

CAMY 5K Run & DAVID CLERICI 5K Walk

*****Sat., November 11, 2023*****

(USATF Certified #MA15011RN)

STARTS: 18th Rosina Kids Fun Run - 9:30 a.m.; 23rd David 5K Walk - 9:50 a.m.; 23rd Camy 5K Run - 10 a.m.

WHERE: Walpole Italian-American Club, 109 Stone St., Walpole, MA 02081

FIELD SIZE: No cap, no limit.

MASKS: Optional. No mask mandate (although, we will comply with any new federal, state, and/or town regulations).

REGISTRATION: Available online, via mail-in application, or on race-day (8-9:30 a.m.).

NUMBER PICKUP (race-day only): Bib numbers and race shirts (shirts are free for first 100 race/walk entrants) is 8-9:30 a.m.

STARTS/WATER: Single start for the walk (9:50 a.m.) and single start for the run (10 a.m.). Water station at about 1½ miles.

POST-RACE: Post-race activities with food, raffle, awards ceremony, etc.

AWARDS: **RUN:** Top 3 male/female trophies. Age-group top 3 male/female medals - 14&U, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80&O. Trophies - Camy Award (1st I-A Club member - any town); David Award (2nd-to-last finisher); Bill Hunt Award (1st Walpole male); Alice Grace Hunt Award (1st Walpole female); Coach Squires Award; Clydesdale (top 3 males 200+lbs.); Filly (top 3 females 140+lbs.). No duplicate winners. Priesing Award (special recognition). **WALK:** Trophies - Frank Clerici Sr. Award (1st male finisher), Carol Hunt-Clerici Award (1st female finisher). **ROSINA FUN RUN:** 50 yards for 11&U. Ribbons (no reg, no shirt).

RAFFLES: HUGE raffles (must be present to win). Free runner/walker raffle. And a separate raffle with one-of-a-kind items, gift certificates, clothing, autographed memorabilia, collectibles from Olympic running legends like Bill Rodgers, Joan Benoit Samuelson, Frank Shorter; and much more. Tix (\$1 each, 8 for \$5).

BENEFITS: Walpole Community Food Pantry, I-A Club/Society, Carol Hunt-Clerici Chamber Music Series Clerici Quartet, among them.

PARKING: NO street parking, per Walpole Police (street is part of the course). Use the Knights of Columbus lot next to I-A Club or nearby town pool and Town Hall public lots. Handicap parking also available at I-A Club.

CHANGES/RESULTS: Changes and results posted on Facebook (www.facebook.com/paul.clerici.12) and the race website page (www.paulclerici.com/camydavid5k). Timer TVFR (www.tri-valleyfrontrunners.com). Thank you, TVFR! Contact (508) 668-2249, camydavid5k@yahoo.com

ONLINE REG: <https://www.active.com/walpole-ma/running/distance-running-races/23rd-annual-camy-5k-run-and-david-5k-walk-2023>

MAIL-IN REGISTRATION: *One form per entrant!* Fill out completely and clearly, sign, and mail with a check as instructed.

(Please print clearly)

REGISTRATION FORM (Check off all appropriate areas)

\$20 non-refundable fee (\$15 for 16&U, 70&O) postmarked by Mon., Nov. 6, 2023; \$25 non-refundable fee for all ages on race day 8-9:30 a.m.

CHECKS PAYABLE to CAMY 5K and MAILED to Paul Clerici, c/o Camy 5K, P.O. Box 99, South Walpole, MA 02071

Online reg: www.paulclerici.com/camydavid5k

508-668-2249

camydavid5k@yahoo.com

Name _____

Male/Female _____

Address _____

Run _____ -OR- Walk _____

City _____ State _____ Zip _____ Phone _____

E-MAIL ADDRESS _____

Registration fee \$ _____

Age on race day _____ Shirt size _____ L _____ XL

Donation (if desired) \$ _____

Runners only: Clydesdale (male 200+lbs.) _____ Filly (female 140+lbs.) _____

Raffle tix (\$1 each; 8/\$5) \$ _____

Italian-American Club from any town (not a running club) _____ Total Amount Submitted \$ _____

I hereby for myself, my heirs, and administrators, waive any and all rights and claims for damages I may have against individual sponsors, coordinating groups, organizations involved with this event; their representatives, successors, assigns, and will hold harmless for any and all injuries, illnesses suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I grant full permission to use, and all foregoing to use, my likeness in all medias, including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

ENTRANT'S SIGNATURE (or parent/guardian's signature if entrant is under 18) _____ Date _____