

**SRC LOCATIONS:**

**Auditorium:** Chair & Floor Yoga  
**Dining Room:** Book Club, Pinochle, Bingo, American Legion, Seminars, Vietnam Veterans, Bible Study  
**Sewing Room:** Always Open!



**McMenamin Rec Center:** Exercise, Dominoes, Hoagie/Sandwich Night, Light Refreshments, Fellowship Lunch, Circle of Support, Peace Meditation

*Calendar is for convenience only. Dates/times/locations subject to change. Refer to the Ridge Reporter or Flyer for complete details.*

# MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>BUS TRIPS:</b>                      The National Iron &amp; Steel Heritage Museum – Tuesday, March 19</p>					1	2 Brown Bag History 12 Noon
3	4 Book Club 2 PM	5 Dominoes 2 PM Chair Yoga 3:30 PM Vietnam Veterans 7 PM	6 Hoagie/Sandwich 5 PM Floor Yoga 9:30 AM Brown Bag: Art 12 Noon	7 Circle of Support – 11 AM Pinochle 2 PM Grandparents Program 1 PM	8 Lunch Bunch – Grace’s Café 12 Noon	9
10 SPRING AHEAD 1 HOUR Peace Meditation 3 PM	11 WOW Bookmobile 10 AM Bible Study 2 PM	12 Light Refreshments 9:15 AM Resident Meeting 9:30 AM Dominoes 2 PM Chair Yoga 3:30 PM	13 Floor Yoga 9:30 AM Supermarket BINGO! 10:30 AM	14 Pinochle 2 PM Blood Drive 2 to 7 PM	15 Home Instead BINGO 1 PM	16 Crafting Techniques with Tracee 11 AM
17	18	19 Dominoes 2 PM Chair Yoga 3:30 PM AARP Safe Driver 1 PM	20 Men’s Breakfast 8 AM Floor Yoga 9:30 AM AARP Smart Driver TEK 10 AM AARP Safe Driver 1 PM	21 Circle of Support – 11 AM Pinochle 2 PM	22	23
24	25 WOW Bookmobile 10 AM Solar Eclipse 1 PM	26 Fellowship Lunch 12 Noon Dominoes 2 PM Chair Yoga 3:30 PM TV Trivia 10 AM	27 Floor Yoga 9:30 AM	28 Pinochle 2 PM American Legion 7 PM Glenn Miller 4 PM	29 Healthy Steps in Motion 10 AM	30
31	Calendar is for convenience only. Dates/times/locations subject to change. Refer to Ridge Reporter or Flyer for complete details					