



THE

SAVVY

• BUSINESS START-UP •

JOURNAL

Momma's
Makin' It Happen:
The Savvy Time Journal

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Hey there, Mama!!

SO WHAT IS THE BIG SECRET TO GETTING IT ALL DONE?!
IT'S THAT THERE IS NO SECRET!

You CAN'T get it all done

but you **CAN** accomplish your goals and be a stay-at-home momma, working momma, or whichever momma you find yourself being these days...

You just have to consider something that we've been told our entire lives but often times **get stuck in the now** and forget

You. Have. To. Plan.

Now, I **KNOW** that being a momma means plans typically go out the window

But

making a plan will still make all the difference in how much you are able to accomplish in a day, a week, a month and a year!

Every step makes a difference. And if you keep pressing towards your dreams – little by little – you will eventually get there.





Additional Journaling:



Write down any obstacles.





Additional Journaling:



Prioritize.





Additional Journaling:



Make a schedule.





8. BE FLEXIBLE.

Stuff will come up. So, you will need to be open to the schedule not going as planned. Remember that the schedule and daily plan are meant to give you direction not to box you in.

At the same time, be determined enough to make your dreams come true. It may not happen in your timing. It may take longer than you would like.





"Every step makes a difference.
And if you keep pressing
towards your dreams - little by
little - you will eventually get
there."

- LATOYA J.

All things are possible, if you only believe!

Join our coaching program today!!

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