



April 2020

ListenLovePray

Newsletter vol. 4, issue 3

We Are Overcomers

by the blood of the Lamb and by the word of our testimony — Revelation 12:11

March started off pretty well at Listen Love Pray Foundation with nothing too large to “overcome”. The theme of Hearing God’s voice was up and running. 26 students began classes to learn how to become still, focus on Jesus, tune to the flow of Holy Spirit and record the vision. Intensive Prayer Ministry at Beacon House ushered in the healing love of Jesus to men in recovery. Our schedule was filled with upcoming events that would bring healing and hope to the hurting.

And then the truly unexpected happened. COVID-19 became a Pandemic and entered our country. Together with the whole world, we were facing one problem after the next. Living as an “overcomer” took on a whole new importance in how we responded to this uncharted territory as followers of Christ.

The words of Revelation 12:11 speak about overcoming the accuser, Satan, by the blood of the lamb (Jesus’ death and resurrection) and by our testimony; how we speak and witness to others about what God has done for us. Claiming to be an overcomer indicates that we stand certain, in the face of uncertainty. We proclaim that the light of Christ will bring hope and healing, even in the chaos and fear of COVID-19.

God is constantly speaking His truth to us. If we have eyes to see, He brings new vision to old things. He gives us courage when we remember who God is, was, and always will be. We praise God as we raise up our words of testimony. And we pray, Lord Jesus, that you free all those who read this issue from the yoke of this world. Help us to set our hearts again on the eternal truth of the promised one.



Top: The Thursday night class for Hearing God’s Voice.



Left: The Monday morning class for Hearing God’s Voice

A Message from the Executive Director

A few weeks into the COVID-19 crisis and life has changed. Dramatically. For us all.

We no longer take for granted there will be milk or bread at the grocery store. Iron-clad events like high school graduations and Easter church services have been cancelled. Every day, uncertainty and fear try to invade our homes and our hearts.

We trust that God is in control, but the word “Pandemic” and the vast numbers of people getting sick brings a heightened awareness of human fragility. Not only does the virus take a toll on physical health, it also attacks our mental and spiritual well-being, even if we haven’t contracted the disease. We need healing like never before. We need peace like

never before. We need Jesus like never before.

On the day that the state of Maryland announced the closure of nonessential businesses, LLP had wrapped up a week of watching God’s amazing grace change lives. Through 9 private healing prayer appointments, 2 morning groups, 1 evening class, and a healing service, the Kingdom of God was clearly displayed and testimonies of His goodness flowed from grateful hearts.

This edition is an opportunity to take a break from the news and allow beautiful stories of God’s grace to refresh you. These powerful testimonies declare that Jesus still heals and delivers people today! This Truth will help revive your spirit and

strengthen you for the days ahead.

While you read, go ahead and stand up and cheer for how God is transforming men in recovery at Frederick Rescue Mission. Wave your hands in the air and shout “woo-hoo” as God removes long-term physical pain. Smile and celebrate in your soul as a first-time prayer recipient is able to move on from the hurt and pain of betrayal.

These are uncertain times but the virus doesn’t have the power to change eternal things. God is good. The love of Jesus remains constant. Holy Spirit is at work to reveal the Kingdom.

Let us together say “Yes and Amen”.

Lucinda Nelson, Executive Director, LLP

A very special chair

I went into today's prayer session with no idea where Jesus would take me. I thought about all the typical things I struggle with and pray for; addiction, old man pain, anxiety, control, all my normal stuff. When the prayer minister asked the expected question, I answered that I wanted to pray for closeness to Jesus in my everyday life, specifically at work.

We began to soak in his love. I typically struggle to focus when I pray, so I went to my personal method of picturing Jesus in places where I have envisioned him before. As I was moving closer to him in "our wheat field", a vision appeared of him in the rocking chair that sits 12 feet away from my desk at work. He was kicked back, looking comfortable and smiling at me. I always believed he was with me at work. Now I know it to be true.

Later, one of the prayer ministers read a scripture about Jesus's yoke being light. I returned to the vision and traded my heavy yoke for his light one. As we continued to pray about the vision, I shared the difficulty I have with a couple of subordinates. At some point, I was asked if anything was on my mind. I responded with the song Holy Water by We the Kingdom.

One of the phrases is about sweet honey on my lips. As we continued to talk, I thought about how I had stopped greeting and being friendly to one of the individuals. I realized that this was out of character for me. Friend, stranger, or adversary I always greet people. He was creating stress by getting in my head and changing me.

Now I know that Jesus is with me at work and that He wants there to be sweet honey coming from my lips as well as His honey coming in. I look forward to seeing the surprise on the employee's face when he hears Jesus in my voice as I greet him Monday morning.

I will never look at that chair the same way. I will always see Him sitting there. Thank you, Jesus.

— Ted Winfield



My heart really hurt

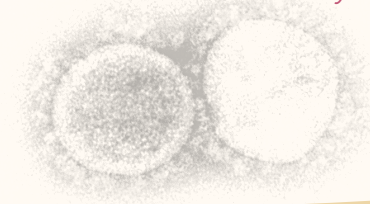
I had my first healing prayer appointment and it really was very helpful. Before the appointment I felt nervous. I had never shared my thoughts and feelings with another person so openly. As we got going, I really opened up and felt like I was literally talking through my problems. The prayer ministers never tried to "fix" what I was saying but instead offered scripture and prayer. I was able to realize that I was holding onto resentment and anger that I never admitted. I was angry at a person from my previous church and in my mind, I would say "that person does not bother me" but in my heart, I was really hurt. This relationship was holding me back from really joining the new church that I have been attending for over a year. After the appointment I felt more aware of my feelings. I also felt equipped to deal with anger that I was holding onto. Most of all I felt peace and calm.

— Anonymous

Fear of COVID-19

I went to the appointment feeling exhausted, depressed, and fearful. Concern for my mom, family, and very close friends felt like a heavy yoke upon my neck. Fear of COVID-19 and the chaos of the financial markets further distanced me from the peace of Jesus. The prayer ministers asked if I could picture Jesus. Since I do not have a "picture of Jesus" (a human face) to focus on, I asked Him to show me His face. He showed me many faces of people through whom He has been present with me, as well as, parts of creation where I see and feel him strongly. The next day during my devotions, Jesus revealed He was not just 1 picture of a man but a collage of many; the omnipresent Lord who is always at my side. He reminded me that I should not try to confine him into just a picture. In 2 Corinthians 17-18 we are told the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. So, all of us who have had that veil removed can see and reflect the glory of the Lord. I felt affirmed by God that I am His, I am on the right path, and that He loves me.

— Carolyn Bonifant



20/20 vision

I believe at this time in our society - God is speaking to us! To prevent overwhelming our medical system with severe cases of COVID-19, most of us are staying home. We have more time to be quiet and hear him speak to our hearts and minds. God Loves Us and God Is Real. As we continue to encourage one another during this difficult time - I believe God is giving us a better vision (20/20) for seeing Him and hearing Him speak all over the World. Keep praying, keep writing what God puts in your hearts, and keep believing that LLP is blessing the hearts and minds of many people, near and far.

— Betty P.

(Betty lives in Virginia and regularly receives LLP communications. This is an excerpt of her letter of encouragement.)

No more hesitation

Last year, I finally went to get my knee pain diagnosed. The MRI cleared showed a cyst which would resist any permanent cure. Ugh. I became resigned to the sharp pain with stairs, grocery shopping and fun activities with my grandchildren. At a healing prayer service, 2 lovely LLP ladies prayed over my knee. I admit I was surprised when the pain was gone. For 1 month. Then it came back. I again became resigned to live with it. A couple of months later at another healing service, I mentioned that the pain had returned. LLP ministers prayed and again, I was surprised that my pain was gone. This time, the healing has remained. Even if that cyst rears its ugly head again, I will not hesitate one moment to ask for prayer. Thank you, Jesus that Your healing love is limitless.

— Lucinda Nelson



Anxiety yields to Trust

I was walking this morning in the soup of a pretty dense fog—an oppressive-feeling, permeating, fog and I couldn't help but think of the oppressive, permeating anxiety of the climate that we're in. Then, I turned to the Lord and said, Lord, what is it that will help us in this climate? What will help us to get through this oppressive fog of anxiety? And my initial thought was peace, His peace.

This is true, and He will bring it, but as soon as my mind came up with it, I felt the Holy Spirit tell me something else, He said *trust*.

Trust, yes, that was much more helpful. Trust is so much easier to hold on to for me. Peace is true, but not really an active thing to do. Trust resonated much more. Trust was something I could put my mind on, trust was an active thought for me. Trust brought scriptures to my mind. Instead of listening to the many voices explain the same problem over and over, really just worrying and increasing anxiety, instead I can turn my thoughts to trusting in God's eternal promise. Trusting in God's perfect love, trusting in His presence, trusting in His word, trusting in Him working through the people He has in government, law enforcement, the national guard, trusting in God working through others in the medical field, trusting that no matter what happens, He is always, *I Am*. He is here; and He listens; and He helps. Trusting in His angels, His provision and His deep care and love for the entire world. His committed and deep involvement in our lives in the person of Jesus. Tis so sweet to trust in Jesus.

— Kelley Banfield

Jesus at Beacon House

Testimonies from men living at Frederick Rescue Mission, after they attended the March 7th Intensive Prayer Ministry

"I got a better understanding of God's truth. I understand He's there for me. He tells me to pick my head up and encourage me to keep moving on."

— Kaleb J., Age 24
(cocaine, heroin)

"At peace. A sense of relief"

— James A., Age 25
(patience, anger, resentment, drug addiction)

"I felt at peace and felt the presence of God"

— Javon S., Age 21
(depression, anxiety, pornography, drug addiction)

"God is my father and he loves me. Forgiveness is a choice, not an emotion."

— Elijah, Age 27
(depression, drugs, lust, anger, family curse of absent fathers and divorce)

"I think today I turned over a new leaf in Christ and become more aware of His presence."

— Gerald, Age 27
(drug addiction)

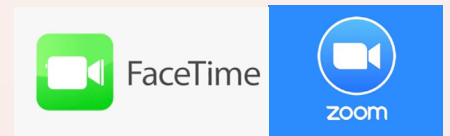
"Awesome! Fantastic! I have a fresh calm. A big burden has been lifted off of me."

— Earl, Age 62
(drug addiction, faith, fear)

FaceTime & Zoom

We are following government recommendations to maintain the health and safety of our community during the COVID-19 pandemic. While social distancing remains in place, LLP will be holding private healing prayer appointments via FaceTime and Zoom. This type of praying was new to us but we have been pleasantly surprised at how well it works. Jesus is not bound by space or time. His love reaches through the atmosphere via computers and cell phones. We can testify that Jesus is still healing and delivering people today, even without "hands on" ministry.

To schedule your appointment, contact judylistenlovepray@gmail.com.



Find more encouragement

LLP has an active YouTube channel. Go to the Listen Love Pray YouTube channel to hear more about how God is active in the world today.

<https://www.youtube.com/channel/UC9EvNdJsXRY9YTE9890talg/videos>

April Healing Prayer Services cancelled



LLP Intensive Prayer Ministry team and some prayer recipients from the Frederick Rescue Mission

ListenLovePray Events

April

April Events cancelled due to COVID-19

Psalm 91

New International Version (NIV)

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only observe with your eyes and see the punishment of the wicked.

If you say, "The Lord is my refuge," and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone. You will tread on the lion and the cobra; you will trample the great lion and the serpent. "Because he loves me," says the Lord, "I will rescue him; I will protect him, for he acknowledges my name. He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. With long life I will satisfy him and show him my salvation."

Save the Date

June 5/6, 2020 **Healing Prayer Level 2**

More details to come

Jan 29-31, 2021 **LLP Retreat at Hollywood**

Comus, MD

More details to come

Prayer for a Pandemic

by Cameron Wiggins Bellm

May we who are merely inconvenienced remember those whose **lives are at stake**. May we who have no risk factors remember those **most vulnerable**. May we who have the luxury of working from home remember those who must choose between preserving their health or **making their rent**. May we who have the flexibility to care for our children when their schools close remember those that **have no options**. May we who have to cancel our trips remember those who **have no safe place to go**. May we who are losing our margin money in the tumult of the economic market remember those who **have no margin at all**. May we who settle in for a quarantine at home remember those who **have no home**. As fear grips our county, **let us choose love** during this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbor. Amen.

6 things

(Living Thru Loss is sponsored by Second Street and Hope)

When we're feeling a bit unsettled by things that are outside of our control, it can feel overwhelming. And it is common for a lack of motivation to set in... that feeling of not really wanting to do anything at all.

It is helpful in these times to try to focus on the things that we do have control over. We don't have any control over how long social distancing will continue, but we do have control over how we spend this time. A group member introduced our group to something we came to call "6 things". The simple concept is to commit to doing 6 things. Pull 6 weeds. Put away 6 items. Do 6 laps around the block. You'll be surprised by how much better you feel after doing just 6 things. And maybe, you'll find that you have the energy to do a little more. Or maybe, 6 will be enough for one day.

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LLP Foundation is a 501 (c) 3 non-profit entity.

Your generous donations of time, effort, and money empower the healing transformations that Jesus does here through LLP. To donate, visit our website. All donations are tax-exempt.

Lord, continue to bless the spirits, minds and hands of our loving donors. Keep LLP ever faithful to your call and your word. May each soul touched by LLP feel the healing love of Jesus. Amen.



LLP works in recovery centers, churches, and the community. Jesus still heals and delivers people today!