

# Nebraska Championship Meet Schedule of Events

## **Field Events: 11:00 AM CST Start**

Boys Shot followed by Girls; B & G throw 4KG shot

Girls Disc followed by Boys; B & G throw 1KG discus

Boys Long Jump followed by Boys Triple Jump West Pit (45 minutes between events)

Girls Long Jump followed by Girls Triple Jump East Pit (45 minutes between events)

Boys Pole Vault West Pit, East end of Track

Girls Pole Vault East Pit, East end of Track

Boys High Jump 2 Pits followed by Girls High Jump 2 Pits

West end of Track (45 minutes between events)

\*\*Shot, Disc, Long Jump, Triple Jump – three attempts, top nine to finals

## **RUNNING EVENTS**

\*\*100 Meter and 100 Meter hurdle events have prelims and finals. 1<sup>st</sup> place from each heat plus next five fastest times advance to finals.

\*\*All other races on track are final competitions against time. Girls run before Boys.

12:30 p.m.	4 X 800 Meter Relay Finals One Section G & B
1:15 p.m.	100 Meter Hurdle Prelims Three Heats G & B
1:40 p.m.	100 Meter Prelims Three Heats G & B
1:55 p.m.	1600 Meter Finals One Heat G & B
2:15 p.m.	4 X 100 Meter Relay Finals Two Heats G & B
2:35 p.m.	400 Meter Finals Three Heats G & B
2:50 p.m.	200 Meter Hurdle Finals Three Heats G & B

## **\*\*AWARD PRESENTATIONS**

3:35 p.m.	100 Meter Hurdle Final One Heat G & B
3:45 p.m.	100 Meter Final One Heat G & B
3:55 p.m.	800 Meter Final Two Heats G & B
4:15 p.m.	200 Meter Final Three Heats G & B
4:30 p.m.	4 X 400 Relay Final Two Heats G & B

## **Runner-Up and Team Title Presentations / Most Valuable Athlete Presentation**

**\*\*Meet may run ahead of schedule or go to a one session schedule if inclement weather threatens.**

