GF Cranberry

Nutrition	Facts
Varied servings per of Serving size	container .05 oz (14g
Amount Per Serving	60

aiories % Daily Value Total Fat 1.5q 2% 0% Saturated Fat 0g

Trans Fat 0q Cholesterol <5mg 1% 3% Sodium 70mg

4%

3%

8%

2%

0% 0%

2% 0%

2%

0% 2%

Total Carbohydrate 10q Dietary Fiber <1q

Total Sugars 5g

Includes 4g Added Sugars Protein 1g

Vitamin D 0mcg Calcium 0mg Iron 0.4mg

Potassium 30mg Vitamin E 0.2mg

Vitamin K 1mcg Phosphorus 30mg The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day

is used for general nutrition advice.

Gluten Free Flours from Fava & Garbanzo Beans, Potato Starch, Tapioca, Whole Grain Sweet Sorghum; Canola Oil, Egg, Ground Flaxseed, Vanilla, Baking Soda, Salt

Contains: Egg

Ingredients: Gluten Free Oats, Brown + White Sugar, Cranberries* (*contain Sunflower Oil),

Manufactured by Mentoring Gardens Kitchen, a Licensed, Certified, Commercial Kitchen (which may also process nuts on segregated schedule) 73 N Ayer St., Box 425, Harvard IL 60033 Made to support Mentoring Gardens Projects & The EduCare Foundation dba CareNowInc.org a 501c3 Non-Profit. 815-258-6821 www.MentoringGardens.com