SRC LOCATIONS:

Auditorium: Chair & Floor Yoga

Dining Room: Book Club, Pinochle, American Legion,

Needlecrafters, Vietnam Veterans

Sewing Room: Always Open!



<u>McMenamin Rec Center</u>: Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Fellowship Lunch, Circle of Support, Peace Meditation, Reiki

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BUS TRIPS : All SRC Bus Trips depart from the back part of			1	2	3	4
Berean Bible Church Parking Lot			Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 5:30 PM	Circle of Support – 11 AM Pinochle 2 PM	Pickleball 9 AM	Crafting Techniques with Tracee
Wednesday – May 22 – Asher's Candy			Mister Softee 2 PM	Brown Bag HISTORY 12 Noon		11 AM
5	6 Book Club 2 PM	7 Dominoes 2 PM Chair Yoga 3:30 PM Vietnam Vets 7 PM	Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5:30 PM	9 Pinochle 2 PM	Pickleball 9 AM Lunch Bunch – Longhorn Steakhouse – 11:30 AM	11
			Supermarket Bingo 10:30 AM	Matter of Balance 10 AM		
12 Mother's Day	WOW Bookmobile 10 AM Bible Study 2 PM	Light Refreshments 9:15 AM Resident Meeting 9:30 AM Dominoes 2 PM Chair Yoga 3:30 PM Blood Drive - 2 to 7 PM	Men's Breakfast 8 AM Floor Yoga 9:30 AM Pickleball 5:30 PM Mister Softee 2 PM	16 Circle of Support – 11 AM Pinochle 2 PM	17 Pickleball 9 AM	18
Peace Meditation 2 PM Learning About Reiki 3 PM	20	21 Dominoes 2 PM Chair Yoga 3:30 PM	Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5:30 PM	Pinochle 2 PM American Legion 7 PM	24 Pickleball 9 AM	25
26	WOW Bookmobile 10 AM Memorial Day Party 4 PM OFFICES CLOSED	28 Dominoes 2 PM Chair Yoga 3:30 PM TRASH PICKUP	Floor Yoga 9:30 AM Pickleball 5:30 PM	30 Pinochle 2 PM	31 Pickleball 9 AM Spring Street Songsters 4 PM Pre-Ordered Pizza after show	