

JULY
2023



RIDGE REPORTER

SUMMER
HELP



Tyler



Isaac

Louie



Declan



Noah

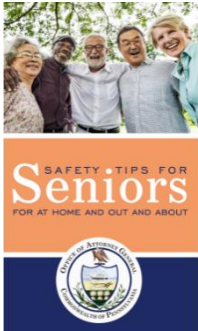


*Let every nation know, whether it wishes us well or ill,
we shall pay any price, bear any burden, meet any
hardship, support any friend, oppose any foe, to assure
the survival and success of liberty. **John F. Kennedy***

Office Closed

In honor of Independence Day, the SRC & BRC offices will be closed on Tuesday, July 4.

Scam Phone Calls



Several people have called the office to report they have recently been the recipients of scam phone calls. We urge all residents to be cautious when answering the telephone.

The Office of the Attorney General of Pennsylvania has published a helpful pamphlet – *Safety Tips for Seniors* – which is available at the end of the hallway in the McMenammin Rec Center.

Some Quick Tips from the pamphlet:

- If you don't know the number, DO NOT ANSWER. Let your machine pick up.
- EXAMINE YOUR MAIL – if the postmark is from outside the US, it is most likely mail fraud.
- Beware of anyone DEMANDING PAYMENTS in gift cards or prepaid credit cards.

Stop by the McMenammin Rec Center to pick up a pamphlet.

Be alert; be secure; be smart.

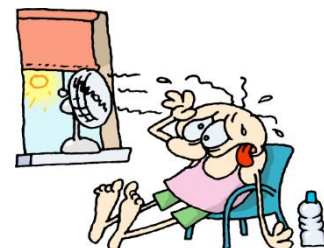
Front Porch and Power Washing

Front porch and power washing will begin in the next few weeks. It is anticipated that all power washing and porch cleaning will be completed by the end of August.

Air Conditioners

Please do not delay in reporting air conditioner problems to the office. This will save you unwanted discomfort when the weather turns warm and your air conditioner does not function properly.

For better efficiency, do not keep turning the unit on and off. It's better to set it and forget it. Turning the air on late during a hot day may cause the air not to be able to catch up and cool your home.



Parking Spaces

Any space that has a number is assigned to that home for resident use. As a friendly reminder to our residents, even though a resident is not driving and may not have a car, that space is still assigned to that home for their use. Also, please remind your guests and visitors to park in un-numbered parking spaces.

TransNet Bus Service for Seniors

TransNet, a free Montgomery County bus service for seniors, will bring you to doctor's appointments, dentist, physical therapy, Tri-County Active Adult Center, and just about anywhere in Montgomery County, and then back home again! To sign up for a TransNet bus pass, call TRAAC at 610-323-5009.



How to Register for TransNet Bus Rider Pass (Adults 65+)

Applications for a TransNet Rider Pass are at the end of the hallway in the McMenammin Rec Center. Fill out the application, include a copy of your ID, and send it in to the address on the application. Your TransNet Rider Pass should arrive in the USPS mail within two weeks. Once you have the Rider Pass, you can ride to Tri-County Active Adult Center for free. To arrange a ride to TRAAC, call 610-323-5009 a week in advance.

To arrange a ride to other places in Montgomery County (ie: doctor, dentist, hairdresser, pharmacy, grocery) and find out the cost involved, **call TransNet directly at 215-542-7433**. For rides to places other than TRAAC, a small fee is charged. Funds from the PA State Lottery pay for 85% of your TransNet bus fare through a grant from the PA Department of Transportation.

SAVE THE DATE

Start saving your items to sell at the Buchert Ridge Yard Sale. More details to follow. Mark your calendar for Saturday, September 30 (Rain Date October 7).



Happy Birthday!

- 7 Maria
- 9 Bertha
- 13 Natalie
- 14 Joan
- 18 Thomas
- 21 Fred
- 29 Joan



Our thoughts and prayers are with the family at this difficult time.

Carlos

resident since March 2022

4TH OF JULY

INDEPENDENCE DAY CELEBRATION!

Join your neighbors for ice cream, desserts & games.

BYOB

Call Wayne or Natalie if you need a ride.

Tuesday, July 4 from 6 PM till?
McMenamin Rec Center
Porch & Indoor Setup

BRC Community Meetings & Breakfast

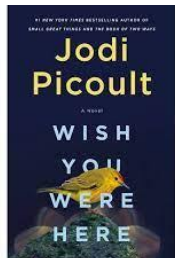
Community meeting and breakfasts are cancelled for
July and August.
Both will resume in September.

Peace Meditation with Reiki and Singing Bowls

Peace meditation time is taking a break for the summer months. Please call Natalie if you would like a Reiki lesson or singing bowl/gong experience during July and August.

Donna & Richard Landis Farm Stand

Donna Landis has fresh fruits and vegetables for sale throughout the summer on Monday mornings at 8:30 AM in the SRC Court “N” Pavilion. Please call Nancy if you have any questions.



July 3

Book Club

Monday, July 3 at 2 PM

- July 3 “Wish You Were Here” by Jodi Picoult
- August 7 “The Girl on the Train” by Paula Hawkins
- September 4 “Saints for All Occasions” by J. Courtney Sullivan
- October 2 “A Man Called Ove” by Fredrik Backman

*Meets in the SRC Dining Room.
Contact Jeanette for more information.*

Entertainment – Matthew Dodd Wednesday, July 5 at 2 PM

Join us as Matthew Dodd presents Songs & Stories of The Red, White and Blue in the SRC Auditorium on Wednesday, July 5 at 2 PM.



Words On Wheels Book Mobile

2nd & 4th Monday at 10 AM

The W.O.W. Book Mobile will now be coming to SRC twice each month! They have a vast selection of materials available for you to borrow. You can let them know which books you would like and they will bring it out on their next visit!



Where: SRC Community Center Parking Lot

When: 2nd & 4th Monday of each month (10–10:30 AM)

Healthy Steps in Motion Exercise Class

Monday, July 10 at 11 AM

Brought to you by our favorite instructors Tracey, Dawn and Claire of Montgomery County Office of Senior Services, this favorite exercise class meets every Monday for 8 weeks in the SRC Auditorium. Runs July 10 – August 28. Class size limited to 18 participants. We still have a few spots open! **RSVP by Thursday, July 6.**

Brown Bag History: Part 2 of 6

“The Revolutionary War: An American Soldier's Life”

Thursday, July 13 at 12 Noon

Historian Michael Jesberger, who brought us the presentation on the Legend of Sleepy Hollow, presents a new Lunch & Learn series June through November. Bring your lunch along and enjoy his historical presentations and slide shows while eating. Join other history buffs and meet a few new friends! Mark your calendar for the next dates in the series: August 3, September 14, October 12, and November 9. **RSVP by July 12.** Meets in the SRC Dining Room.



Lunch Bunch

Brookside Family Restaurant

(N. Charlotte St., Pottstown)

Friday, July 14 at 11:30 AM

*If you are paying by cash at the restaurant,
please bring smaller bills/change.*

Lunch Choices Include (to be made at restaurant):

- Soup & Salad Bar
- Hamburger or Cheeseburger w/Fries or Soup
- Ham w/Pineapple Sauce w/Soup & Salad Bar
- Crabcakes Platter w/Soup & Salad Bar

The SRC Bus will be available for \$3 per person (for the driver) due at sign-up. The bus and carpool will leave Berean Bible Church Parking lot at 11:10 AM.

RSVP by Tuesday, July 11.



**American
Red Cross**

American Red Cross Blood Drive

Monday, July 17 from 2 PM to 7 PM

Register online at www.RedCrossBlood.org or contact Lara Graham at 610-326-6282 and she can register you. Meets in the SRC Auditorium.



You can't buy happiness. But you can buy ice cream and that is pretty much the same thing.
~ Unknown

Ice Cream and Treats!

Wednesday, July 19 at 2 PM

Mister Softee will bring the ice cream truck to SRC Community Center parking lot!
(Accepting Cash and Credit Cards)

Come out and join the fun with your neighbors! Invite your family and friends. Enjoy Mister Softee ice cream and treats in the Community Center parking lot!

Find Your Fitness Factor with Fox Rehab: Free Fitness Screenings

Thursday, July 20 at 2 PM

Keystone Villa and Fox Rehab are hosting a free fitness screening for seniors using a series of tests for strength, balance, and mobility. All are welcome! Please **RSVP by July 19**. Meets in the SRC Auditorium.

Water Aerobics at Sanatoga Swim Club ***Tuesdays and Thursdays at 6:30 PM***

Water Aerobics will be on Tuesdays and Thursdays at 6:30 PM.
Contact Jean for more information.



Wall of Honor

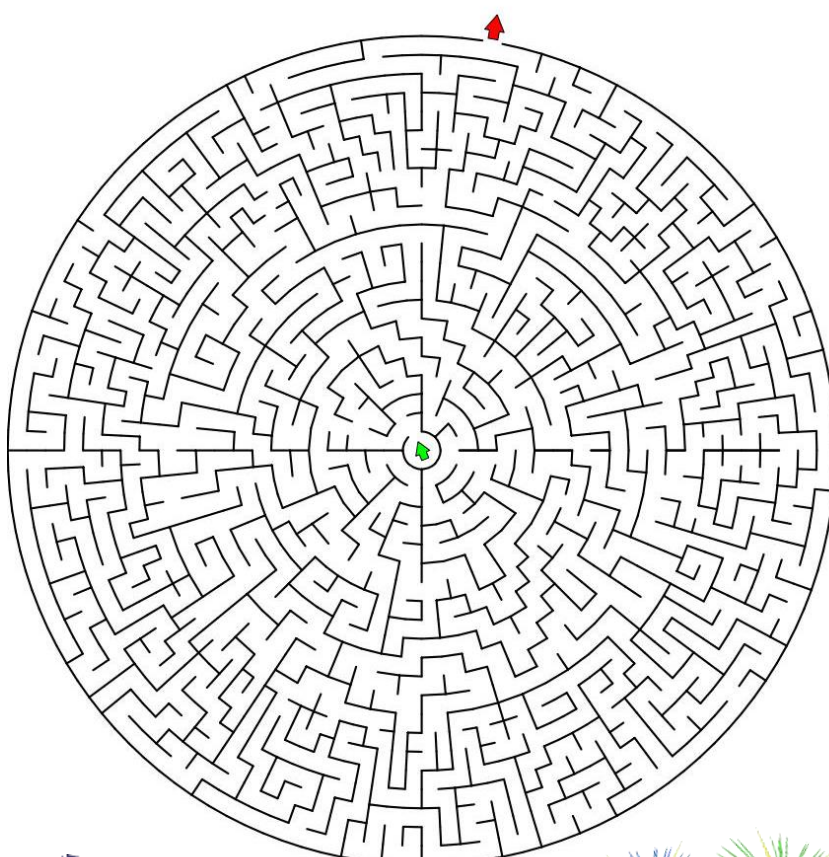
The Wall of Honor is a special display highlighting the veterans from our community. If you have not yet filled out a Veteran Information Form, pick one up in the McMenamien Rec Center and drop it in the office inbox at the end of the hallway. We don't want to miss you!

UPCOMING PUBLIC EVENTS

Watch Ridge Reporters for More Information

- August 3 & 17 Circle of Support at BRC McMenamin Rec Center
- August 3 Brown Bag History: *The Revolutionary War in Montgomery County, PA (Part 3 of 6)*** This is the only date in the series on the FIRST Thursday of the month)
- August 4 The BRAIN: *Keeping it Healthy: Part 1 of 3*
- August 17 Find Your Fitness Factor with Fox Rehab: *Workout Session & Smoothie Tasting*
- August 25 BINGO!

- September 6 Brown Bag ART History: *A new Lunch & Learn series on Art History! (Part 1 of 8)*
- September 12 After a Hospital Stay... What are My Options for Rehab?
- September 13 Vital Link Personal Emergency System Alarm
- September 14 Brown Bag History: *The Civil War: Comrades in Arms/West Point Classmates*
- September 15 Fire Safety Refresher
- September 16 Drive-Through Shredding Event at Sanatoga Ridge
- September 18 Girls' Night Out
- September 21 Find Your Fitness Factor with Fox Rehab: *Push Away Arthritis: Live Stronger Longer*
- September 25-26 AARP Smart Drivers Class



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Exercising

Monday, Wednesday, Friday at 9 AM
(JoAnne Bianchini)

Hoagie/Sandwich Night

1st Wednesday at 5 PM

Hoagies are pre-ordered and delivered.
(Jeannette Burtnett)

Mexican Train Dominoes

Tuesdays at 2 PM
(Donna Leithmann)



Breakfast Bar

2nd & 4th Tuesday at 9:15 AM
(Rozanne McKeever)



Men's Breakfast Club

4th Wednesday at 8 AM
(Wayne Bliss)

Circle of Support

1st & 3rd Thursdays at 11 AM



Words on Wheels

Book Mobile

2nd & 4th Monday at 10 AM

Book Club

1st Monday at 2 PM
SRC Dining Room

Bible Study

2nd Monday at 2 PM
SRC Dining Room

Yoga – SRC Auditorium

Tuesday – Chair Yoga - 3:30 PM
Wednesday – Floor Yoga - 9:30 AM

Pickleball

Wednesdays - 5:30 PM
Fridays – 9 AM
Sanatoga Swim Club

Hooks and Needles

1st Tuesday at 2 PM
SRC Game Room



Vietnam Veterans

1st Tuesday at 7 PM
SRC Dining Room

American Legion

4th Thursday at 7 PM
SRC Dining Room



Pinochle

Thursdays at 2 PM – SRC Dining Room

LEGEND FOR AMOUNT OF WALKING

1 Little
Walking

1111 Plenty of
Walking

- Sign up with the Office
- RSVP by deadline
- Limited seating
- At least 10 participants needed for SRC Bus trip
- **Payment is due at time of sign up and is by Check Only (Payable to SRC)**

11 Wednesday – July 26 – Boyertown Museum of Historic Vehicles

Discover Pennsylvania's Transportation History at the Boyertown Museum of Historic Vehicles. See vehicles of all types: gasoline, electric, and horse-drawn, including carriages, wagons, and sleighs. You will see "high wheelers" and "safety bicycles", vehicle builder's tools and local historic roadside architecture.

The museum is housed in the former home of the Boyertown Auto Body Works, which had continuous operations on this site from 1872-1990, and retains the factory setting, making it a unique and interesting setting for vehicles.

Lunch will be at your own expense (Spunktown Tavern)

RSVP to the Office by Tuesday, July 18.

LEAVE BEREAN PARKING LOT: 9:30 AM

Cost: \$13.00

Watch for more info on this SRC Bus Trip in August:

Show & Smorgasbord – Bird In Hand Theatre

New Hanover AARP Trips

Checks Payable to:
"New Hanover AARP"

Details posted on the Library Bulletin Board.
RSVP to Carol Griffith (484-624-8314)

11 Thursday – July 20 – River Queen Sightseeing Cruise

Step aboard the famed River Queen and set sail along the open waters. ...

RSVP to Carol Griffith by Thursday, June 1

LEAVE BEREAN BIBLE CHURCH: 9:30 AM

Cost: \$125.00

11 Thursday – August 24 – Magic & Wonder Theatre

The day will begin at Kitchen Kettle Village where you will have free time ...

RSVP to Carol Griffith by Friday, June 30

LEAVE BEREAN BIBLE CHURCH: 11:00 AM

Cost: \$107.00

11 Wednesday – September 27 – Dutch Apple Dinner Theatre

"Jimmy Buffett's Margaritaville"

Margaritaville – where people go to eat away from it all ...

RSVP to Carol Griffith by Tuesday, August 1

LEAVE BEREAN BIBLE CHURCH: 9:45 AM

Cost: \$123.00

Save the date: Thursday – October 19 – Silver Birches Germanfest

2nd & 4th Saturday
9 AM to 1 PM
Smith Family Plaza
(Boro Hall)
138 E. High St.
Pottstown
PottstownFarm.org



Farm & Artisan Regional Market focusing on fresh, locally grown, sourced, and creative products.

July 8

July 22

Christmas in July

CAR SHOW SCHEDULE 2023



May 6

Season Opener

June 3

July 1

August 5

Hot Wheels on High Street

September 2

New Parking Areas added for VW, Audi, Porsche

September 3

L'oe Show w/ Jamie Orr and Volkswagen Group from Germany

October 7

(Open Street Cruising Only)

Take a stroll down memory lane on High Street. Visit local business and enjoy live entertainment!

Lower Pottsgrove Township Summer Concert Series Sanatoga Bandshell Sundays 6 PM (Weather Permitting)

July 9th Bill Koss Combo

July 16th Flamin' Dick & The Hot Rods

July 23rd Stephanie Grace

July 30th Carnaby Street



PhoenixvilleFirst.org

Phoenixville First Fridays 2023

Join us downtown every First Friday from 5:30pm - 8:30pm, May through November.

Starting in June through October, First Fridays will operate within the PXV Inside Out open-air closure to create an ambiance of a night market all along Bridge Street and in the Main and Bridge Street parking lot. November's First Friday will be held throughout downtown and in the Main and Bridge Street Parking lot. There will be small live musicians placed throughout the downtown on Bridge and Main Streets, and handmade craft/artist vendors in the Main and Bridge Street parking lot.

LIVE MUSIC. EVERY FRIDAY.

The Summer Music Series happens every Friday (other than First Fridays) from 6-8 pm. It is an event that features a variety of live musical acts, spread throughout downtown.

How Observant Are You?

- What color is the top light on a traffic signal?
- How do the button holes run on a man's dress shirt?
- What color is the top stripe on our flag?
- On which side of the sink is the hot water handle located?
- Whose picture is on a \$5 bill?
- Does Lincoln wear a tie on the penny?
- What 7-letter word, other than America, appears on all U.S. Coins less than a dollar?
- A policeman wears his badge on which side?
- Which KING in a standard pack of cards usually has no mustache?
- An inch on an ordinary ruler is divided into how many equal parts?
- The Statue of Liberty holds what in her left hand?
- What 4 words besides "In God We Trust" appear on most U.S. Coins?



Things that come in threes?

- Tall, dark and _____.
- Baubles, Bangles and _____.
- Wynken, Blynken and _____.
- Animal, vegetable and _____.
- Lock, stock and _____.
- Bell, book and _____.
- The butcher, the baker and the _____.
- The way a gullible person falls: Hook, _____ and _____.
- The three basic atomic particles: Protons, _____ and _____.
- What Ben Franklin said going to bed early and getting up early would make you: _____, _____ and _____.
- What you should do at every street corner: _____, _____ and _____.
- The 3 Bs of classical music: _____, _____ and _____.
- The Declaration of Independence says these are among our inalienable rights: _____, _____ and _____.
- What little girls are made of: _____, _____ and _____.
- Christopher Columbus's 3 ships: _____, _____ and _____.
- What the Wise Men brought as gifts: _____, _____ and _____.
- Bacon, lettuce and _____.
- Slogan associated with James K. Polk and the claim for Oregon" "Fifty-four _____ or _____."
- Donald Duck's nephews: _____, _____ and _____.