



# Norwich and District Sunday League

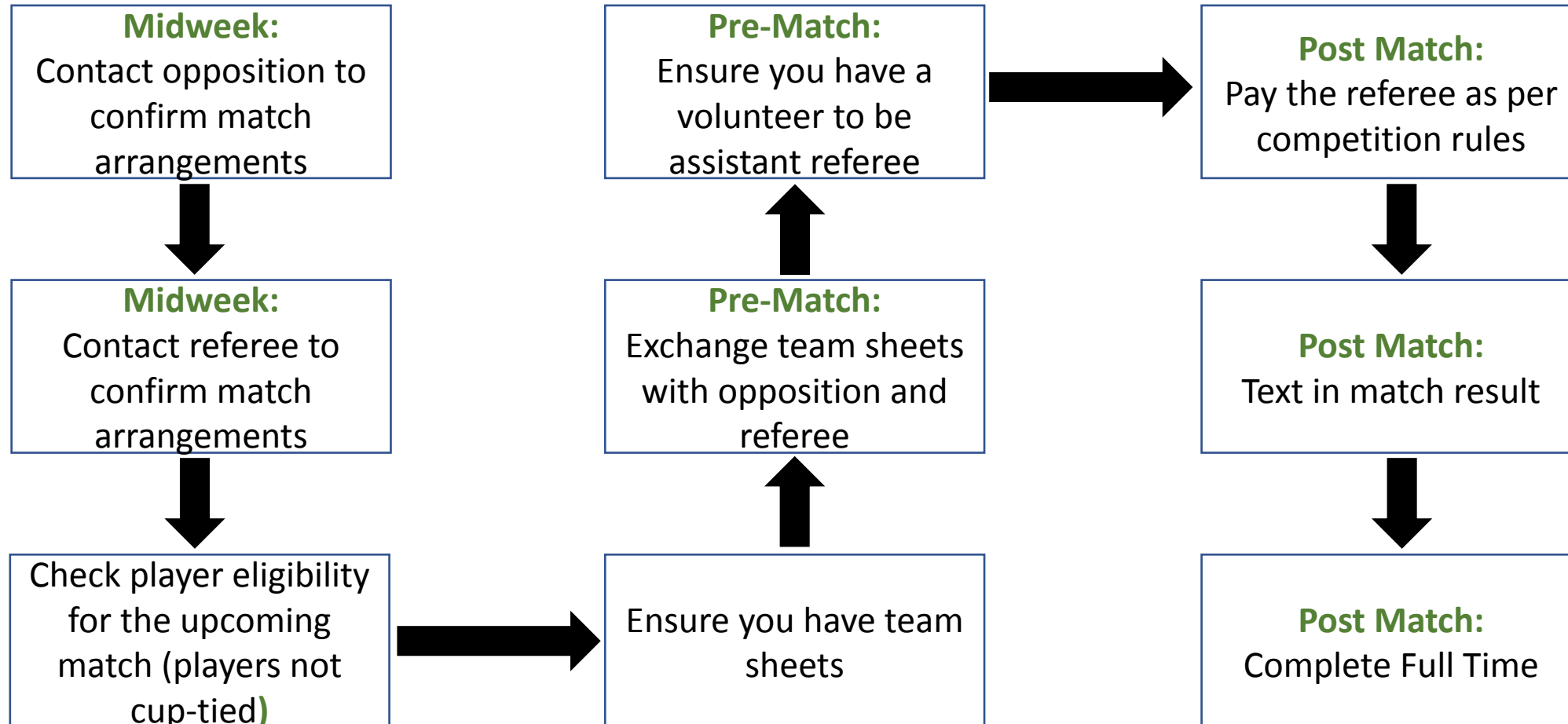
## League Cup Guide

Season 2023-24



# Norwich and District Sunday League

League Cup - Match Process - 2023-24





# Norwich and District Sunday League

League Cup - Rules - 2023-24

## **MATCH BALLS**

The home club must provide 2 match balls.

## **SUBSTITUTES**

5 substitutes may be used from 5 players named. Return substitutions are permitted.

Clubs must advise the opposition and referee of the names of substitutes not later than 5 minutes prior to kick off (Team sheet)

## **REFEREE MATCH FEES**

Basic Fee - £25 - To be paid by the AWAY TEAM

Mileage - 35p a mile, maximum of £25 - To be paid by the AWAY TEAM

Call off over which neither Club has control: Half fee plus expenses

Call off due to one Club being in default: Full fee plus expenses to be paid by defaulting Club

Game Duration - 45 Mins Each Way

Extra Time - No

Penalties - Yes

## **PLAYER AVAILABILITY**

Players must be registered with the club using The Whole Game System as per league games

If a player has played in a previous round for another club, that player is therefore cup tied and cannot play for the current registered club

A player must have played in at least 5 competitive (league or league cup) games to be eligible for selection for the Semi Final and Final



# Norwich and District Sunday League

League Cup - The Drawing - 2023-24

- The names of the Clubs entered shall be placed in one lot, unless otherwise decided, and drawn therefrom in couples. The two Clubs drawn together shall compete with each other. The names of the winning teams in that round shall be drawn together in the same way and so on until the final tie is played when the winning Club shall hold the Cup for the current year
- The draw will take place at league committee meetings
- After each respective draw the Norwich and District Sunday League shall intimate the cup draw result to the competing Clubs along with the date on which the ties must be played. The date for all the rounds shall be decided by the league committee
- Each home Club shall, at least three days before its respective cup tie, confirm with its opponents and where they have been appointed, the Match Official(s) the match arrangements including the venue, colours and kick off time
- Any Club in default may be fined the sum of up to £30
- The venue of each match (apart from the Final) will be that of the first drawn Club unless an alternative arrangement is made



# Norwich and District Sunday League

League Cup - Referees - 2023-24

- No referee shall be a member of either of the competing clubs
- The responsibility for appointing all match officials for league cup fixtures will be that of the Norfolk County FA Referees Appointments Officer
- In all fixtures each club shall supply an assistant referee. Any club failing to comply with this rule may be fined up to £30
- Fees to be paid by the AWAY Team and will be:
  - Basic Fee - £25
  - Mileage - 35p a mile, maximum of £25
- At the Semi Final stage the home team will pay for the pitch and one assistant referee, the away team will pay for the referee and the second assistant referee
- In the event of no referee being appointed or the appointed referee failing to arrive, a referee shall be chosen on the ground and must be mutually agreed by both teams. This individual will be considered as an official appointment by the Association for the duration of the match. The absence of the appointed referee shall not be deemed sufficient cause for the match not being played
- In all unplayed matches, where the referees or any appointed assistant referees attend they shall be entitled, if no club is at fault, to expenses only. If the delegated Committee deem any Club is at fault for the non-playing of a fixture it may be required to pay the appointed official(s) their full fees and expenses



# Norwich and District Sunday League

League Cup – The Final - 2023-43

- The final of the League Cup shall be played on a ground to be determined by the League Committee
- In the event a final match is level after normal time, it shall be decided by the taking of kicks from the penalty mark in accordance with regulations laid down by the International Board
- The League Committee shall have direct control of all arrangements for the Cup Final
- The only persons allowed in the technical areas, for the final, will be the named substitutes and club officials as named on the official team sheet on the day of the match. All named persons shall act in a responsible manner. The names of all individuals eligible to enter the technical areas must be submitted to the match referee and opponents prior to kick off when submitting the Club's completed team sheet
- The 2023-24 League Cup final will be held in May 2024

# Norwich and District Sunday League

League Cup – Responsibility for the Cup - 2023-24



- The cup shall be presented to the captain of the winning Club immediately after the completion of the Final. An officer from the winning Club will be required to sign the 'Custody of League Cups' form, confirming the Club knows and accepts its personal responsibility for the cup and its value along with the undertaking that the Club will be financially liable for any damage caused
- The League Cup shall be returned to a Norwich and District Sunday League Committee member no later than 1 April in the following year or earlier if so requested