

Clift Surgery PPG Meeting 28 May 2021 1pm

Present: Sue Howell, Angela Kerswell, Jane Kettridge, Mike Davis, Juliet Crawley, Claire Berry

Apologies: Keith Oborn, Alex Marianos, Nigel Fisher

Minutes of previous meeting: Approved.

1. **COVID 19 update.** Nothing to report except that there is a new smaller vaccination centre, Jameson House Chineham Court, Lutyens Close, Lychpit, Chineham. Hampshire Court Hotel will close eventually but no date yet. No help needed but CB will let us know if we can help. No news re booster jabs from NHS.
2. **Healthy Weight Project.** CB says this is not a priority for the surgery. It maybe something we can go back to in a year or so. The surgery still supports the 3 month membership for Weightwatchers. CB to find out if there is gym membership at reduced cost in Basingstoke. Maybe we could set up a Step Group. Could be done alone or in small groups. AK liked this idea. Could we find a fitness instructor to write a fitness programme for the outdoor gym at Clift Meadow? Would be good for people to understand how to use the gym to keep fit safely. Maybe an outdoor Gym group? Admin do not have any spare time. Keep it as an agenda item.
3. **Econsult web form only works during surgery open hours.** BF was looking into this. Working well generally, and admin staff are triaging these, but they have been working to maximum capacity. You have to reply within a set time so it was better to restrict the time of e consults due to the required feedback times. Surgery does accept phone calls if anyone can't access the internet. MD explained the situation with the e-consult survey. Results are documented but nothing more has come out of it. Footfall is still under discussion. Clift Surgery supports this. MD commented on the media report of upsurge of calls. CB says this is a misconception and although they are busy, there is no significant increase in appointments and patients have continued to be seen throughout the pandemic. Surgery tries to give continuity of care where possible.
4. **Restarting PPG-assisted activities.** CB agreed the walks can start back in July, as this is an outside activity. KO to arrange with AK and others. KO to ask the Hall family for permission to use their land for their walk. Need to be mindful of social distancing. People may need to walk in smaller groups. AK pointed out that the ground is somewhat uneven on favoured route so not suitable for everyone. SH suggested a gentler approach to exercise by walking round Clift Meadow (maybe Nordic walking too?). Could support those less mobile. No news on frailty classes. These would have to be indoors and people wearing

masks. Maybe best to delay this until next year. SH reported that Fitbit is working with Diabetes UK to encourage more people to walk.

5. **PPG web page/FB group.** The link from the Surgery website to the PPG page on the Bramley Hub is there but not easily found. **It is at the bottom of the Home page.** The old posts have been removed but not the titles. BF will remove these. CB is aware that the COVID information is very out of date and will address this next week. JW explained that sharing the Bramley Hub on to Facebook community pages is not easy due to tight admin. She is working on a way around this. Once sorted the information will be shared regularly with Sherborne St John and Sherfield on Loddon.
6. **Mental Health links on websites.** JW has forwarded the amended document to BF for the surgery web site. This document is on the Bramley Hub. Please note that the PDF has to be downloaded to make the links live. Works well on mobile phones.
7. **8 week prescriptions and lack of text alerts.** Nothing re 8-week prescription proposal. CB to check on text messages, which are not consistent.
8. **Carers Group.** SH has met with BF to set this up. It will be run under the surgery banner but help from the PPG would be appreciated. Further details will be released once finalised.
9. **NHPPG membership** has been renewed.
10. **AOB.**
 - Dispensary notice on surgery web site is far too wordy. SH to rewrite and forward to CB. **Done**
 - Indoor public events. CB wait and see. Nothing is clear and there are local lockdowns possible. All indoor events will need to be carefully planned and that masks will continue to have to be worn for some time. Await the government decision on 21st June.
 - PPG meetings will continue online. The surgery is very short of rooms now as it has a much larger workforce.
 - JK has joined NHS Diabetes programme and will report back if anyone is interested.
 - AK to remove yellow posters around the village.

Date of next meeting:

NOTE: change to Friday 2nd July 2021 at 1pm as Juliet and Jan can't make the 25th June.