

SRC LOCATIONS:

Auditorium: Chair & Floor Yoga
Dining Room: Book Club, Pinochle, American Legion, Seminars, Vietnam Veterans, Bible Study
Sewing Room: Always Open!



McMenamin Rec Center: Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Fellowship Lunch, Circle of Support, Peace Meditation

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 OFFICES CLOSED	2 Dominoes 2 PM Book Club 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM TRASH PICKUP	3 Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Brown Bag: ART History 12 Noon	4 Circle of Support – 11 AM Pinochle 2 PM	5	6
7	8 WOW Bookmobile 10 AM Bible Study 2 PM	9 Light Refreshments 9:15 AM Resident Meeting 9:30 AM Dominoes 2 PM Cold Weather Kits Chair Yoga 3:30 PM	10 Cold Weather Kits Floor Yoga 9:30 AM Supermarket Bingo 10:30 AM	11 Cold Weather Kits Pinochle 2 PM	12 Lunch Bunch-Three Cousins Diner 11:15 AM	13
14 Peace Meditation 3 PM	15 Blood Drive 10 AM to 3 PM	16 Dominoes 2 PM Chair Yoga 3:30 PM Let Gun Safety be Your Target 10 AM	17 Men’s Breakfast 8 AM Floor Yoga 9:30 AM	18 Circle of Support – 11 AM Pinochle 2 PM	19	20
21	22 WOW Bookmobile 10 AM Diabetes Prevention 3 PM	23 Fellowship Lunch 12 Noon Dominoes 2 PM Chair Yoga 3:30 PM Back Yard Bird ID 10 AM or 1 PM	24 Floor Yoga 9:30 AM Acuity Financial Mtg 1 PM	25 Pinochle 2 PM American Legion 7 PM	26	27
28	29	30 Dominoes 2 PM Chair Yoga 3:30 PM Television Trivia 10 AM	31 Floor Yoga 9:30 AM	BUS TRIP: Wednesday, January 3 – Pottsgrove Manor <i>Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details</i>		