

Call to schedule appointment. Help with food, clothing, bus tickets, gas cards, personal care items, and household items.

Salvation Army/Social Service Office

102 W. High St., Carlisle 717-249-2200

Safe Harbour – James Wilson Emergency Shelter (open 24 hours)

M—F 7am to 6pm; Sat & Sun 9am to 6pm

Camp Hill 717-737-1100

Family Promise of Harrisburg Capital Region

Open 24-hours 800-852-2102 or 911

Carlisle 717-258-4249

legal services to victims of domestic violence

offers emergency shelter, counseling and

Emergency crisis or shelter services –

Domestic Violence Services

Alcohol/Drug Disorder Support & Treatment

Alcoholics Anonymous www.aaharrisburg.org

Cumberland/Perry Drug & Alcohol Commission

866-240-6300 or 717-240-6300

16 W High St., Carlisle M—F 8am to 4:30pm

Diakon Family Life Services – outpatient programs

960 Century Dr., Mechanicsburg 717-795-0330

Gaudenzia West Shore – outpatient programs

4740 Delbrook Rd., Mechanicsburg 717-766-8517

Mazzitti & Sullivan – outpatient programs

5021 E Trindle Rd., Mechanicsburg 717-590-7607

Narcotics Anonymous <http://casna.info/>

New Insights – outpatient programs

716 State St., Lemoyne 717-303-2035

PA Counseling Services – outpatient programs

1 Greystone Rd., Carlisle 717-245-9525

Roxbury (Minerva Mills Bldg) – outpatient programs

401 E. Louther St., Suite 13, Carlisle 717-249-5010



Health Services

Penn State Health

Hampden Medical Center

2200 Good Hope Road, Enola 717-981-9000

Holy Spirit Medical Center — hospital

503 N 21st St., Camp Hill 717-763-2100

Sadler Health Center – community health clinic

100 N Hanover St., Carlisle 717-218-6670

M, T & F 8am-5pm; W 9am-5pm and Th 8am-7:30pm

5210 E. Trindle Rd., Mechanicsburg 717-218-6670

M—F 8am-5pm; W 9am-5pm

State Health Center – community health clinic

431 E North St., Carlisle 717-243-5151

M—F 8am to 4:30pm

UPMC Carlisle – hospital

5 Sprint Dr., Carlisle 717-241-3010

UPMC West Shore – hospital

1995 Technology Parkway, Mechanicsburg

717-791-2600

Housing & Homeless Services



Community CARES

www.pennsylvaniasoc.org/connecttohome

code to 898-211 or by visiting the Connect to Home website.

referral. You can contact Connect to Home by texting your zip

Call 2-1-1 or 1-855-567-5341 toll-free for information, screening and

Provides Temporary night-time emergency shelter for adults

& families. 211 Access Center

7am to 6:30pm

Carlisle - 50 W. Penn Street

Shippensburg (Shipp. Family Center) - 206 E. Burd St.

Street Outreach 717-448-8850

Cumberland County Housing & Redevelopment

Authority 114 N. Hanover St., Carlisle

717-249-1315

M—F 8am to 4pm

www.cchra.com

Cumberland County Homeless Assistance Program

M—F 8am to 4:30pm

rentalassistance@cumberlandcounty.pa.gov



Mental Health Services

Crisis Intervention

Camp Hill 717-763-2222
Carlisle 717-243-6005
Cumberland County 866-350-HELP (4357)

Walk-in Crisis Services

UPMC Carlisle Hospital

361 Alexander Spring Road, Carlisle 717-243-6005

Cumberland County Mental Health Services

1615 Ritner Hwy, Carlisle

866-240-6320 or 717-240-6320

M—F 8am to 4:30pm

Merakey

33 State Ave, Carlisle 717-243-6033

Toll-free peer support line: 877-243-7153

Penn State Health Holy Spirit Medical Center

Behavioral Health Services

503 N. 21st St., Camp Hill 717-763-2228

Additional Services Available – Referrals to other assistance may be available upon intake.

Newville Big Spring Area Food Bank
101 Crossroad School Rd., Newville
717-422-4603
Last Mon of ea. month or Mon before holiday 9-11am

Oasis of Love Church – emergency food
303 S. Washington St., Shippensburg
M—Th 11:00am to 2:00pm

Project SHARE – food pantry
5 N. Orange St., Carlisle
717-249-7773
Distribution 3rd week of the month
Tu 12pm to 2pm; W—Sat 9am to 11am; Th 3:30 to 5:30pm

Salvation Army/My Brother's Table
127 S. Hanover St., Carlisle
717-249-1411
breakfast: M—F 8:30am to 9am
lunch: Sat 12pm to 1pm
dinner: M—F 4:30 to 5:30pm & Sun 5pm to 6pm

Shippensburg Produce Outreach (SPO) – Kate's Place
130 S. Penn St., Shippensburg
717-447-9100
Tu 3:30pm to 6pm

West Shore Center
701 Bosler Avenue, Lemoyne
717-774-6255

Food & Meals

For up-to-date information on Shippensburg food resources, go to <https://www.shippensburg.org/food>

Five Loaves Food Pantry
32 S. Front St., Wornieysburg
717-737-1903
3rd Sat 10am to 12pm

Grace Place - produce boxes
204 E. Burd St., Shippensburg
www.standrewsshippensburg.org
Tu 11am to 1pm

Mt Holly Springs Food Bank – food pantry
202 W. Butler St., Mt. Holly Springs
717-486-4883
T 12:00 to 2:00pm

New Hope Ministries – food pantry hours by appt
Enola—110 Altoona Ave
717-996-9006
Tu & Th and 2nd Sat 9am to 4pm

Lemoyne - 701 Bosler Ave
717-774-6255
M—F 9am to 4pm; 1st Th 6:30pm to 8:30pm;
3rd & 4th Th 7pm to 9 pm; Sat 10am to 12pm (no 5th Sat)

Mechanicsburg – 5228 E. Trindle Rd.
717-766-7333
M—F 9am to 4pm; Tu & Th 7pm to 9pm;
Sat 10am to 12pm (no 5th Tu, Th or Sat)

CUMBERLAND COUNTY Emergency Assistance Pocket Guide

● Shelter ● Meals ● Info

PA 2-1-1

Free Information & Referral Service

County-Wide

Phone: dial **2-1-1**

www.PA211.org

Texting available:

Cumberland County Assistance Office

(Cash Assistance, SNAP,
Medical Assistance, LIHEAP)

33 Westminster Dr., Carlisle

M—F: 7:45am to 5:00pm

717-240-2700 or 800-269-0173

www.compass.state.pa.us





Clothing

CommunityAid 717-412-7706

4833 Carlisle Pike, Mechanicsburg
Sat 9am to 9pm; Sun 11am to 6pm

Circle of Love (Hours by appt) 717-372-1112

Free Laundry Service—Classic Dry Cleaners

254 E High Street, Carlisle
Last Wed of the month Begins at 6pm, last load 7:45pm

Goodwill

1200 Market Street, Lemoyne 717-737-6134
M—Sat 9am to 5pm

Salvation Army Thrift Store

3901 E Trindle Road, Camp Hill 717-731-0576
M—Sat 9am-9pm
469 E North Street, Carlisle 717-706-3670
Tu, Th, F, Sat 10am-6pm

Trinity United Methodist Church

116 W Main St, Walnut Bottom 717-532-7606
2nd & 4th Wed; Sat 9am to 12pm



Driver's License & Identification

Department of Health Statistics & Registries

(for birth certificates: you will need to choose the state where you were born)

Online (\$30 + shipping)

<https://www.vitalchek.com/>

By Mail (\$20) – Division of Vital Records (for PA)
PO Box 1528, New Castle, PA 16103

PENNDOT Service Center

Stonehedge Square, 950 Walnut Bottom Road, Carlisle
800-932-4600
M—Sat 8:30am to 4:15pm

Social Security Card

(free replacement if lost or stolen)

200 S Spring Garden St, Carlisle 800-772-1213
M, Tu, Th, F 8:30am to 4pm; Wed 9am to 12pm
www.ssa.gov/onlineservices



Employment/ Training/Placement

PA CareerLink ®

40 Noble Blvd, Suite 12, Carlisle 717-243-4431
M—F 8:30am to 4:30pm

Employment Skills Center

29 S. Hanover St., Carlisle 717-243-6040
M—Th 8:30am to 4:30pm

Office of Vocational Rehabilitation

555 Walnut St., 8th Floor, Harrisburg 717-787-7834
M—F 8:30am to 4:30pm

Additional Services:

New Life Community Church

64 E. North Street, Carlisle 717-240-0060
M-Th 9am-5pm; F 9am-3pm;
Sun 9am-12pm; Closed Sat



Legal Services

Cumberland County Bar Association

800-990-9108 or 717-249-3166
Cumberlandbar.com

Mid Penn Legal Services

401 E Louthier St., Suite 103, Carlisle 800-326-9177 or
717-243-9400
M—F 8:30am to 4:30pm

PA Legal Aid Network

The Louse Brooklyn Bldg., 118 Locust St, Harrisburg
800-326-9177 or 717-243-9400

Pardon Project of Cumberland County

320 South Hanover St. Carlisle, PA 717-614-0130

Penn State Dickinson Law—Community Law Clinic

45 N. Pitt Street, Carlisle 717-243-2968



Parenting & Family Relations

Central PA Family Support Services — see Legal

Provides emotional and social support to families and youth
320 S Hanover St, Carlisle 717-614-0130

Community Connections for Children

701 Bosler Ave, Lemoyne 717-210-3335
ccc.forpa.org

Cumberland County Children & Youth

16 W High St, #200, Carlisle 717-249-6120

Cumberland County Domestic Relations (child support)

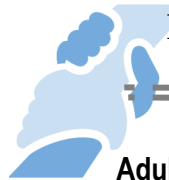
13 N Hanover St, Carlisle 717-240-6545 or
888-313-7284

Planned Parenthood

1514 N 2nd St, Harrisburg 717-234-2468

YWCA

Parent & Support Programs/Sexual Assault Counseling
301 G St, Carlisle 717-243-3818



Probation & Parole, Re-Entry & Supportive Services

Adult Probation

4 E. Liberty Ave, Carlisle 717-240-6255
M—F 8am to 4:30pm

Just for Today Recovery & Veterans Support Svcs

300 Market St, Lemoyne 717-695-6253

Rase Project

1200 Walnut Bottom Rd, 3rd Floor, Carlisle
M—F 9am to 5pm 717-249-6499

The Harbor of Shippensburg

55 W. King St, Shippensburg 717-860-3292

Tomorrow's Neighbors

64 E. North St., Carlisle 717-241-8375
www.tomorrowsneighbors.org

Tri County Community Action

123 N. Enola Dr., Enola ext. 201 or 203
130 S. Penn St, Shippensburg ext. 301



Transportation

Capital Area Transit (CAT)

<https://www.catttransit.com/> 717-238-8304

His Hands Auto Repair Ministry

730 N College St, Carlisle 717-258-5483
Tu—F 8am to 5pm; Sat 8am to 2pm

Life Cycle, New Life Community Church

64 E North St, Carlisle 717-240-0060
Tu, W & Th 10am to 2pm
www.newlifecommunity.us

rabbittransit - (free and reduced cost transportation application process)

415 Zarfoss Drive, York 800-632-9063 or
717-848-4853
Tu—F 8am to 5pm; Sat 8am to 2pm
<https://www.rabbittransit.org/>



Utility Assistance

Adams Electric—Neighbors in Christ

Project Helping Hand Sat 8:30-9:30am
Newville—First Presbyterian Church 111 Big Spring Ave.
Chambersburg—South Central Community Action Program
717-263-5060 ext. 252

Everyone www.everyoneon.org

Offers low-cost internet/computer options for those who qualify

Public Utility Commission (PUC) www.puc.pa.gov

Energy Assistance Programs for those who demonstrate a hardship

Med Ed & Penelec—The Pennsylvania Customer Assistance Program (PCAP)

Help with electric services (through New Hope)
5228 E. Trindle Rd, Mechanicsburg 717-766-7333 or
800-545-7741

PPL Electric—Tri County Community Action

Harrisburg 717-232-9757

UGI Gas—Customer Assistance Program (CAP) & Operation Share

Salvation Army, Harrisburg 717-231-3653

United Way of Carlisle & Cumberland County

145 S. Hanover St., Carlisle 717-243-4805