

## A message from the executive director

In Psalm 121, it is written that God never sleeps. Sometimes I think the same thing of Listen Love Pray Foundation. Our core team of 19 trained and experienced volunteers serve faithfully and joyfully. Another 32 folks are progressing through the different stages of entering LLP ministry. Thank you to everyone who is committed to bringing the healing love of Jesus to our world. He is our Hope.

We continue to see new faces coming in for private healing prayer appointments. During one week in August there were 9 scheduled sessions! God is always working to bring His goodness to each life. In order to meet the needs in our community, we started "Bootcamp"; a time to anoint new prayer ministers and provide them with mentoring as they begin to serve.

LLP will hold our first Stress Relief workshop on November 10<sup>th</sup>. 3 speakers and 12 small groups will provide opportunity to learn from experts in various fields. Attendees will develop 3 specific, personal goals to help reduce harmful stress. Look inside for details of the workshop, as well as an update on our work in the recovery community. All glory and honor to God. His mercies are new each morning.

Lucinda Nelson, Executive Director, Listen Love Pray



Maureen  
LLP team



Judy and Kathy  
LLP team



Edi  
LLP team

*Helping Everyone Heal*

**STRESS RELIEF  
WORKSHOP**

Register at [www.listenlovepray.org](http://www.listenlovepray.org)

NOVEMBER 10, 2018  
(8:30AM-12:30PM)

12350 JESSE SMITH RD  
MOUNT AIRY, MD 21771

Located at New Beginning Nazarene Church

Learn to manage stress by developing physical, mental, and spiritual wellness

Create 3 specific and workable goals for personal growth

Receive healing and peace

## Healing prayer for past sexual abuse

### Kristin's Korner

Jesus loves you

Jesus longs to just wrap you up in a big hug and say, "you are loved and you are forgiven, just press into me." He wants a relationship with you. You are His precious Jewel and there is nothing you could do that would change the way he feels for you. He also knows that life is tough and people don't always do the right thing. Jesus was crucified for our sins, died on the cross... for us, for YOU. He cried out to the Lord, "Forgive them, for they know not what they do".

Just cry out and you are forgiven. You will have a fresh slate, with no condemnation. You are so important and extremely loved by Him. Jesus wants you to let go of the past, forgive yourself and move forward with Him as the center. Keep your eyes on the cross and He will guide your steps.

Every single day more than 570 people experience sexual violence in this country.

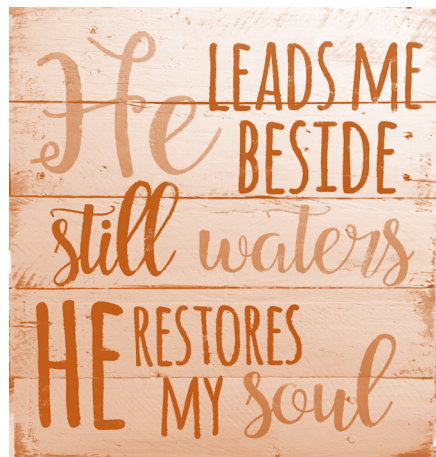
1 in 6 American women have survived an attempted or completed rape. 1 in 4 girls and 1 in 6 boys will be sexually abused before they turn 18.

Stress and anxiety are often long-term effects of childhood sexual abuse. People experience guilt, shame, and self-blame. Low self-esteem can affect relationships, careers, and even health.

The following story is a testimony to the healing love of Jesus.

There is no problem too large for our God, no hurt too deep that the Lord cannot heal.

He is faithful. He is gentle. He is our redeemer and restorer.



"When I first walked into healing prayer, I knew I wanted to ask God to help me work through the anxieties and fears I was having over a serious medical problem, but He had other plans.

During the session my past sexual abuse came to mind and along with that came my anger and frustrations towards my abuser. For years I had carried around the weight of unforgiveness and it affected my relationship with God and my overall self worth.

The prayer ministers gently asked if I would be willing to work through a four way forgiveness prayer. Each part of the prayer helped me identify exactly what I was feeling.

In the safe atmosphere of that appointment, I was able to completely forgive my abuser. I was able to hand my abuser over to Jesus. This prayer also included a part to ask Jesus for my heart's desire.

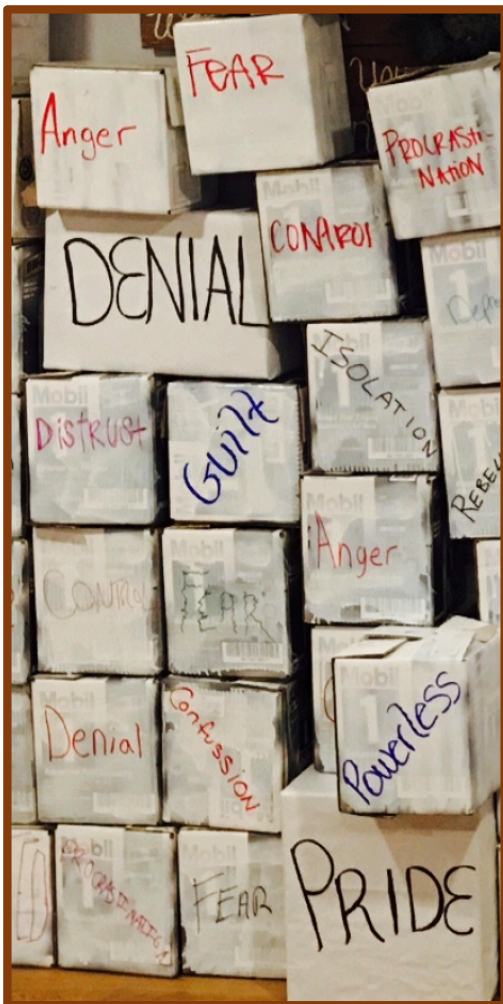
After leaving the healing prayer appointment, I felt relieved and renewed. Today, I no longer carry around the weight and unforgiveness I was feeling. I have found freedom."

# Beacon House Ministry

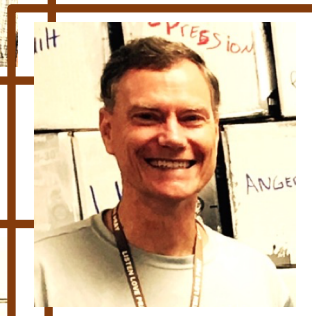


Kristin Nelson, LLP recovery ministry coordinator  
Helping Jesus break down walls to long term recovery

"I hope you all know how much God loves you. **No block is too great for Him.** He is ready to help you remove any obstacle, when you are willing to give it to Him."  
September 2018



**ED**  
LLP team



**KEN**  
LLP team



**TED**  
LLP team

## Upcoming Events

Oct 29

**New!! Book Club**  
The Real Faith by  
Charles S Price  
NBNC 7 pm

Oct 30

**Bootcamp #2**  
for new and  
returning HP  
ministers  
NBNC 7 pm

Nov 7

**Healing Prayer  
evening service**  
7 pm  
Calvary UMC  
Mt Airy

Nov 10

**Stress Relief  
Workshop**  
8:30 – 12:30 pm  
NBNC

Nov 14

**Practicum**  
Breaking Soul Ties  
NBNC 7 pm



## Recovery in the name of Jesus

In looking specifically at our recovery work, we have ministered to 86 individuals at three (3) recovery centers in our community, as well as, countless family members and friends.

Jesus still heals people today, and the light of Christ sets people free from the bondage of addiction, anxiety, and personal struggles of every kind. Christ calls to us, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart and you will find rest for your souls," Matthew 11:28-29.

Through a range of programs, services, internet outreach, and individual appointments, Listen Love Pray teaches and ministers to people with the biblical principles that offer lasting freedom. Each month 6 - 9 prayer ministers travel to Beacon House to lead a Christ centered lesson and pray with each of the 19 men. Join us in lifting up their September prayer requests.

Jeremy: continued healing in my relationship with my wife

Adam: that my wife and I reconcile

John J: for my children, Emily and Ryan

Duwan: for me to learn more about God

Jim: for my hip

Josh: for my continued happiness and sobriety

James: for my faith to grow in God and pray for my body pain

Tony N: to be content but not comfortable with where I am in my life today

Tony A: for my GED and all the class work and testing

Steven: for my struggle with committing to this year program to cease

Kirk: my mom & I heal & recover from codependency & advanced alcoholism

## Stress Relief November 10

3 main teachings – 12 break out groups – time for prayer and healing

Details at [listenlovepray.org](http://listenlovepray.org) Registration open

(Choose 1 from each group)

#1 group: Chair yoga, Breathing & Breath Prayers, Bootcamp, Exercise for VP's

#2 group: Visioning (priorities, goals, plan formation), When to know when enough is enough, Frustration factors and forgiveness, Switch on your brain

#3 group: Leaders in ministry need stress relief, What is your God-given passion, & are you living accordingly?, Nourishing your spirit, Building margins into schedule & putting God first

Listen Love Pray Foundation is a 501(c)3 non-profit entity.

Thank you for supporting our ministries! All donations are tax-exempt.

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240-285-7406 [lucinda@listenlovepray.org](mailto:lucinda@listenlovepray.org)

### Good Advice

from the men at Beacon House

### Jeremy

Pray harder and listen intensely

### Kirk

Be truthful

### Adam

Never give up God is faithful

### Jim

Do not wait so long to have a relationship with Christ