

**SRC LOCATIONS:**

**Auditorium:** Chair & Floor Yoga  
**Dining Room:** Book Club, Pinochle, Bingo, American Legion, Seminars, Vietnam Veterans, Bible Study  
**Sewing Room:** Always Open!



**McMenamin Rec Center:** Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Fellowship Lunch, Circle of Support, Peace Meditation

*Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.*

# FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>BUS TRIPS:</b>                      February 21 – Shady Maple</p> <p><i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details.</i></p>				<p><b>1</b>                      Circle of Support – 11 AM                      Pinochle 2 PM</p>	<p><b>2</b></p>	<p><b>3</b></p>
<p><b>4</b></p>	<p><b>5</b>                      Book Club 2 PM</p>	<p><b>6</b>                      Dominoes 2 PM                      Chair Yoga 3:30 PM                      Vietnam Veterans 7 PM</p>	<p><b>7</b>                      Hoagie/Sandwich 5 PM                      Floor Yoga 9:30 AM                       Brown Bag ART History:                      "Show &amp; Tell" 12 Noon</p>	<p><b>8</b>                      Pinochle 2 PM</p>	<p><b>9</b>                      Soup Night 4:30 PM                      Lunch Bunch – Limerick Diner                      11:30 AM</p>	<p><b>10</b></p>
<p><b>11</b>                      Peace Meditation 3 PM</p>	<p><b>12</b>                      WOW Bookmobile 10 AM                      Bible Study 2 PM</p>	<p><b>13</b>                      Light Refreshments 9:15 AM                      Resident Meeting 9:30 AM                      Dominoes 2 PM                      Chair Yoga 3:30 PM</p>	<p><b>14</b>                      Floor Yoga 9:30 AM                       Supermarket BINGO 10:30 AM                       Adopt a Grandparent 1 PM</p>	<p><b>15</b>                      Circle of Support – 11 AM                      Pinochle 2 PM</p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>18</b></p>	<p><b>19</b></p>	<p><b>20</b>                      Dominoes 2 PM                      Chair Yoga 3:30 PM                       "Hunters of the Sky" 1:30 PM</p>	<p><b>21</b>                      Men's Breakfast 8 AM                      Floor Yoga 9:30 AM</p>	<p><b>22</b>                      Pinochle 2 PM                      American Legion 7 PM</p>	<p><b>23</b>                       Ralph Noll (Singer) 4 PM</p>	<p><b>24</b></p>
<p><b>25</b></p>	<p><b>26</b>                      WOW Bookmobile 10 AM                       Talking with Your Doctor 10 AM</p>	<p><b>27</b>                      Fellowship Lunch 12 Noon                      Dominoes 2 PM                      Chair Yoga 3:30 PM</p>	<p><b>28</b>                      Floor Yoga 9:30 AM</p>	<p><b>29</b>                      Pinochle 2 PM</p>		