

Listed are agencies, organizations and community resources. Please check with the post-stroke rehabilitation team about additional sources for assistance and support. Your local library, hospital, senior/community center, health departments and support groups also can help you to locate the resources you need. You can also access these resources at the SSEEO website at <u>www.sseeo.org</u> or call 888-988-8047.

## **Programs and Services**

**2-1-1 Illinois** – partners with not for profits and government organizations to connect people and organizations to community services, disaster relief services, and volunteer opportunities. Dial 211 <u>https://www.illinois211.org/</u>

**Retail Savings Guide for People with Disabilities** – provides a walkthrough of discounts and special offers for individuals with disabilities <u>https://www.couponchief.com/guides/savings\_guide\_for\_those\_with\_disability</u>

**Mayor's Office for People with Disabilities** – City of Chicago 312-744-7050 <u>https://www.cityofchicago.org/disabilities</u>

**Chicago Family Support Services & Dept. of Aging** – Senior services and centers throughout Chicago provide: legal, counseling, caregivers assistance, respite, and disability ride free cards 312-744-4016 <u>www.ci.chi.il.us</u>

**Illinois Dept. on Aging** – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 <u>www.state.il.us/aging</u>

**Community Care Program** –Services for IL seniors who need nursing or home health care 800-252-8966 www.state.il.us/aging/1athome/ccp.htm

**Smart Policy Works (formerly Health & Disability Advocates)** – For 25 years, has been the organization for policy solutions that promote health and economic security. 312-265-9106 <u>www.smartpolicyworks.com</u>

Medicare – Federal health care plans and prescription coverage 800-633-4227 www.medicare.gov

**Social Security and Disability Resource Center –Information** on social security and disability benefits, applications and appeals <u>www.ssdrc.com</u>

State of Illinois Health & Wellness -IL healthcare programs for the disabled www.health.illinois.gov

**Illinois Dept. of Healthcare & Family Services** – Medical and prescription programs, health benefits 866-468-754 <u>www.hfs.illinois.gov/programs</u>

Needy Meds – Assist people having trouble affording their medications <u>www.needymeds.com</u>

Adult Daycare – Directory of adult day care centers 866-333-6002 www.adultdaycare.org

**Home Health Care** –Resource for Medicare certified home care agencies and nurses <u>www.homehealthcareagencies.com</u>



## Senior Living Map - Help in finding senior and assisted living www.seniorlivingmap.org

Property Tax–Disabilities tax relief <u>www.revenue.state.il.us/localgovernment/propertytax/taxrelief.htm</u>
Illinois Legal Aid – disabilities guidebook & State disabled person identification card <u>www.illinoislegalaid.org</u>
Chicago Dental Society Foundation Clinic – dental health care for low income residents' <u>clinic@cdsfound.org</u>

Illinois person with a disability identification card application <u>www.cyberdriveillinois.com</u>