry Program

717.240.6522

~~reentryprogram@ccpa.net~~

reentryprogram@cumberlandcountypa.gov



ADULT PROBATION
Cumberland County

One Courthouse Square . Carlisle . PA

2020 | rev 8. 2021

Making A Difference



Cumberland County Adult ReEntry Program

Resource Guide **2020 - 2021**



CUMBERLAND COUNTY
Adult ReEntry Program

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Merakey

- Behavioral Health Services
- Outpatient counseling & services for dual diagnosis
- Psychiatric rehab supportive & educational staff (STAR)
- Employment specialists
- Family counseling
- CRR (Community Residential Rehabilitation program)
- SLP (Supported Living Program)
- Case management services
- Transitional coordinators
- ACT (Assertive Community Treatment Team)
- Stevens Housing Corporation (HUD/PHFA housing units)
- BSU (Base Service Unit) intake/assessments for Merakey programs
- CPS (Certified Peer Specialists)

33 State Ave, Carlisle

(717) 243-6033

www.merakey.org/

Toll free peer-support line: (877) 243-7153

Diakon Family Services of the Capital Region

- Counseling on a sliding scale fee & accepts Access card

St. Paul’s Lutheran Church

(717) 795-0330

201 W Louthier St, Carlisle

E-mail: counseling@diakon.org

www.diakon.org/family-life-services/capital-region/services/counseling/

Franklin Family Services

816 Belvedere St, Carlisle

Hours: M-F

8am to 4:30pm

Email: info@ffspa.com

(717) 243-6500

ffspa.com/

PA Counseling Services

- MA clinic, school based programs, psychiatric services

1 Greystone Rd, Carlisle

Hours: M-F

8am to 5pm

Wrap around/family based services:

(717) 249-3169

Outpatient & meds management:

(717) 245-9255

www.pacounseling.com/

Camp Hill:

Penn State Health Holy Spirit Medical Center Behavioral Health Services

503 N 21st St, Camp Hill

(717) 763-2228

www.geisinger.org/patient-care/find-a-location/geisinger-holy-spirit

Mechanicsburg:

Diakon Lutheran Social Ministries

- Counseling on a sliding scale fee & accepts Access card

960 Century Dr, Mechanicsburg

(717) 795-0330

E-mail: counseling@diakon.org

www.diakon.org/family-life-services/capital-region/services/counseling/

Mental Health | IDD



Crisis Intervention

West Shore: (717) 763-2222

Carlisle Area: (717) 243-6005

Cumberland County: 1-866-350-HELP (4357)

Kaleidoscope Family Solutions

- A Medicaid approved provider who supports individuals with intellectual and developmental disabilities
- In-home and community services and supports to qualified individuals with autism
- Over the age of 21 and/or intellectual disabilities from ages three and up

26 State Ave, Suite 102, Carlisle

(877) 384-1729

www.kfamilysolutions.org/pennsylvania

PA Assistive Technology Foundation

- Help people with disabilities and older Pennsylvanians get the assistive technology they need with low-interest and 0% interest financial loans and/or information and assistance about possible funding resources

Email: patf@patf.us

(888) 744-1938

patf.us/

Fax: (484) 674-0510

United Cerebral Palsy (UCP) of Central PA

- Assist infants, children, youth, and adults, with disabilities, and their families, achieve their goals of development, growth, independence, and full citizenship
- Services include: Assistive Technology, Community Participation Supports- Adult Day Services, Community Participation Supports- Participant Directed Services, Community Participation Supports- Residential Services, Early Intervention Program, Family Support Services, Home Care, Independent Living Technology, In-home and Community Services, Respite Services, Supported Employment

Main office: 55 Utley Dr, Camp Hill

(717) 737-3477

Respite Services, Adult Day Programs: 20 E North St, Carlisle

(717) 960-0140

www.ucpcentralpa.org/

Carlisle:

Christian Services Counseling Center

- Various forms of counseling on a sliding scale fee

701 Walnut Bottom Rd, Carlisle

(717) 249-7410

www.christianservicescounseling.org/

Cumberland County Mental Health Services

1615 Ritner Highway, Carlisle

Hours: M-F

8am to 4:30pm

www.ccpa.net/mhidd

(717) 240-6320

(866) 240-6320

Child Care | Parenting



Pressley Ridge

- Supports youth, individuals and families through life's challenges with a full continuum of mental health services, foster care, residential treatment, and specialized education programs
 - Care & Adoption
 - Outpatient Services
 - Residential
 - Autism Services
 - Community-Based/In-Home Services
 - Specialized Education
 - Transition-Age Services

50 Utley St, Suite 200, Camp Hill

(717) 774-3673

www.pressleyridge.org/

Child Care Works Subsidized Child Care Program

- Helps low-income families pay their child care fees
- Managed by the Early Learning Resource Center (ELRC) [info below]:
 1. The ELRC will pay a part of your child care cost (subsidy payment)
 2. You will pay a part of the cost (family co-pay)
 3. The subsidy payment and family co-pay go directly to the child care program

(717) 243-0309

www.dhs.pa.gov/Services/Children/Pages/Child-Care-Works-Program.aspx

Childcare Consultants

- Referral and information system linking families to childcare; financial assistance given to income eligible families to help pay for childcare costs
- Hub of child care information in the area - provides information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences
- Administers the Child Care Works subsidized child care program

701 Bosler Ave, Suite C, Lemoyne

(717) 210-3334

www.childcareconsultants.org

(800) 864-4925

Pennsylvania Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

- Provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods
- WIC serves: Pregnant women, Breastfeeding women for up to one year postpartum, Women up to six months postpartum who are not breastfeeding, infants and children under 5 yrs including foster children

Camp Hill WIC Office: 3461 Market St, Camp Hill

(717) 686-4280

Carlisle WIC Office: 401 E Louthier St, Carlisle

(717) 243-0523

www.pawic.com/

CHIP

- Offers free services for children's medical care offered to children ages 0 to 15
www.medicaid.gov/chip/index.html (800) 543-7101

Search for a child care provider:

www.compass.state.pa.us/compass.web/ProviderSearch/Home#/BasicSearch

Family Support of Central PA/Parenting and Teen Support/Education Programs

- Offers free weekly support groups to any parent who is overwhelmed and is motivated to strengthen their family relationships
 - Free childcare during group sessions
 - Separate Teens Together and Parents with Teens groups offer families an opportunity to improve communication and recognize signs of their behaviors and how they are affecting others
- (800) 984-9923

PA Family Support Programs

www.education.pa.gov/Early%20Learning/Family%20Support%20Programs/Pages/default.aspx

Healthy Baby Line

- A Help in PA specialist will assist you in locating prenatal care providers, immunizations, car seats, needed baby supplies and can connect callers with a breastfeeding consultant
- www.health.pa.gov/About/Pages/Contact.aspx Hours: M-F 8:30am to 4:30pm
(800) 986-2229

Healthy Kids Line

- Chip information, Free/reduced child immunization help
- www.helpinpa.state.pa.us Hours: M-F 8am to 8pm
Sat 9am to 3pm
(800) 986-5437

PA Breastfeeding Referral Guide

- Contains county-specific individuals and organizations that can provide breastfeeding awareness, support and assistance
- www.mfhs.org/our-programs/breastfeeding-education/

Vaccine for Children Program (VFC)

- Provides vaccinations to children who do not have health insurance or children who are insured but the insurance does not cover immunizations (underinsured)
 - These children are eligible to receive federally funded vaccines at public sites, including Federally Qualified Health Centers and Rural Health Clinics
- www.health.pa.gov/topics/programs/immunizations/Pages/VFC.aspx (888) 646-6864

Enola:

Health Share

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

Tri County Community Action
125 N Enola Dr, Suite 204B, Enola
www.cactricounty.org/

Hours: M-F 9am to 5pm
(717) 732-1944

Hampden:

LIFE Lutheran Services

- Complete health care for Cumberland County residents aged 55 or better
 - Keeps you at home by providing: All Medical Care, Home Care, Prescriptions, Rehab Therapies, Activities at the LIFE Center, and Transportation to the LIFE Center and medical appointments
 - Medicare and Medicaid coverage
- 1920 Good Hope Rd, (717) 728-5433
www.spiritrustlutheranlife.org/

Mechanicsburg:

Health Share

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

New Hope Ministries
5228 E Trindle Rd, Mechanicsburg
www.nhm-pa.org/

Hours: M-F 9am to 4pm
(717) 766-7333

Shippensburg:

Health Share

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

Tri County Community Action
130 S Penn St, Shippensburg
www.cactricounty.org/

Hours: M-F 9am to 4pm
(717) 532-8611

Medical Services



Carlisle:

Healthy Rx Program

- Affordable on-going prescription program

Sadler Health Center

100 N Hanover St, Carlisle

www.sadlerhealth.org/services/support-services/

Hours: M, T, F 8am to 5pm
Wed 9am to 5pm
Th 8am to 7:30pm
(717) 960-4386

State Health Center

- Provides affordable child immunizations, HIV testing including pre & post IV testing, TB
- Testing & treatment, home visits for health teaching

431 E North St, Carlisle

www.health.pa.gov/

Hours: M-F 8:30am to 4:30pm
(717) 243-5151

Sadler Health Center

- Family Primary Health Care: Preventative and comprehensive care, including annual and routine physical checkups, immunizations, TB tests, lab tests, referrals for X-rays, diagnostic tests, family planning and sick visits for all enrolled patients.
- Pediatric Primary Care : Immunizations, wellness checkups, and physicals to infants, toddlers and adolescents; education and guidance on related children's health issues.
- Dental Care : Routine cleanings, fillings, minor surgeries, emergency and restorative treatment, and referrals for crowns and bridges.
- Behavioral Health: Services assist patients in managing stress, anger, grief, or other emotions that may be affecting your health. Services support modifying behavior with issues like smoking, weight loss, or chronic illness.
- Medication Opioid Use Disorder (MOUD): Combines medications like Buprenorphine with behavioral therapies to effectively help those addicted to opioids and heroin get and stay on the path to recovery.
- Tobacco Cessation
- HealthyRx: Low-cost medication and medication assistance, including referrals to local specialized care providers and supportive services. Free-of-charge medication services are also available for Sadler Health Center patients.
- HIV/AIDS & STD Testing: Outreach, counseling, testing and education resources are available.
- Insurance Enrollment Assistance: certified Application Assister offers one-on-one help with the application process from start to finish
- Sliding-Fee Discount: We offer a sliding-fee discount to all patients, which offers a reduction to your bill based on household size and income. All families and individuals at or below 200 percent of the federal poverty guidelines will qualify for one of our five discount levels.

Sadler Health Center

100 N Hanover St, Carlisle

www.sadlerhealth.org/services/primary-care/

Hours: M, T, F 8am to 5pm
Wed 9am to 5pm
Th 8am to 7:00pm
(717) 218-6670

Nurse-Family Partnership at UPMC

- Registered Nurses are partnered with first time pregnant, income eligible women living in Cumberland, Perry, Dauphin, Franklin and Lebanon Counties, beginning early in pregnancy, and continuing until the first baby turns 2 years old
- Home visits provide education, support, and advocacy – schedule and content of visits is tailored to the client
- This service is free and voluntary

www.nursefamilypartnership.org/first-time-moms/

(717) 782-2335

Pathway of Hope

- Program for families motivated to give their children better chances in life
- Families partner with a dedicated case manager to identify their goals & develop a personalized action plan
- Offers a holistic approach in which families are connected with services, enjoy a network of supports, and gain a sense of community with others who are also challenging themselves to create a better future for themselves and their children

(717) 249-1411 Ext 137

Kristina Kennedy

text4baby

- Free app/text message service providing information about baby's development, pregnancy, childcare tips, and more

www.text4baby.org/

Education for Children and Youth Experiencing Homelessness (ECYECH)

- Program ensures that all children and youth experiencing homelessness enroll, participate, and have the opportunity to succeed in school. Guarantee that they receive a free and appropriate public education and eliminate and/or reduce the educational barriers

Lincoln Intermediate Unit #12, York

www.iu12.org

www.facebook.com/ECYEHPA

(717) 718-5924

Sonia Pitzi

Big Brothers Big Sisters of the Capital Region

- Provides one to one professionally supported mentoring relationships to children ages 7-16 in Cumberland, Perry, Dauphin, and Lebanon Counties

www.capbig.org

(717) 236-0199

Camp Hill:

Pregnancy Resource Center of Camp Hill

- Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, support groups & clothing etc... for baby & mother to be
- Provides free 1st trimester sonograms, pregnancy testing, limited STD testing, support groups and other supportive counseling is available
- Pregnancy clothing and baby size clothing newborn thru 9 months are offered

2515 Gettysburg Rd, Camp Hill
capc4u.org/

Hours: M, Wed 9am to 5pm
 Th 9am to 5pm
 6pm to 8pm
 F 9am to 3pm
 (717) 761-4410

Carlisle:

Alternative Behavior Consultants (ABC)

- Parenting education classes, in-home parenting support, reunification services, supervised visitation, anger management classes, and shoplifting prevention classes
- Services provided 7 days a week in your home, at our Parenting Skills Center, or in a group format

224 S Hanover St, Carlisle
alternativebehaviorconsultants.com/

Hours: M, W, F, Sat 9am to 12pm
(717) 241-6870

Carlisle Area Family Life Center (formerly Birthright of Carlisle,

- A free, confidential, & non-judgmental pregnancy support service for women & children in need. A comfortable & safe atmosphere. Caring volunteers offer ongoing support & encouragement along w/ free pregnancy tests

155 N Hanover St, Carlisle
<http://www.carlislefamilylife.org/>

Hours: M, W, F, Sat 10am to 1pm
 Tu 1pm to 5pm
 7pm to 9pm
 Th 7pm to 9pm
 (717) 243-1918

Capital Area Head Start

- Offers a FREE pre-school program in Carlisle and West Shore for 3-5 year olds
- Offers a FREE Early Head Start program for pregnant moms through age 3 - enroll all year long

Carlisle Center: 21 S Bedford St, Carlisle

(717) 541-1795

Carlisle Head Start: 201 W Louthier St, Carlisle

(717) 258-5559

Letort Elementary: 110 E S St, Carlisle

<https://www.keystonehumanservices.org/capital-area-head-start/>

Chambersburg

Pyramid Healthcare

124 Chambers Hill Dr, Chambersburg, PA
www.pyramidhealthcarepa.com/

(717) 261-9100

The Professional Arts Building

25 Penn Craft Avenue, Suite 312, Chambersburg, PA
roxburyhospital.com/

(717) 264-2400

Lemoyne

New Insights

716 State St, Lemoyne
www.newinsights2.com/

(717) 303-2035

Mechanicsburg

Diakon Family Life Services

960 Century Dr, Mechanicsburg
www.diakon.org

(717) 795-0330

Gaudenzia West Shore

4740 Delbrook Rd, Mechanicsburg
www.gaudenzia.org/

(717) 766-8517

Mazzitti & Sullivan

5021 E Trindle Rd, Mechanicsburg
www.mazzittiandsullivan.com/

(717) 590-7607

Perry County

Perry Human Services - Mulhollem Office Centre

8391 Spring Rd, New Bloomfield
www.perryhumanservices.org

(717) 582-8703

Drug & Alcohol



Carlisle:

Cumberland County Drug & Alcohol Services

- Services include: Substance Abuse Prevention, Student Assistance Program Support, Local Treatment, Case Management

16 W High St, Suite 302, Carlisle
www.ccpa.net/115/Drug-Alcohol-Commission

Hours: M-F 8am to 4:30pm
(717) 240-6300

RASE Project

1200 Walnut Bottom Rd, 3rd Floor, Carlisle
www.raseproject.org/

Hours: M-F 9am to 5pm
(717) 249-6499

Outpatient Treatment Providers/Services

Boiling Springs

Diakon Child, Family and Community Ministries

571 Mountain Rd, Boiling Springs, PA
www.diakon.org/family-life-services/addictions-counseling/

(717) 795-0368

Camp Hill

Drug & Alcohol Outpatient Services (Geisinger Holy Spirit)

503 N. 21st St, Camp Hill
www.geisinger.org/patient-care/find-a-location/geisinger-holy-spirit

(717) 763-2369

ARS of PA

3433 Trindle Rd, Camp Hill, PA
arshealth.com/methadone-clinics/ars-camp-hill-pa-drug-rehabilitation-clinic/

(717) 761-4500

Carlisle

Pennsylvania Counseling Services

1 Greystone Rd, Carlisle
pacounseling.com/

(717) 245-9525

Roxbury (Minerva Mills Building)

401 E Louther St, Suite 213, Carlisle
roxburyhospital.com/

(717) 249-5010

Central PA Family Supports Services

- Providing emotional and social support to families and youth in Central Pennsylvania
- Programs available: Parent Support Program, Re-Entry Support Program, Education Re-Engagement Program, Supervised Visitation Program and Healthy Lifestyles Program

320 S Hanover St, Carlisle
www.pafamilysupports.org/

(717) 614-0130

Cumberland County State Health Center

- Provides treatment and follow-up for children and adults with TB disease and TB infection, provides immunization clinics for children and adults; HIV testing and counseling; follow-up; home visits or maternal/child health; monitoring of communicable diseases and health education programs
- \$5 fee for childhood immunizations

431 E North St, Carlisle
www.health.pa.gov/Pages/default.aspx

(717) 243-5151

Childcare Network

- Help locating area licensed/registered child care homes/centers
- Financial assistance for working families to pay for childcare
- Call for eligibility screening & child care packet regardless of income

230 S Spring Garden St, Carlisle
www.childcarenetwork.com/

Hours: M-F 7am to 5pm
(717) 243-4014

CUMBERLAND CARES for Families

- An in-home visitation program to support and educate parents of children (pre-natal to age 5)
- Focuses on goals the family wants to pursue with a family development social worker guiding and supporting those efforts
- Direct help with child development and parenting skills is offered along with information and support to access other social services to meet financial, medical, counseling, housing, legal, educational needs, etc...No fees

20 N Hanover St, 3rd Floor, Carlisle
www.ccpa.net/2488/Newborns-and-their-Parents

Hours: M-F 8am to 4:30pm
(717) 240-6172

Pennsylvania Pre-K Counts

- Provides quality half-day and full-day pre-kindergarten to eligible 3 and 4 year olds.
- Are at risk of school failure and living in families earning up to 300 percent of the federal income poverty level who may also be English language learners or have special needs

Carlisle Early Education Center: 100 E Pomfret St, Carlisle
www.carlisleearlyeducation.com (717) 243-1528

Bellaire Elementary School: 905 Waggoners Gap Rd, Carlisle

Hamilton Elementary: 735 Clay St, Carlisle

Letort Elementary: 110 E South St, Carlisle
www.carliseschools.org (717) 240-6800

YWCA

- Provides Carlisle area parents w/ on site parenting classes on a sliding fee scale
- Financial budgeting classes are available to those who pre-register
- Scholarships available to cover fees for those who cannot pay - Child care available
- Support groups include: ADD Support Group, Rape Crisis Services, various recreation programs & summer camp programs

301 G St, Carlisle Hours: M-F 8:30am to 4:30pm
www.ywacarlisle.org/ (717) 243-3818

Mechanicsburg:

New Hope Ministries

- FREE Children and Youth after school program for first through 12th grades
- Offering life skills, tutoring, character building, field trips, community service, recreational and summer programs

5228 E Trindle Rd, Mechanicsburg (717) 766-7333
701 Bosler Ave, Lemoyne (717) 774-6255
www.nhm-pa.org/

New Cumberland:

Pressley Ridge

- Offers in-home parenting training & center-based parent support groups

331 Bridge St, New Cumberland Hours: M-F 8am to 5pm
www.pressleyridge.org/ (717) 774-3673

Newville:

Paw Packs Food Program

Provides meals to children in the Big Spring School District. Parents/guardians who are interested in receiving weekend meals must sign up each week by completing the form on the PAW Packs website. Food will be available for drive thru pick-up each Friday from 3:00-5:00 p.m. at the Newville First Church of God.

45 Mt. Rock Rd, Newville Hours: Friday 3pm to 5pm
<https://pawpacks.org/> (717) 776-2000

Housing

Cumberland County Housing and Redevelopment Authority

- Public housing program that connects income-eligible individuals and families with public housing or section 8 vouchers
cchra.com/ (717) 249-0789

Making Homes Affordable

- National non-profit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families (888) 995-4673

Credit Report

- Allowed 1 free credit report a year
www.annualcreditreport.com/index.action (877) 322-8228
- Option to request 3 different reports from the below services at once or order one at a time in order to monitor your credit throughout the year
 - Equifax (800) 685-1111
www.equifax.com/personal/
 - Experian (888) 397-3742
www.experian.com/
 - TransUnion (800) 916-8800
www.transunion.com/

Social Security

Social Security Office

- Social security card & benefits; Disability; Medicare; Marriage Certificate
200 S Spring Garden St, Carlisle (800) 772-1213
www.ssa.gov/

PPL Electric

- Operation HELP: crisis program for good paying customers to assist with their electric bill

West Shore to Mechanicsburg:

New Hope Ministries

5228 E Trindle Rd, Mechanicsburg

(717) 766-7333

West of Mechanicsburg to Shippensburg:

Cumberland County Homeless Assistance Program Carlisle

(717) 240-6117

www.pplelectric.com/my-account/payments/need-help-paying-your-bill/operation-help-grants.aspx

On Track Program

- Low income program that helps with lower bill payments and debt forgiveness

Tri-County Community Action

(717) 232-9757

cactricounty.org/our-programs/ontrack.html

UGI

Customers Assistance Program (CAP):

- Provides CAP participants with a personalized, monthly payment amount based on gross income, household size and average bill

www.ugi.com/customer-services/customerassistance/cap/

(800) 609-4844

Low Income Usage Reduction Program (LIURP)

- If home is heated by UGI, w/ landlord's permission, UGI will weatherize unit.

(800) 340-5394

United Way

- Oil, propane, kerosene, and wood pellets - program opens November 1
- must have proof of having applied for LIHEAP assistance and determination of approval/denial, proof of income, photo id, and past heating bill
- must be a resident of Carlisle, Boiling Springs, Mount Holly Springs, New Kingstown, Plainfield, or Newville and gross household income cannot exceed 200% Federal Poverty guidelines
- If 55 or over in age, refer to Todd Baird Lindsey Foundation (Stacie Nickel 717-486-4121)

145 S Hanover St, Carlisle

(717) 243-4805

PA American Water Company

Possible financial help (through New Hope Ministries)

(800) 717-7292

or:

New Hope Ministries

5228 E Trindle Rd, Mechanicsburg

(717) 766-7333

amwater.com/paaw/

Shippensburg:

Pregnancy Resource Center (P.M.I)

- Free pregnancy tests, S.T.D. testing, ongoing supportive services for those carrying to term, referrals for a first trimester ultrasound, and clothing and formula

20 E Burd St, Shippensburg

(717) 532-4446

www.pmipregnancycenter.org/

Shippensburg Head Start Program

- Serving pregnant mothers, infants, children ages 0-5, and low income (up to 300% Federal Poverty Guidelines)
- No fee - Program covers Early Head Start, Head Start and Pre-K. Center-based and home based services, education, health and social services, nutrition services, and special needs services
- Areas served: Carlisle, Boiling Springs, Mt. Holly, Newville, Shippensburg, Roxbury, Pleasant Hall, and Lurgan

Grove Spiritual Center

Hours: M-F

7:30am to 4pm

1871 Old Main Dr, Shippensburg

(717) 477-1626

www.ship.edu/headstart/

Disabilities and/or Special Needs:

Special Kids Network

- Helps children and youth with special health care needs and disabilities get the services and support they require

Hours: M-F

8:30am to 4 pm

www.health.pa.gov/topics/programs/Pages/Programs.aspx

(800) 986-4550

PA Department of Education Early Intervention Program

- Provides support and services to families with children, from birth to age five, with developmental delays and disabilities

CONNECT Helpline

(800) 692-7288

Cumberland/Perry Early Intervention

- Any child living in Cumberland or Perry County who is between birth and the age of three, having a delay in development determined by an evaluation may receive services provided at no cost to the family
- Services or supports available: Assistive Technology, Audiological Services, Hearing Services, Nutrition, Physical Therapy, Occupational Therapy, Special Instruction, Speech Therapy, Vision

1615 Ritner Hwy, Carlisle

Hours: M-F

8am to 4:30pm

www.ccpa.net/3808/Early-Intervention-Birth-to-Age-3

(717) 240-6320

(866) 240-6320

Cumberland/Perry Intellectual & Developmental Disabilities

- Provides a variety of services to local citizens with intellectual and developmental disabilities
- Supports coordinator identifies available resources, makes referrals on the person's behalf, and coordinates services for the individual with providers and community programs

1615 Ritner Hwy, Carlisle Hours: M-F 8am to 4:30pm
www.ccpa.net/118/Mental-Health-Intellectual-Develop-Dis (717) 240-6320
(866) 240-6320

PA Elks Home Service Program

- Provide support and advocacy services to individuals of any age who have a developmental disability
- Services are provided by a Nurse and/or Service Coordinator to Pennsylvania residents in the person's home environment without discrimination at NO CHARGE
- Services may include: in-home service coordination services, advocate for an individual's legal and human rights, provide information regarding resources and services available, assess needs and help to access equipment, advocate for appropriate educational services, assist with finding activities within the community, offer instruction regarding home care, provide emotional support, help with vocational goals, assist with residential options, provide referrals to appropriate agencies in the community, interpret clinical findings and act as a liaison between health care providers
- For children under 21, call the Special Kids Network 1-800-986-4550

paelkshomeservice.org/ Pat O'Connor (814) 781-7860
Ricki Hood (814) 475-2554

Capital Area Intermediate Unit (CAIU)

- Resource for children with developmental delays/special education

55 Miller St, Enola (717) 732-8400
www.caiu.org/welcome

The Arc of Cumberland and Perry Counties (CPARC)

- Family Education provides individual and group education to families of individuals with intellectual disabilities on a variety of topics including estate planning, special needs trusts, ABLE accounts, behavior support, autism, Fetal Alcohol Syndrome Disorder, etc.

71 Ashland Ave, Carlisle
cparc.org/ (717) 249-2611

Medicare:

Apprise

- Free health insurance counseling program designed to help individuals 60 and over with Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance

www.aging.pa.gov/aging-services/medicare-counseling/ (800) 783-7067

Cumberland Co. Aging and Community Services

1100 Claremont Rd, Carlisle (717) 240-6110
www.ccpa.net/aging

Medicare Part D - Prescription Drug Coverage

(800) MEDICARE

Utilities:

Public Utility Commission (PUC)

Energy assistance programs (717) 783-1740
www.puc.state.pa.us/consumer_info/electricity/energy_assistance_programs.aspx

Lifeline Services/Link Up America

Reduced monthly phone services available – CenturyLink, Verizon PA

<http://www.lifelinesupport.org/lis/>
http://www.puc.pa.gov/consumer_info/telecommunications/assistance_programs_to_get_connected.aspx

CenturyLink

120 W High St, Carlisle Hours: M-F 8am to 5pm
www.centurylink.com/home/ (800) 257-3212
(800) 407-5411

Verizon PA

www.verizon.com/ (800) 837-4966

Everyoneon

- Offers low cost internet service and/or computers

www.everyoneon.org/

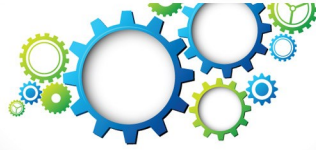
The Pennsylvania Customer Assistance Program (PCAP)

Help with electric services (through New Hope Ministries) (800) 545-7741
or

New Hope Ministries

5228 E Trindle Rd, Mechanicsburg (717) 766-7333
https://www.firstenergycorp.com/content/customer/search_results.html#stq=pcap&stp=1

Public Assistance



Carlisle

- Financial Help Provided for:
- SNAP (Supplemental Nutrition Assistance Program, aka food stamps)
- TANF Cash Assistance (Temporary Assistance for Needy Families)
- Medicaid/Medical Assistance (MA)
- LIHEAP (Heating Energy Assistance, Utility Help – runs from November thru March)

33 Westminster Dr, Carlisle Hours: M-F 8:30am to 5pm
www.dhs.pa.gov/Services/Assistance/Pages/default.aspx (717) 240-2700
www.pa211.org/

Health Insurance

CHIP

- Offers free services for children's medical care offered to children ages 0 to 15
- www.medicaid.gov/chip/index.html (800) 543-7101

Medical Assistance

www.dhs.pa.gov/Services/Assistance/Pages/Medical-Assistance.aspx (866) 550-4355

COMPASS

www.compass.state.pa.us/compass.web/Public/CMPHome

HealthCare.gov

www.healthcare.gov/ (800) 3182596

Social Security Office

200 S Spring Garden St, Carlisle (800) 772-1213

Cumberland County Assistance Office

33 Westminster Dr, Carlisle Hours: M-F 7am to 5pm
www.dhs.pa.gov/Services/Assistance/Pages/default.aspx (800) 269-0173

ARCH National Respite Network

- Respite locator service to help caregivers and professionals locate respite services in their community

archrespite.org/ (919) 490-5577

Youth Advocate Program/Respite services

- Provides relief to those caregivers of children and adults with behavioral challenges

Respite Management Agency (717) 232-3786
1511 N Front St, Harrisburg
www.yapinc.org/rma

Easter Seals Western & Central PA

- Children and adults with disabilities and special needs find highest-quality services designed to meet their individual needs

www.easterseals.com/what-we-do/ (412) 281-7244

Easter Seals Therapeutic Recreation (TR) Department

- Serves children and adults with disabilities and other special needs throughout Central Pennsylvania

Director of Therapeutic Recreation (717) 741-3891
Coordinator, Camping & Respite Programs (717) 741-3891
www.easterseals.com/our-programs/

Parent to Parent of PA

- Links families of children and adults with disabilities or special needs to share support
- www.parenttoparent.org/ (888) 727-2706

PA Families Inc.

- Statewide Family Network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems

Email: info@pafamiliesinc.org (800) 947-4941
pafamiliesinc.org/

Persons with Disabilities (PWD) Transportation Program (Rabbit Transit)

www.rabbittransit.org/contact-us/ Hours: M-F 7am to 7pm
Sat 7:45am to 3pm
(800) 632-9063

CAMP Hill:

Building Blocks

- Speech Therapy, Physical Therapy, Occupational Therapy, Special Instruction
113 North 20th St, Camp Hill (717) 580-0302

Jena Vander Velden

- Physical Therapy
1603 Walnut St, Camp Hill (717) 421-7417

Jennifer Mattiko

- Speech Therapy
34 Brentwood Rd, Camp Hill (717) 730-0511

Keith Parker

- Occupational Therapy
1507 Walnut St, Camp Hill (302) 690-6993

My Therapy Tree

- Physical Therapy, Occupational Therapy, Speech Therapy, Special Instruction, Special Instruction Hearing, Special Instruction Nutrition, Special Instruction Behavior
255 N 29th St, Camp Hill (302) 690-6993

UCP of Central PA

- Special Instruction, Physical Therapy, Occupational Therapy, Speech Therapy, Nutrition, Community Mapping
925 Linda Lane, Camp Hill (717) 737-3477

UCP Central PA's Respite Services

- AM/PM Respite: similar to before and after school care for youth and young adults, ages 14 and up, who have an intellectual or physical disability (M-F; 7am to 9am and 3pm to 5pm)
 - Evening Respite: offers care and recreation for children and adults with disabilities (Fridays; 6pm to 10pm)
- 55 Utley Dr, Camp Hill, PA (717) 737-3477
www.ucpcentralpa.org/services/

Transportation



Capital Area Transit (CAT)

www.catttransit.com/routes-and-schedules/ (717) 238-8304

Carlisle

His Hands Auto Repair Ministry

- Offer discounted auto repair rates & affordable transportation
730 N College St, Carlisle Hours: Tu - F 8am to 5pm
Email: hh-arm@email.toast.net Sat 8am to 2pm
www.hishandsauto.org/ (717) 258-5483

LifeCycle

New Life Community Church

64 E North St, Carlisle Hours: Tu, W, F 10am-2pm
Email: lifecycle@newlifecommunity.us (717) 240-0060
www.newlifecommunity.us/

Carlisle Area Ride Service (CARS)

- Free service; all rides must be booked at least 2 days in advance
- Those eligible are people going to a job interview or job fair, medical appointments, school meetings, welfare office disabled persons, seniors over 65
- Those NOT eligible are: people who have a job, people eligible for Red Transit service, and people with their own working vehicle

Fill out the online Rider Registration form:

Email: CarlisleARS@gmail.com (717) 601-9184
carlislearearideservice.com/

Mechanicsburg

New Hope Ministries

- Assistance with vehicle repairs, insurance and transportation needs, and fuel assistance related to employment/medical care and they must be currently enrolled as a New Hope client receiving services
- 5228 E Trindle Rd, Mechanicsburg Hours: M-F 9am to 4pm
www.nhm-pa.org/ (717) 766-7333

Shippensburg

Raider Regional Transit

- Free to senior citizens & Shippensburg University students
- 1871 Old Main Dr, Shippensburg (717) 530-8891
www.ship.edu/RRT/Harrisburg_Transportation_Center/ (717) 477-7447

Drivers License | Identification



PennDOT Service Center

- Driver's License (new = \$30.50)
- Identification Cards(duplicate = \$28.50)
- Written Test
- Birth Certificates
- Payment: Check or Money Order

Stonehedge Square, 950 Walnut Bottom, Rd, Carlisle

www.dmv.pa.gov/Pages/default.aspx

Hours: M-Sat 8:30am to 4:15pm
(800) 932-4600

Department of Health

(724) 656-3100

Bureau of Health Statistics & Registries

Online (\$30 + shipping):

(844) 228-3516

www.vitalchek.com/vital-records/pennsylvania/pennsylvania-vital-records

www.health.pa.gov/topics/certificates/Pages/Birth-Certificates.aspx

By mail (\$20):

Division of Vital Records

P.O. Box 1528, New Castle, PA 16103

Social Security Card

- Free replacement if lost or stolen
- Limited to 3 replacement cards in a year; 10 during your lifetime

200 S Spring Garden St, Carlisle

Hours: M-F 9am to 4pm

www.ssa.gov/onlineservices/

Wed 9am to 12pm

(800) 772-1213

PennDOT

- Vehicle Registration/Insurance
- Driver History
- Restorations

www.dmv.pa.gov/ONLINE-SERVICES/Pages/OnlineServicesCenter.aspx

Chamberburg:

Advanta Therapy

- Physical Therapy, Occupational Therapy, Speech Therapy

1078 Belair Dr, Chambersburg

(717) 713-5955

Pediatric Therapy Specialists of South Central PA

- Occupational Therapy, Physical Therapy, Speech Therapy, Special Instruction

2316 Ocrakoke Island Ct, Chambersburg

(717) 816-0742

Enola:

Leanne Broadbent

- Speech Therapy

5825 Fawn Meadow Lane, Enola

(717) 796-2209

Aspirations

- Special Instruction - Hearing Infant Massage, Speech Therapy, Occupational Therapy Social Work, Special Instruction – Behavior

614 Belle Vista Dr, Enola

(717) 512-8769

Lemoyne:

TMB Developmental Therapy and Infant Massage, Inc.

- Independent Evaluator

862 Hilltop Rd, Lemoyne

(717) 979-2987

Mechanicsburg:

Lynn M. Cummings, M.S., CCC-SLP

- Speech Therapy

318 Cloudless Sky Dr, Mechanicsburg

(717) 512-2290

Patricia G. Acker-Bailey

- Speech Therapy

5243 Terrace Rd, Mechanicsburg

(717) 497-7157

Sovia Therapy, LLC.

- Special Instruction, Physical Therapy, Special Instruction – Vision, Occupational Therapy

1015 Tiverton Rd, Mechanicsburg

(717) 379-4543

East Pennsboro:

Capital Area Intermediate Unit 15

- Special Instruction-Hearing and Vision Services

55 Miller St, Summerdale

(717) 732-8414

Clothing | Non-Consumables



Online Resources:

www.freecycle.org/
craigslist.org/

Camp Hill:

Capital Area Pregnancy Center

- Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, and support groups & clothing etc...for baby & mother to be

2515 Old Gettysburg Rd, Camp Hill

Hours: M 9am to 6pm
Wed 9am to 5pm
Th 9am to 5pm
F 9am to 3pm
(717) 761-4410

Email: judy@capchelp.org

www.capc4u.org/

Salvation Army Thrift Store

- Help with food, clothing, showers, bus tickets, gas cards, personal care & household items

3901 E Trindle Rd, Camp Hill

Hours: M - Sat 9am to 9m
(717) 731-0576

www.salvationarmyusa.org/

Carlisle:

Carlisle Area Family Life Center

- Maternity, newborn layettes, infant clothing to 2T available, as well as diapers & related infant supplies

155 N Hanover St, Carlisle

Hours: M, W, F, Sat 10am to 1pm
Tu 1pm to 5pm
Tu, Th 7pm to 9pm
(717) 243-1918

www.carlislefamilylife.org/

Salvation Army Thrift Store

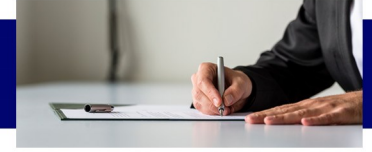
- Help with food, clothing, showers, bus tickets, gas cards, personal care items, and household items

125 S Hanover St and/or 469 E North St, Carlisle

Hours: Tu, Th, F, Sat 10am to 6pm
(717) 249-1411
Ex. 135/142

pa.salvationarmy.org/Carlisle

Legal Services



MidPenn Legal Services

- Non-profit, public-interest law firm dedicated to providing equal access to justice and high quality **civil** legal services to low-income residents and survivors of domestic violence in 18 counties in Central Pennsylvania

401 E Louthier St, Suite 103, Carlisle

Hours: M-F 8:30am to 4:30pm

www.midpenn.org/

(717) 243-9400

Apply for services: (800) 326-9177

Cumberland County Bar Association

- Lawyer referral service - participating attorneys agree to a ½ hour consultation for \$25.00. Should work be beyond the first half hour be warranted, fees are agreed upon between the attorney and the client.

www.CumberlandBar.com

(717)249-3166

(800) 990-9108

PA Legal Aid Network

- A client-centered organization that provides leadership, funding, and support to improve the availability and quality of civil legal aid and direct legal services for low income people and victims of domestic violence in Pennsylvania

The Louise Brookins Building

118 Locust St, Harrisburg

(717) 236 -9486

www.palegalaid.net/resources

Dickinson Family Law Clinic/Disability Law Clinic

- Provides free legal assistance as needed to area low income persons

45 N Pitt St, Carlisle

Hours: M-F 8:30am to 4:30pm

dickinsonlaw.psu.edu/

(717) 243-2968

Dickinson School of Law – VITA program

- Contact mid-January every year to see if the program that assists with free income tax services will be available

45 N Pitt St, Carlisle

Hours: M-F 8:30am to 4:30pm

dickinsonlaw.psu.edu/

(717) 240-5000

Homeowners / Homebuyers:

Cumberland Valley Habitat for Humanity

www.cv-hfh.org

(717) 258-1830

Carlisle Housing Opportunities Corporation

- Low to moderate income, first-time homebuyers with good credit can purchase a home and receive a 10% forgivable loan off of the appraised value of the home
- Cumberland County Homebuyer's Coalition offers \$3,000 towards closing costs to qualified buyers who complete the Homebuyers Workshop Located at Hope Station, 149 W Penn Street, Carlisle 717-241-0472
- Cumberland County Housing and Redevelopment Authority
- Free First-Time Homebuyers Workshop: www.cchra.com or call 1-866-683-5907
- Cumberland County First-Time Homebuyer Down Payment and Closing Cost Assistance Program
- Emergency Repair Loan Program
- Free housing counseling available; call 717-249-0789, Ext. 136
- Carlisle Borough Rehabilitation Program
- Cumberland County Housing Rehabilitation Program

114 N Hanover St, Carlisle

Hours: M-F 8am to 4:30pm

www.cchra.com

(717) 249-0789 Ext. 136

Pennsylvania Housing Finance Agency

- A variety of rental housing, homeownership programs, and foreclosure prevention programs

211 N Front St, Harrisburg, PA

(717) 780-3800

Homeowner's Mortgage Assistance Program (PHFA)

- Offers mortgages for 1st home buyers

(717) 780-3871

Housing Emergency Mortgage Assistance Program (PHFA)

- Offers financial assistance for mortgages in foreclosure, must have an Act 91 Notice
1-800-342-2397
(717) 780-3940

Customer Solutions Center

- Customer service representatives are able to provide information on all PHFA programs and answer questions to get assistance quickly
1-855-U-Are-Home (827-3466)

Housing Counseling Services

- Provides counseling to assist with guidance on evaluating mortgagor readiness, fair housing, credit report management and selecting real estate agent/home inspection
(717) 780-3907

The Meeting House

1155 Walnut Bottom Rd, Carlisle

www.tmh.church/

Hours: M-Th

9am to 4:30pm

Hours: F

9am to 12pm

(717) 243-1863

LifeStyle

- Furniture is given following an application process that is referral based. Referrals come through New Life Community partnership with several other ministries and agencies in the Carlisle area.

New Life Community Church

64 E North St, Carlisle

Email: jen@newlifecommunity.us

www.newlifecommunity.us/

Hours: Tu-F

9am to 3pm

Tu

(717) 240-0060

Lemoyne:

Calvary United Methodist Church

700 Market St, Lemoyne

emoynecalvary.org/

Hours: 3rd Sat

11am to 1pm

(717) 737-6921

Goodwill

- A source of low cost used clothing, used household goods and furniture

1200 Market St, Lemoyne

www.yourgoodwill.org/

Hours: M-Sat

9am to 5pm

(717) 737-6134

Mechanicsburg:

Bountiful Blessings

- Assist working families and senior citizens during their financial hardships by supplementing them with non-food items

Capital Area Christian Church

1775 Lamb's Gap Rd, Mechanicsburg

Hours:

9:30am to 11:30am

1st, 3rd Sat

(717) 802-1222

Community Aid

- Thrift store and donation center, faith-based non-profit store providing clothing, household and collectible items. Neighbors helping neighbors and offering items of resale at affordable prices. 50% off all items on Wednesdays

4833 Carlisle Pike, Mechanicsburg

communityaid.net/

Hours: M-Sat

9am to 9pm

Sun

11am to 6pm

(717) 412-7706

Goodwill Industries

- A source of low cost used clothing, used household goods and furniture

105 Gateway Dr, Mechanicsburg Hours: M-Sat 9am to 6pm
Sun 12pm to 5pm
www.yourgoodwill.org/ (717) 691-3699

New Digs (Mission Central)

- Provides donated household items. Consumer must arrange for pick up and must be referred by an agency. Agency representative must complete a referral and liability waiver for a consumer (*PO can make referral*)

5 Pleasant View Dr, Mechanicsburg Hours: M, Wed, F 9am to 12pm
2nd Sat 9am to 12pm
newdigsministry.org/ (717) 620-9735

Volunteers of America (Thrift Store)

675 Silver Spring Rd, Mechanicsburg Hours: M-F 9am to 8pm
Sat 9am to 6pm
www.voapa.org/our-thrift-stores (717) 766-2999

Shippensburg:

Christ United Methodist Church – Clothing bank

47 E King St, Shippensburg Hours: Sat 9am to 11am
Email: RevSkraft@hotmail.com (717) 532-6850
www.christumcshipp.org/

Cumberland Valley Animal Shelter Thrift Store

- Stores include men's, women's and children's clothing that are clean, folded and free of stains and damage; shoes, handbags, hats, gloves, jewelry and books; household supplies like dishes, cookware, utensils, small appliances, bedding, lamps and rugs; collectibles, collections and antiques; decorating items like mirrors, pictures, paintings, flower arrangements, knickknacks; and even furniture

1 E King St, Shippensburg Hours: M-F 9am to 5pm
Sat 9am to 5pm
www.cvas-pets.org/thrift (717) 477-8025

Walnut Bottom:

Trinity United Methodist Church

- Clothing Ministry

116 W Main St, Walnut Bottom Hours: 9am to 12pm
2nd, 4th Wed & Sat (717) 532-7606
www.trinitywb.org/index.html/

Samaritan Fellowship: Carlisle United Methodist Church (CUMC)

- Provides crisis financial and referral assistance to residents of Carlisle, South Middleton School District, and Middlesex Township
- Applicants must apply and be present at CUMC Saturday 7:30am - 10:00am
- Bring documentation to verify identification, residency and financial need
- Referrals are required for all under case management or in subsidized housing
- Enter at the doors of the church's Pomfret Street parking lot, take the elevator to the lower level (LL) and follow the signs to the Samaritan Fellowship Intake Room

Documents Needed:

1. Proof of I.D. such as social security card, driver's license, or birth certificate
2. Income proof such as pay stubs, SSI, County Assistance, unemployment benefits, etc.
3. Eviction note/household bill if overdue
4. Reason(s) for needing help (medical, job loss)

333 S Spring Garden St, Carlisle 17013 Hours: 7am to 10am
(717) 579-6697

PA Housing Search

Up-to-date listings of affordable rental and for-sale housing
www.PAHousingSearch.com (877) 428-8844

Elderly, Handicapped, Disabled

Cumberland County Aging & Community Services: Homeless Assistance Program

- Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future

20 N Hanover St, Suite 300, Carlisle Hours: M-F 8am to 4:30 pm
www.ccpa.net/226/Homeless-Assistance-Program Last name A-I: (717) 240-6117
Last name J-Z: (717) 240-6112

Cumberland Link to Aging & Disability Resources

Information and referral services agency for persons of all ages with disabilities or for persons ages 60 and older

1100 Claremont Rd, Carlisle Hours: M-F 8am to 4:30pm
Email: thelink@ccpa.net (717) 240-7887
www.ccpa.net/111/Cumberland-Link

Todd Baird Lindsey Foundation

- Provides assistance for persons ages 55 and older with: the cost of housing expenses (rent, lot rent, mortgage, utilities, taxes, etc.), prescription medications, medical equipment, nursing services, hearing aids, personal emergency response services fees
- provides both emergency and long term assistance to persons who live in the service areas of Carlisle, Mt. Holly Springs, and Newville and the townships of West Pennsboro, Dickinson, Middlesex, S. Middleton, N. Middleton, Penn. L. Frankford and U. Frankford

Carlisle (717) 486-4121
www.tbl.dreamhosters.com/

Christ Among Neighbors – (C.A.N.)

- Provides last resort crisis help such as food, clothing, utilities, medical & lodging along with referral & networking with community resources
- Serves the Shippensburg School District & Village of Walnut Bottom

Documents Needed:

1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
 2. Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, letter from Public Assistance/ card, unemployment benefits, alimony, etc.
 3. Eviction &/or magistrate notice if behind on rent. For back utility or other bills, bring proof also. Bill/note proof should be current through the month you are applying for help
 4. Reason(s) why you need help, like written proof from your doctor, temporary housing, car insurance or daycare
 5. Proof of all recent household bills to determine your monthly household expenses
- 130 S Penn St, Shippensburg Interview Hours: Sat 9am to 10am
www.rentassistance.us/li/pa_17257_christ-among-neighbors-can (717) 532-7577

New Hope Ministries

- Provides persons living in the Dillsburg, Dover, Hanover, Mechanicsburg and the West Shore area with emergency & referral services
- Heat, utilities, housing, medical assistance, transportation, Dollars & Sense financial literacy class, and Job Junction
- A food bank is available on site. Food pantry opens daily from 10am-4pm
- GED classes and Nurse's Aide training is also available
- If they qualify, clients can be referred for free/reduced rate medical services, PA American WaterCo. and utility bill services such as Met Ed and Penelec electric help for the CAP program are also on premises
- Clients are able to access COMPASS service which allows individuals access to screen for, apply for and renew a broad range of social programs: health care coverage, food stamps benefits, cash assistance, etc.
- They also hold a Job Fair on the 3rd Friday of each month from 10am to 12pm
- CDL and Fork Lift Training available

5228 E Trindle Rd, Mechanicsburg Hours: M-F 9am to 4pm
nhm-pa.org/ (717) 766-7333

Employment | Income



Government:

PA Department of Labor & Industry's Workforce Development

- System enables workers to prepare for jobs that pay in an economy that grows
- House Ave #101, Camp Hill Hours: M-F 8:30am to 4:30pm
www.dli.pa.gov/Businesses/Workforce-Development/ (717) 612-1590

U.S. Department of Labor: Bureau of Labor Statistics-Occupational Outlook Handbook

- The OOH can help you find career information on duties, education and training, pay, and outlook for hundreds of occupations
- www.bls.gov/ooh/

Social Security Hotline

Hours: M-F 7am to 7pm
(800) 772-1213 / (800) 288-7185 TDD

U.S. Department of Labor sponsored websites

www.careeronestop.org/ExOffender/default.aspx
www.careeronestop.org/WorkerReEmployment/default.aspx
www.jobcorps.gov/

Federal Bureau of Prisons

www.bop.gov/resources/former_inmate_resources.jsp

National HIRE Network

www.hirenetwork.org/content/pennsylvania

Camp Hill:

Temporary Agencies

AppleOne Employment Services

4242 Carlisle Pike, Suite 237, Camp Hill Hours: M-F 8:30am to 5pm
www.appleone.com/ (717) 731-9400

Elwood Staffing

1505 Market St, Camp Hill Hours: M-F 8am to 5pm
www.elwoodstaffing.com/ (717) 737-5001

Drexel Group

1832 Market St, Camp Hill Hours: M-F 8am to 5pm
www.thedrexelgroup.com/ (717) 730-9841

Staffing Associates

1520 Market St, Camp Hill Hours: M-F 8am to 5pm
Email: camphill@jfcstaffing.com (717) 761-8095
jfcstaffing.com/

Kelly Services

3045 Market St, Suite A, Camp Hill Hours: M-F 8am to 5pm
Email: 51X3@kellyservices.com (717) 737-6738
www.kellyservices.us/?tid=locallistings

Staffing Service USA

3512 Trindle Rd, Camp Hill (717) 745-0302

Carlisle:

PA Career Link Cumberland County

- Provides numerous services to persons seeking employment including skill assessments, internet job search, resume services, veterans' assistance, & career guidance
- Job mailing lists & other supportive services are available

1 Alexandra Court, Carlisle Hours: M-F 8:30am to 4:30pm
www.jobgateway.pa.gov/iponline/Admin/Common/Portal.aspx (717) 243-4431

Cumberland County Assistance Office

- Some emergency funds are available for very low income only
- Provides SNAP (food stamps) and medical insurance help to eligible residents
- Emergency rent assistance is also available for eligible residents (Emergency Shelter Allowance)
- Assistance w/ heating bills is offered in November (LIHEAP)

33 Westminster Dr, Carlisle Hours: M-F 8am to 4:30pm
www.dhs.pa.gov/ (717) 240-2700
(800) 269-0173

Employment Skills Center

Programs include:

- Adult Basic Education, GED prep & testing, Adult Literacy Program, ESL
- Job-Readiness & Employability Skills Training, Life Management Skills Workshops
- Nurse Aide Training (CNA Classes), Forklift training, Workforce development

29 S Hanover St, Carlisle Hours: M-Th 8:30am to 4:30pm
employmentskillscenter.org/ (717) 243-6040

ResCare Workforce Services (formally ARBOR, Teen Works)

- Serves teens ages 16-21 who are out of school and unemployed or underemployed
Services offered: GED & literacy classes, job search & placement help, college prep, help with drug and alcohol, housing, personal relationships, re-entry and other transition problems

401 E Louthier St, Carlisle (717) 245-2785
www.rescare.com/workforceservices/

Cumberland County Housing and Redevelopment Authority (HUD)

- Manages HUD's Section 8 Housing Choice Voucher and Homeless and Special Needs Programs
- There is a computer available in the lobby for use in completing the application
- You are responsible for finding your own housing

114 N Hanover St, Carlisle Hours: M, Tu, Th, F 8am to 4:30pm
www.cchra.com Closed Wed (717) 249-1315
(866) 683-5907

Family Public Housing

- Offers affordable housing based on income to County residents
- Applications for another housing program, Carlisle Opportunity Homes is also located at this site. Their program provides homes to residents in Carlisle & Mt. Holly Springs
- Also may apply to their homeownership program

60 W Penn St, Carlisle Hours: M, Tu, Th, F 8am to 4:30pm
cchra.com/property/featured/public-housing Closed Wed
(717) 245-0516

Neighbors in Christ - First Presbyterian Church

- Provides limited emergency help such as shelter, rent, Adams electric, food, & clothing services to persons living in the Big Spring School District

Documents Needed:

1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
2. Proof of S.S. #'s of all in household or medical card
3. Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, County Assistance note/medical card, unemployment benefits, alimony, etc.
4. Eviction &/or magistrate notice if behind on rent
5. If need utility/bill help, bring recent proof of them w/in 30 days
6. Reason(s) why you need help like a written medical, temporary housing, and/or other high bill proof to determine your monthly household expenses

111 Big Spring Ave, Newville Hours: Sat 9am to 10am
samaritanfellowship.org/services/applying-for-assistance/ (717) 385-1053

Mt. Holly Springs

Chestnut Commons

- HUD subsidized one-bedroom apartments for the elderly 62+ and/or handicapped
324 Chestnut St, Mt Holly Springs (717) 249-3484
cchra.com/property/featured/chestnut-commons

New Cumberland

- Historic Iroquois Hotel Senior Apartments
- One bedroom units for the elderly 62+. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply
200 Third St, New Cumberland (717) 774-4500
cchra.com/property/featured/iroquois-hotel

Newville

Mountain View Apartments

- USDA Rural Housing subsidized one-bedroom apartments designed for the elderly 62+ and/or persons handicapped
91 Doubling Gap Rd, Newville (717) 776-3292
cchra.com/property/featured/mountain-view

Shippensburg

Episcopal Square

- Provides one bedroom & efficiency housing to low income elderly & disabled persons
101 N Prince St, Shippensburg (717) 530-1277
www.lowincomehousing.us/det/17257-1348-episcopal_square_apartments

Shippen House

- 1 bedroom apartments for individuals 62+ years old
19 Holler Ave, Shippensburg Hours: M, Wed 9am to 5pm
shippenhouseapartments.com/ F 9am to 3pm
(717) 532-7885

Assistance: HUD, rent, security deposit, etc.

Cumberland County Homeless Assistance Program

- Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future
20 N Hanover St, Suite 300, Carlisle Hours: M-F 8am to 4:30pm
www.ccpa.net/226/Homeless-Assistance-Program Last names A-I: (717) 240-6117
Last names J-Z: (717) 240-6112

Social Security Administration

- Apply here for any federal disability/retirement income
- Get income disability/SS# proof
200 S Spring Garden St, Carlisle Hours: M-F 8am to 4pm
www.ssa.gov/ (717) 243-0085
(866) 635-0507

Veteran's Affairs

- Information/referral services to veterans & their families
20 N Hanover St, Suite 103, Carlisle Hours: M-F 8am to 4pm
www.va.gov/ (717) 240-6178
www.ccpa.net/130/Veterans-Affairs (888) 697-0371 ext. 6178

MARANATHA (Financial Counseling Services)

- Provides financial guidance for those unable to pay their bills for themselves
- Help establish a budget that takes care of priority needs such as shelter, utilities, medication, and personal needs
- Depending on the situation, we become the representative payee, fiduciary, or financial custodian and use the client's income to pay the bills for them so they have peace of mind and financial stability
- Offer a financial literacy program that teaches the basics such as budgeting, balancing a checkbook, etc. and provides a mentor to help apply concepts taught in the program
20 N Hanover St, Suite 202, Carlisle Hours: Tu, Wed, Th 9am to 3pm
www.maranatha-carlisle.org (717) 258-1000

Cyberspace

- Computer/internet community resource center
219 N Hanover St, Carlisle Hours: Tu-Sat 1pm to 5pm
(717) 249-7267

Sustainable Employment Reentrants Program (SERP)

- Individuals who have been incarcerated will participate in HACC's Step Program and job placement upon completion

Hope Station

- 149 W Penn St, Carlisle, PA Hours: M-F 8am to 4:30pm
(717) 249-0036
(717) 249-5144
Fax #249-5228

Temporary Agencies

Abacus Staffing

19 S Hanover St, Carlisle (717) 251-1877
www.abacuscorporation.com/

Elwood Staffing

1909 Ritner Highway, Suite 1, Carlisle Hours: M-F 8am to 5pm
www.elwoodstaffing.com/ (717) 218-5011

JFC Staffing Associates

101 High St Carlisle Hours: M-F 8am to 5pm
jfcstaffing.com/ (717) 243-4475

Manpower

950 Walnut Bottom Rd, Suite 7, Carlisle (717) 258-1945
www.manpower.com/

Integrity Staffing Solutions

675 Allen Rd, Carlisle (717) 601-2777
www.integritystaffing.com/

Prologistix

1 Alexander Court, Carlisle (717) 558-0450
www.prologistix.com/

Spherion

401 E Louthier St, Ent 2 Suite 306, Carlisle (717) 651-1200
www.spherion.com/

Staffmark

80 S Middlesex Rd, Carlisle (717) 960-1623
www.staffmark.com/home/

Staff Management

400 Park Dr, Carlisle (717) 486-3630
www.staffmanagement.com/

SURGE Staffing

200 S Spring Garden St, Carlisle (717) 506-5008
surgestaffing.com/index.php

Lemoyne

Essex House

- Offers studios, one & two bedroom apartments for the elderly

20 N 12th St, Lemoyne Hours: M-Sun 7:30am to 7:30pm
www.holidaytouch.com/our-communities/essex-house (717) 730-7302

Mechanicsburg

Co Apartments

- HUD subsidized one-bedroom apartments for the elderly 62+ and/or handicapped

26 N Market St, Mechanicsburg (717) 766-1633
cchra.com/property/featured/cumberland-county-american-house

Bethany Towers

- HUD subsidized one-bedroom apartments for elderly persons and/or handicapped

335 Wesley Dr, Mechanicsburg (717) 766-7698
www.lowincomehousing.us/det/17055-3565-bethany_towers

Brethren House

- HUD subsidized one bedroom, loft style apartments for individuals with behavioral health disabilities

51 W Simpson St, Mechanicsburg (717) 791-6200
cchra.com/property/featured/brethren-house

Meadowood Apartments

- Rural Housing Service subsidized one-bedroom apartments for elderly, handicapped and disabled

1051 Allendale Rd, Mechanicsburg (717) 697-9517
www.liveatmeadowoodapt.com/

Silver Spring Gardens

- One and two bedroom apartments for income qualified individuals 62+ years old

64 Ashburg Dr, Mechanicsburg (717) 591-1918
www.presbyterianseniorliving.org/silver-spring-gardens

Silver Spring Courtyards

- 1 and 2 bedroom units for individuals 55+ years old; min and max income limits

43 Ashburg Dr, Suite 23, Mechanicsburg (717) 591-1413
www.presbyterianseniorliving.org/silver-spring-courtyards

Two West Penn

- HUD subsidized one bedroom and efficiencies for elderly 50+ and/or disabled
- 2 W Penn St, Carlisle Hours: Tu, Th 7am to 3pm
cchra.com/property/featured/two-west-penn (717) 249-3484

Valley Ridge Apartments

- HUD subsidized one bedroom and efficiencies for elderly 62+ and/or disabled individuals
- 371 Army Heritage Dr, Carlisle (717) 258-9317
cchra.com/property/featured/valley-ridge

The Arc of Cumberland & Perry Counties

- Provides a variety of community living opportunities for adults with intellectual disabilities
- 71 Ashland Ave, Carlisle (717) 249-2611
www.cparc.org/residential-services

Merakey (NHS)

- Provides residential living options, case/care management, and therapeutic services for individuals with disabilities
- 33 State Ave, Carlisle (717)243-6033
www.merakey.org/services-behavioral-health.html (888) 647-0020

Enola

Enola Chapel

- HUD subsidized units for individuals who are homeless with behavioral health disabilities
- 400 S Enola Dr, Enola (717) 732-1740
cchra.com/property/featured/enola-chapel

Enola Commons Senior Apartments

- 1 and 2 bedroom apartments for persons 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8
- 16 S Enola Dr, Enola (717) 732-2811
cchra.com/property/featured/enola-commons

Round House View Apartments

- HUD subsidized one bedroom units for elderly 62+ and/or disabled
- 21 Susquehanna Ave, Enola (717) 732-0622
cchra.com/property/featured/roundhouse-view

Enola:

Tri County Community Action (TCCA)

- Works with Cumberland County residents to gain economic success
- 125 N Enola Dr, Enola (717) 732-1944
www.cactricounty.org/

New Hope Ministries

- Trainings/Classes offered:
 - Job Junction (get help to build a resume, job search, and with job applications)
 - Forklift - CDL Class A
 - Nursing Assistant - Welding
 - CDA - Rise up
 - HVAC - Logistics/Warehouse
 - Precision Machining - GED class
 - Dollars & Sense (Financial Literacy class) - Soft Skills
 - Job Interview Workshop
- 110 Altoona Ave, Enola (717) 996-9006

Temporary Agencies

Manpower

- 433 N Enola Rd, Enola (717) 540-6000
www.manpower.com/

Harrisburg:

PA CareerLink Capitol Region

- Provides numerous services to persons seeking employment including skill assessments, internet job search, resume services, veterans' assistance, & career guidance. Job mailing lists & other supportive services are available
- 100 N Cameron St, Harrisburg Hours: M-F 8am to 4:30pm
www.pacareerlink.pa.gov/PaCareerLink/Index.htm (717) 783-3270

Office of Vocational Rehabilitation (OVR)

- OVR provides vocational rehabilitation services to help persons with *disabilities* prepare for, obtain or maintain employment
- Services are provided on an individual basis
- The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services, and service providers
- Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual
- Referrals to OVR can be made by agencies, schools, clergy, hospitals, families or any interested individuals

555 Walnut St, 8th Floor, Harrisburg Hours: M-F 8am to 4:30pm
www.worksforme-pa.org/ (717) 787-7834
www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/default.aspx (800) 442-6352

Social Security Administration

- Apply here for any federal disability/retirement income
- get income disability/SS# proof

555 Walnut St, Harrisburg Hours: M-F 8am to 4pm
www.ssa.gov/ (717) 782-3400
www.ccpa.net/Faq.aspx?QID=269

Temporary Agencies

Abel Personnel

3356 Paxton St, Harrisburg
Email: info@abelpersonnel.com (717) 561-2222
www.abelpersonnel.com/job-seekers/

Addeco Staffing

4811 Jonestown Rd, Suite 127, Harrisburg Hours: M-F 7:30am to 5:30pm
www.adeccousa.com/ (717) 526-7887

Elwood Staffing

4812 Jonestown Rd, Harrisburg, PA Hours: M-F 8am to 5pm
www.elwoodstaffing.com/ (717) 409-8901

JFC Staffing Associates

3350 Paxton St, Suite B, Harrisburg Hours: M-F 8am to 5pm
www.jfcstaffing.com/harrisburg-jobs.cfm (717) 657-4923

Permanent Rentals: Elderly, Handicapped, Disabled-HUD/Income Based

Camp Hill

Mallard Run Apartments

- One & two bedroom apartments to low income individuals & couples who are elderly 62+ and/or disabled

820 Lisburn Rd, Camp Hill Hours: M-F 9am to 5pm
www.rentalhousingdeals.com/PA/Camp-Hill/Mallard-Run (717) 761-5414

Susquehanna View Apartments

- 1 bedroom units for individuals 62+ years of age; handicapped/disabled

208 Senate Ave, Camp Hill (717) 763-1184
hdcweb.com/susquehanna-view-apartments/

Crossroads Apartments

- 2 and 3 bedroom units with handicap accessibility and for people with hearing/vision impairments

2121 & 2141 Cedar Run Dr, Camp Hill (717) 635-9780
cchra.com/property/featured/crossroads-apartments

Carlisle

East Gate Apartments

- One bedroom apartments for individuals 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8

35 E Gate Dr, Carlisle (717) 249-9800
www.lowincomehousing.us/det/east_gate_apartments-17015

Historic Molly Pitcher Senior Apartments

- One and two bedroom units for elderly 62+ years old. Below market rates. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply

13 S. Hanover St, Carlisle Hours: Wed 2pm to 3:30pm
cchra.com/property/featured/molly-pitcher (by appointment)
(717) 249-9800

One West Penn

- HUD Subsidized one bedroom units for elderly 62+ years old/ or disabled

1 W Penn St, Carlisle Hours: M-F 8am to 4:30 pm
cchra.com/property/featured/one-west-penn (717) 249-7797

Penn School Apartments

- One-bedroom apartments for elderly, handicapped or disabled

121 N Bedford St, Carlisle (717) 243-8555

Cumberland Pointe

• 3 and 4 bedroom units; accepts rental assistance
1252 Rocky Rd, Mechanicsburg (717) 697-7200
www.apartments.com/cumberland-pointe-mechanicsburg-pa/rifym83/

Roth Village

• 2 and 3 bedroom units; accepts rental assistance
62 Village Court, Mechanicsburg (717) 732-7006
www.apartments.com/roth-village-mechanicsburg-pa/j43sz97/

Mt. Holly Springs

Pine Ridge Estates

• One & two bedroom apartments for families or individuals
7 Pine Rd, Mt Holly Springs (717) 486-4063
www.apartments.com/pine-ridge-estates-mount-holly-springs-pa/d8zweyji/

Shippensburg

Cottages of Shippensburg

• Offers two bedroom cottages to individuals with a maximum income limit based on number of people in household
300 Dwelling Court, Shippensburg Hours: M-F 9am to 5pm
cottagesofshippensburg.com/overview/ Sat (by appointment)
(717) 530-1573

Farmington Manor

• 3 and 4 bedroom units; accepts rental assistance
353 Farmington Dr, Shippensburg (717) 532-3444
www.lowincomehousing.us/det/farmington_manor-17257

New Visions

• Shared housing; serves behavioral health population only
7 E Orange St, Shippensburg (717) 532-4233
www.new-visions.org/services/index.html

Roxbury Ridge

• 1, 2 and 3 bedroom units; pets allowed
100 Meadow Dr, Shippensburg 17257 (717) 532-9425
roxburyridge.rentpmi.com/

Leymone:

Rural Opportunities, Inc.

• Provides employment & training opportunities for seasonal & migrant workers
1300 Market St, Lemoyne (717) 731-8120

New Hope Ministries

• Trainings/Classes offered:
- Job Junction (get help to build a resume, job search, and with job applications)
- Forklift - CDL Class A
- Nursing Assistant - Welding
- CDA - Rise up
- HVAC - Logistics/Warehouse
- Precision Machining - GED class
- Dollars & Sense (Financial Literacy class) - Soft Skills
- Job Interview Workshop
701 Bosler Ave, Lemoyne (717) 774-6255

Temporary Agencies

Abel Personnel

1300 Market St, Suite 2, Lemoyne
Email: jobs@abelpersonnel.com (717) 761-8111
www.abelpersonnel.com/job-seekers/

Keystone Staffing

360 Market St, Lemoyne
Email: careers@keystonestaffinginc.com (717) 761-5860
www.keystonestaffingllc.com/

REM

840 Market St #158, Lemoyne Hours: M-F 8am to 4pm
theremcompanies.com/ (717) 920-8727

Signature Staffing

814 Market St, Lemoyne Hours: M-F 8am to 5pm
www.signaturestaffing.net/ (717) 731-8777

Mechanicsburg:

New Hope Ministries

- Trainings/Classes offered:
 - Job Junction (get help to build a resume, job search, and with job applications)
 - Forklift
 - Nursing Assistant
 - CDA
 - HVAC
 - Precision Machining
 - Dollars & Sense (Financial Literacy class)
 - Job Interview Workshop
 - CDL Class A
 - Welding
 - Rise up
 - Logistics/Warehouse
 - GED class
 - Soft Skills
- 5228 E Trindle Rd, Mechanicsburg (717) 766-7333

-WestRock

- There are some assessments that applicants must complete – go to website
- 53 Commerce Dr, Mechanicsburg (610) 842-3296
www.westrock.com/careers

Temporary Agencies

MDT Personnel

940 Century Dr, Mechanicsburg Hours: M-F 5:30am to 6pm
(717) 691-6801

Olsten Staffing Services

4750 Carlisle Pike, Mechanicsburg (717) 731-6100
olsten.com/Pages/default.aspx

Career Services Group

176 Cumberland Pkwy, Mechanicsburg (717) 691-1129

Robert Half Staffing Agency

4999 Louise Dr, Mechanicsburg (717) 836-1252
roberthalf.com/locations/pennsylvania

Shippensburg:

Axiom Staffing Group

202 S Conestoga Dr, Shippensburg (717) 300-7040
www.axiomstaffing.com/

Tri County Community Action (TCCA)

- Works with Cumberland County residents to gain economic success
- 130 S Penn St, Shippensburg (717) 532-8611
www.cactricounty.org/

Carlisle Park Apartments

- 1 and 2 bedroom units; accepts rental assistance
- 525 Third St, Carlisle Hours: M-F 9:30am to 6pm
(717) 484-8199
www.rentcarlislepark.com/?utm_source=EntrataSEO&utm_medium=organic

Elwood Gardens

- 1 and 2 bedroom units; accepts rental assistance
- 121 W Ridge St, Carlisle (717) 249-1257
www.garnetmanagement.com/elwood_gardens_apartments

Louther Place

- 1 bedroom units; accepts rental assistance
- 63 W Louther St, Carlisle (717) 240-2654

Hamilton Commons

322 South Hanover St, Carlisle (717) 243-8555
www.apartmentsincarlisle.com/hamilton-commons.html

Carlisle Supportive Housing Program

- 1 bedroom units for behavioral health and substance abuse population only
- 152-154 N Pitt St, Carlisle (717) 249-0789 Ext. 147

Enola

Enola Chapel Apartments

- Efficiency units serving the homeless and behavioral health population only
- 400 S Enola Dr, Enola (717) 732-1740
cchra.com/property/featured/enola-chapel

Mechanicsburg

Geneva Green Apartments

- No minimum age; 2 and 3 bedroom apartments for families; accepts Section 8
- 500 Geneva Dr, Mechanicsburg (717) 691-8620
www.coniferliving.com/properties/entry/view/60-geneva-greens-apartments

Belle Terre

- 1 and 2 bedroom units; accepts rental assistance
- 613-A Geneva Dr, Mechanicsburg (717) 697-6009

Camp Hill

Crossroads Apartments

- Two and three bedroom apartments. General Occupancy. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply
- 2121 & 2141 Cedar Run Dr, Camp Hill (717) 635-9780
cchra.com/property/featured/crossroads-apartments

Orchard Apartments

- Offers one & two bedroom low income housing units to families and individuals
- 2204 Cedar Run Dr Ext, Camp Hill (717) 763-0937
www.apartments.com/orchard-apartments-camp-hill-pa/0jkdb83/

Marshall Square/West Creek Apartments

- 2 bedroom units only; accepts rental assistance
- 6 Marshall Dr, Camp Hill (717) 732-1553
www.triplecrowncorp.com/company/locations/marshall-square/

Carlisle

Family Public Housing

- Offers affordable housing based on income to County residents
- 60 W Penn St, Carlisle Hours: M-F 8am to 4pm
 (717) 245-0516
cchra.com/property/featured/public-housing

Pheasant Run Estates

- One, two, and three bedroom affordable apartments
- 1824 Sterrets Gap Rd, Carlisle (717) 249-3939
www.pheasantrunproperties.com/index.html

James Wilson Safe Harbour

- Permanent Housing-Single Room Occupancy (S.R.O.) is available for single individuals who have successfully completed Safe Harbour's Transitional Housing Program
 - Offers Permanent Housing (S.R.O.) at 3 facilities in Cumberland County
 - 14 rooms are available in the James Wilson Facility
 - 5 apartments are available at the James Wilson House in downtown Carlisle
 - 5 apartments at the Harbour Place, located on West St
- 102 W High St, Carlisle Hours: M-F 9am to 4:30pm
 (717) 249-2200
safeharbour.org/

Newville

The Launch Pad

- Male between the ages of 18-23
 - Referred by county caseworker, JPO, child advocate, or court order
 - Capable and motivated to live independently & work full time
 - Not convicted of any adult felonies
 - Not in need of intensive psychiatric or D&A treatment
 - Has not been in an inpatient facility within the past 6 months
- 31 East Main Street, Newville (717) 422-8385

Food



Camp Hill:

Tapestry of Health (WIC)

- Provides food vouchers/nutrition education to low income children & pregnant women
- 3461 Market St Suite 302, Camp Hill Hours: M 10am to 6pm
 Email: TapestryofHealthWIC@fhccp.org Tu, Wed 8am to 4pm
 (717) 243-0523
www.tapestryofhealth.org

Christian Life Assembly Food Bank

- 2645 Lisburn Rd, Camp Hill Hours: 9am to 12pm
 (717) 737-6560
clacamphill.com/ Every 2nd Tu

Carlisle:

Cumberland County Assistance Office (SNAP food stamps)

- 33 Westminster Dr, Carlisle Hours: M-F 8:30am to 5pm
 (717) 240-2700
www.dhs.pa.gov/

CC Aging and Community Services

- Provides information/referral services to persons over age 60
- 1100 Claremont Rd, Carlisle Hours: M-F 8am to 4:30pm
 (717) 240-6110
www.ccpa.net/aging

Penn State Extension Nutrition Links Program

- Free nutrition education for low income families with children 20 and under
- 310 Allen Rd, Suite 601, Carlisle (717) 240-6548
extension.psu.edu/nutrition-links

The Salvation Army

- Food and social service outreach to the needy/homeless
- Hours:

- Breakfast (for the homeless only):** M-F 8:30am - 9am
Daily meals: located at Rear of 127 S Hanover St M-F 4:30pm to 5:30pm
 Sat 12pm to 1pm
 Sun 5pm to 6pm

- Social Services Office:** 20 E Pomfret St, Carlisle (717) 249-1411
pa.salvationarmy.org/Carlisle

Tapestry of Health (WIC)

- Provides food vouchers/nutrition education to low income children & pregnant women

3461 Market St Suite 302, Camp Hill Hours: M 10am to 6pm
Email: TapestryofHealthWIC@fhccp.org Tu, Wed, F 8am to 4pm
www.tapestryofhealth.org (717) 243-0523

Farm Stand

- Free produce and bread every week *except* Distribution Week (3rd Thursday)

123 Lincoln St (N Pitt & Lincoln), Carlisle Hours: Tu 3pm to 5pm
projectsharepa.org/farm-stand/ Th 12pm to 2pm
(717) 249-7773

Project SHARE

- Provides food; serving Carlisle, Mt. Holly Springs, Boiling Springs, Gardners, Plainfield, Middlesex, and New Kingston

5 N Orange St, Suite 4, Carlisle
Distribution is during 3rd week of the month:
projectsharepa.org/distribution/

Hours: Tu 12pm to 2pm
Wed, Sat 9am to 11am
Th 3:30pm to 5:30pm
(717) 249-7773

Enola:

River of God Church (New Hope Ministries)

747 Wertzville Rd, Enola Food Pantry Hours:
3rd Sat 10am to 11am
(717) 766-7333

Lemoyne:

New Hope Ministries

701 Bosler Ave, Lemoyne Food Pantry Hours (by appointment):
M- F 9am to 4pm
1st Th 6:30pm to 8:30pm
3rd, 4th Th 7pm to 9pm
Sat (no 5th Sat) 10am to 12pm
(717) 774-6255

Mechanicsburg:

New Hope Ministries

5228 E Trindle Rd, Mechanicsburg Food Pantry Hours (by appointment):
M-F 9am to 4pm
Tu, Th 7pm to 9pm
Tu (no 5th Tu, Th) 4pm to 6pm
Sat (no 5th Sat) 10am to 12pm
(717) 766-7333

The Salvation Army – Harrisburg Adult Rehabilitation Center

- Substance abuse residential housing, work, and group and individual therapy
- 3650 Vartan Way, Harrisburg (717) 541-0203
pendel.salvationarmy.org/easternpa/rehabilitation-centers

Rooms for Rent

Carlisle

Harvon Motel

851 N Hanover St, Carlisle (717) 243-3113

Pike Motel

1121 Harrisburg Pike, Carlisle (717) 249-3120

Harrisburg

YMCA

701 N Front St, Harrisburg (717) 232-9622
www.ymaharrisburg.org/eastshore/education-and-leadership/housing-and-homelessness/

Mechanicsburg

Colony House

125 W Main St, Mechanicsburg (717) 691-3131
www.thecolonyhouse.net

New Kingstown

Cumberland Valley Motel

4 E Main St, New Kingstown (717) 766-3779
www.visitcumberlandvalley.com/listing/cumberland-valley-motel/2667/

Permanent Rentals: HUD/Income Based

PA Affordable Apartment Locator

www.ccpa.net/226/Homeless-Assistance-Program

Boiling Springs

Plaza Apartments

- Offers one & two bedroom low income housing units to families & individuals
- 297 Plaza Dr, Boiling Springs (behind Karns store) (717) 258-8387
www.lowincomehousing.us/PA/boiling_springs.html

New Hope Ministries

- Referral assistance can be given to guests to apply to: PA American Water Co. and utility bill (Met Ed, Penelec electric help for the CAP Program and Operation HELP, PPL)
- COMPASS access to apply for/renew: health care coverage, SNAP Program (food stamps, cash assistance, medical)
- Classes Offered:
 - Dollars & Sense (Financial Literacy class) - GED class
 - Cooking classes - Know Your Credit Score
 - Soft Skills - Job Interview Workshop
 - Job Junction (get help to build a resume, job search, and with job applications)
- Job Fair - 4th Wednesday of each month
- Training Programs:
 - Nurse Aide - Forklift and CDL (Class A)
 - Welding - HVAC
 - CDA - Rise Up
 - Logistics/Warehouse and Precision Machining - NA

Transitional:

Genesis House – The Salvation Army (Men only)

- 6 month transitional housing for single men (Ages 18+). Application process. Monthly rent of \$450 (includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer) plus \$225 security deposit

Rear of 127 S Hanover St, Carlisle Call 2-1-1
rochesterny.salvationarmy.org/Empire_RochesterNY/geneshouse

James Wilson Safe Harbour

- Provides transitional housing to persons according to their income, who need more long term care than a shelter provides
- Max stay is 12 months
- Permanent rental housing on site is available to single adults

102 W High St, Carlisle Hours: M-F 9am- 4:30pm
safeharbour.org/ (717) 249-2200

Stuart House – Salvation Army (Female only)

- Single Room Occupancy for:
 1. A single homeless or near-homeless female who is 18 or older
 2. A single homeless or near-homeless female with up to three children in her custody
 3. A homeless or near-homeless adult-only, two-female family unit
- Monthly rent ranging from \$500-\$600, depending on room size (includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer plus security deposit equal to half a month's rent)

Call 2-1-1

Mt. Holly Springs:

Mt. Holly Springs Food Bank

- Must reside in Mt. Holly Springs, Gardners, or Boiling Springs area. Please bring photo ID and a bill with current address within last 30 days

202 W Butler St, Mt Holly Springs Hours: Tu 12pm to 2pm
<http://www.mthollyspringsumc.org/> (717) 486-4883

New Cumberland:

The Bridge Food Pantry

Geary Ave, New Cumberland Hours: 2pm to 4:30pm
www.ccuahbg.org/ 2nd Wed (717) 774-6255

Newville:

Big Spring Area Food Bank

Big Spring United Lutheran Church,
101 Crossroad School Rd, Newville Hours: 9am to 11am
www.bsulc.org/ Last Mon of month
(or Mon before a holiday)
(717) 422-4603

Shippensburg:

The King's Kettle Food Pantry

30 N Fayette St, Shippensburg Hours: 5pm to 6:30pm
www.princestreetchurch.com/ 1st, 2nd, 3rd Tu (717) 530-9200

Shippensburg Produce and Outreach

130 S Penn St, Shippensburg Hours: Tu 4pm to 6pm
www.shipout.org/ (717) 477-9100

Oasis of Love Church

- Provides emergency food throughout the year

303 S Washington St, Shippensburg Hours: M, Th 11am to 2pm
www.oasisoflove.net/ (717) 532-5112

Wormleysburg:

Cornerstone Assembly: Five Loaves Food Pantry

32 S Front St, Wormleysburg Hours: 10am to 12pm
3rd Sat (717) 737-1903

Housing



Online Housing Search

www.pahousingsearch.com/

Homeless:

- Call 2-1-1 or 1-855-567-5341 toll-free for information, screening and referral. You can also contact Connect to Home by texting your zip code to 898-211 or by visiting the Connect to Home Access Site.

Community CARES

50 W Penn St, Carlisle

www.carlislecares.org

CONTACT HELPLINE – 717-249-6226/717-652-4400/800-932-4616 - A 24-hour hotline that provides information & referral services about numerous social service programs offered in Cumberland, Dauphin & Perry counties.

Cumberland County Homeless Assistance Program

- Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future

20 N Hanover St, Suite 300, Carlisle

www.ccpa.net/226/Homeless-Assistance-Program

Hours: M-F 8am to 4:30pm

Last name A-M: (717) 240-6117

Patrice Pickering

Last name N-Z: (717) 240-6112

Kellie Crawford

24 Hr / Overnight Shelters: Call 211

Community CARES

- Provides temporary night-time emergency shelter at local churches on a rotating basis for adults and families

50 W Penn St, Carlisle

(717) 249-1009

www.carlislecares.org

Domestic Violence Services

- 24 hour emergency crisis or shelter services - Offers emergency shelter, counseling & legal services to victims of domestic violence

Carlisle

(717) 258-4249

www.dvscp.org/

(800) 852-2102 or 911

Genesis House – The Salvation Army (Men only)

Rear of 127 S Hanover St, Carlisle

Hours:

8am to 4pm

rochesterny.salvationarmy.org/Empire_RochesterNY/geneshouse (717) 249-1411

Short-Term Emergency Shelters: Call 211

Family Promise of Harrisburg Capital Region

- Network of congregations providing overnight shelter and supporting families
- 2-3 month shelter for families (with children or pregnant)
- Must call to apply

56 Erford Rd, Camp Hill

(717) 737-1100

www.familypromisehcr.org

James Wilson Emergency Shelter (Open 24 hours)

- Provides short-term emergency housing for single women & couples and/or individuals with kids
- Max stay of 90 days
- Must meet low-income criteria and have a history of residence in Cumberland County
- Requires a criminal background check through the Carlisle Police Department and to be free of drugs and alcohol prior to acceptance

102 W High St, Carlisle

(717) 249-2200

safeharbour.org/

Neighbors in Christ - First Presbyterian Church

- Provides limited emergency help such as shelter, rent, Adams electric, food, & clothing services to persons living in the Big Spring School District

Documents Needed:

1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
2. Proof of S.S. #'s of all in household or medical card
3. Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, County Assistance note/medical card, unemployment benefits, alimony, etc.
4. Eviction &/or magistrate notice if behind on rent.
If need utility/bill help, bring recent proof of them w/in 30 days
5. Reason(s) why you need help like a written medical, temporary housing, and/or other high bill proof to determine your monthly household expenses

111 Big Spring Ave, Newville

Hours: Sat

9am to 10am

nepa211.org/

(717) 385-1053

samaritanfellowship.org/services/applying-for-assistance/