Auditorium:Chair & Floor YogaDining Room:Book Club, Pinochle, American Legion,
Seminars, Vietnam Veterans, Bible StudySewing Room:Always Open!Game Room:Needlecrafters



<u>McMenamin Rec Center</u>: Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Fellowship Lunch, Circle of Support, Peace Meditation

Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.

April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Book Club 2 PM	2 Dominoes 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM PA Natural Symbols	3 Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Pickleball 5:30 PM	4 Circle of Support – 11 AM Pinochle 2 PM	5 Pickleball 9 AM	6 SHRED EVENT AT BRC 9-11 AM
		10:30 AM	Brown Bag: ART History 12 Noon			
7	8 WOW Bookmobile 10 AM Bible Study 2 PM Solar Eclipse beginning 2 PM	9 Light Refreshments 9:15 AM Resident Meeting 9:30 AM Dominoes 2 PM Chair Yoga 3:30 PM	10 Floor Yoga 9:30 AM Needlecrafters 3 PM Pickleball 5:30 PM Supermarket Bingo 10:30 AM	11 Pinochle 2 PM Brown Bag: History 12 Noon	12 Pickleball 9 AM Lunch Bunch-Copperfield Inn 12:45 PM	13
14 Singing Bowls 2 PM; Reiki 3 PM	15 Bluebirds 1 PM	16 Dominoes 2 PM Chair Yoga 3:30 PM	17 Men's Breakfast 8 AM Floor Yoga 9:30 AM Pickleball 5:30 PM	18 Circle of Support – 11 AM Pinochle 2 PM	19 Pickleball 9 AM	20
21	22 WOW Bookmobile 10 AM Talking with Your Doctor 10 AM	23 Fellowship Lunch 12 Noon Dominoes 2 PM Chair Yoga 3:30 PM	24 Floor Yoga 9:30 AM Pickleball 5:30 PM	25 Pinochle 2 PM American Legion 7 PM	26 Pickleball 9 AM Entertainer Al Grout 4 PM	27
28	29	30 Dominoes 2 PM Chair Yoga 3:30 PM	BUS TRIP: Thursday, April 18 – Reading Area Firefighters' Museum Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details			