

VEGETABLES & TOFU

Buddha's Feast <i>Sauteed broccoli, snow peas, carrots, onions, mushrooms, zucchini, green peppers, & beansprouts in a garlic sauce.</i>	\$11.59
Seasonal Vegetables <i>Assorted local fresh vegetables stir-fried in our chef's special white sauce.</i>	\$11.59
Kung Pao Vegetables 🌶️ <i>Sauteed vegetable with chili peppers, golden peanuts, onions and bell peppers</i>	\$11.59
Szechwan Vegetables 🌶️ <i>Fresh vegetables stir-fried cooked in spicy brown garlic sauce</i>	\$11.59
Garlic Tofu <i>Crispy tofu served with green peppers, onions, mushrooms & zucchini in a garlic sauce.</i>	\$12.59
Szechwan Tofu 🌶️ <i>Soft tofu, green onions, in a special spicy sauce. Choice of vegetables, pork, or chicken.</i>	\$12.59
Sweet & Sour Tofu <i>Crispy tofu, onions, bell peppers, carrots & pineapple cooked in our sweet & sour sauce.</i>	\$12.59
Orange Tofu <i>Crispy tofu served in our special orange sauce w/ red peppers & green onions.</i>	\$12.59



SPECIALTIES DISHES

Egg Foo Young <i>Choice of meat wok'd with assorted vegetables served on top of a delicious egg omelet.</i>	
Beef, Chicken, BBQ Pork, or Vegetables	\$13.99
Shrimp or House Special	\$14.99
Pan Fried Noodles <i>Choice of meat or vegetables with mushrooms, snow peas, zucchini, carrots and cabbage in a dark sauce poured over crispy egg noodles.</i>	
Beef, Chicken, BBQ Pork, or Vegetables	\$13.99
Shrimp or House Special	\$14.99
Singapore Chow Fen <i>Choice of meat or vegetables with shrimp, chicken, vegetables, and rice noodles stir-fried in a light curry sauce</i>	
Chicken, BBQ Pork, or Vegetables	\$14.99
Rice Noodles with Beef, Chicken or BBQ Pork	\$14.99
<i>Rice noodles stir-fried with your choice of beef, chicken, BBQ pork</i>	

EACH ENTREE COMES WITH A FREE STEAMED WHITE RICE.
ADD \$0.50 FOR BROWN RICE.

🌶️ Hot & Spicy

Images are for reference only

LUNCH SPECIALS

Served Daily Until 3pm.
The following are served with Hot & Sour Soup or Salad, a Potsticker & Steamed white or brown Rice.
Upgrade to Egg Fried Rice or Plain Chow Mein for \$1.00

House Special Chicken	\$9.99	Szechwan Beef 🌶️	\$10.59
Kung Pao Chicken 🌶️	\$9.99	Mongolian Beef	\$10.59
Garlic Chicken	\$9.99	Sweet & Sour Pork or Chicken	\$9.99
Orange Chicken 🌶️	\$9.99	Chicken, Beef, or Pork Chow Mein	\$9.99
Sesame Chicken	\$9.99	Shrimp w/ Seasonal Vegetables	\$10.99
Chicken w/ Seasonal Vegetables	\$9.99	Garlic Shrimp	\$10.99
Chicken w/ Broccoli	\$9.99	Honey Walnut Shrimp	\$10.99
Mongolian Chicken	\$9.99	Kung Pao Shrimp 🌶️	\$10.99
House Special Beef	\$10.59	Seasonal Vegetables	\$9.59
Broccoli Beef	\$10.59	Garlic Tofu	\$9.59

FRIED RICE

Wok-fried rice blended with shredded egg, peas, and green onions.

House Special Fried Rice <i>(Includes Beef, Chicken & Shrimp)</i>	\$10.99
Shrimp Fried Rice	\$10.99
Beef Fried Rice	\$10.99
Pork Fried Rice	\$10.59
BBQ Pork Fried Rice	\$10.59
Chicken Fried Rice	\$10.59
Vegetable Fried Rice	\$10.59
Yang Chow Fried Rice <i>(Steamed rice, white meat chicken & bbq pork)</i>	\$10.59
Pineapple Fried Rice <i>Wok-fried rice blended with shredded egg, peas, raisins, carrots and pineapple</i>	\$10.59
Egg Fried Rice <i>Steamed rice stir-fried blended with egg</i>	\$8.59



CHOW MEIN / LOW MEIN

Soft Noodles stir-fried with bamboo shoots, carrots, celery & cabbage.

House Special Chow Mein <i>(Includes Beef, Chicken & Shrimp)</i>	\$11.59
Shrimp Chow Mein	\$11.59
Beef Chow Mein	\$11.59
Chicken Chow Mein	\$10.99
Pork Chow Mein	\$10.99
BBQ Pork Chow Mein	\$10.99
Vegetable Chow Mein	\$10.99
Dan Dan Noodles <i>Chili peppers, garlic, and ginger stir-fried with ground chicken on top of noodles</i>	\$10.99
Plain Chow Mein <i>(No Meat or Vegetables)</i>	\$8.59

TERIYAKI BOWLS

Freshly made teriyaki sauce, steamed broccoli, served with your choice of steamed white or brown rice.

Chicken Teriyaki Bowl	\$8.99
Beef Teriyaki Bowl	\$9.99
Shrimp Teriyaki Bowl	\$9.99
Vegetable Teriyaki Bowl	\$8.99

SIDES & BEVERAGES

Small Steamed Rice / Brown Rice	\$3.99
Large Steamed Rice / Brown Rice	\$4.99
Regular Soda	\$3.29
Large Soda	\$3.69
Hot Tea	\$3.99



- Quik Wok has been providing our community with healthy, convenient, and affordable Chinese cuisine for the last 30 years.
- All our dishes are hand-made daily with only the freshest ingredients in an open kitchen using heart healthy vegetable oils, NEVER ANY MSG.
- We offer huge portions at the lowest prices.
- Call ahead, your piping hot order will be waiting for you.

MSG

Dine-In • Take - Out • Lunch Specials

2184 Vista Way

Oceanside, CA 92054

(In Wal-Mart & Best Buy Center)

(760) 439-2228

www.quikwoks.com



* Prices Are Subject To Change *

APPETIZERS

- Egg Rolls(4) (Vegetarian) / Chicken Rolls** \$6.99
Crispy hand-wrapped egg rolls filled with fresh green onions, healthy ginger extract, and seasonal vegetables
- Paper Wrapped Chicken (6)** \$6.99
House marinated chicken wrapped in foil paper
- Cream Cheese Wontons (6)** \$6.99
Crispy wontons hand wrapped and filled with a blend of green onions, diced water chestnuts, garlic and cream cheese
- Fried Wontons (8)** \$5.99
- Fried Shrimp (4)** \$7.99
Fresh marinated shrimp breaded and fried
- Pot Stickers (8)** \$6.99
Freshly hand-made chicken and vegetable dumplings. Served pan fried or steamed with our sweet ginger soy sauce
- Salt & Pepper Chicken Wings (6)** \$9.99



SOUPS & SALADS

- | | SMALL
(2-3) | LARGE
(4-6) |
|--|----------------|----------------|
| Wonton Soup (Chicken & Shrimp) | \$8.59 | \$10.59 |
| <i>Hand-wrapped wontons loaded with chicken in a light chicken broth simmered with diced chicken and fresh</i> | | |
| Hot & Sour Soup (Pork, Tofu & Shrimp) | \$8.59 | \$10.59 |
| <i>Shredded pork, tofu, egg, and Chinese mushrooms with just the right balance of spices and citrus</i> | | |
| Egg Flower Soup(Chicken) | \$8.59 | \$10.59 |
| Fresh Vegetable Soup | \$8.59 | \$10.59 |
| Chinese Chicken Salad | | \$10.59 |



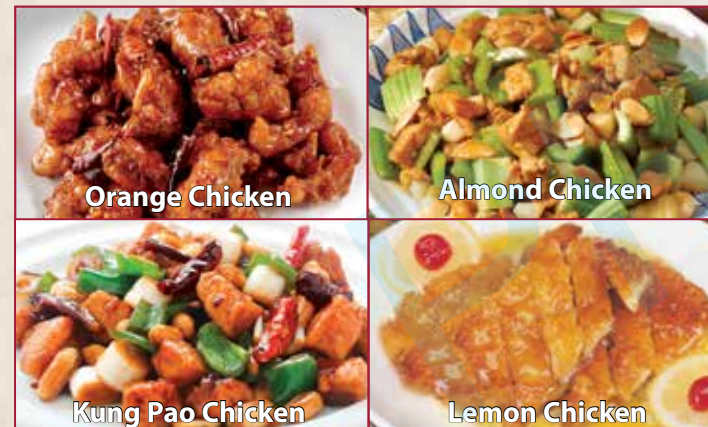
MOO-SHU

Your choice of meat, sautéed with cabbages, bamboo shoots, chinese mushrooms and eggs. Served with crepes, sweet and tangy plum sauce.

- House Special Moo Shu** \$14.99
(Includes Beef, Chicken & Shrimp)
- Moo Shu Shrimp** \$14.99
- Moo Shu Pork** \$13.99
- Moo Shu Chicken** \$13.99
- Moo Shu Vegetables** \$12.99

CHICKEN

- House Special Chicken** \$13.59
Tender chicken marinated in the house special sauce and stir-fried with garlic and green onions with a slight taste of sweetness
- Orange Chicken** \$12.99
Juicy, crispy chicken sautéed with mild spices and fresh orange zest
- Garlic Chicken** \$12.99
Tender chicken stir-fried with fresh garlic and assorted vegetables in a garlic sauce
- Chicken w/ Mushrooms** \$12.99
Tender chicken breast stir-fried with mushroom
- Chicken w/ Broccoli** \$12.99
Tender chicken breast sautéed with fresh broccoli, garlic with our chef's special sauce
- Chicken w/ Seasonal Vegetables** \$12.99
Tender chicken breast stir-fried with fresh seasonal greens
- Sweet & Sour Chicken** \$12.99
Lightly battered chicken breast wok'd with onions, bell peppers, carrots and pineapples in our tangy sweet and sour sauce
- Cashew Chicken** \$12.99
Tender chicken stir-fried with cashews, carrots, and celery in a garlic sauce
- Almond Chicken** \$12.99
Tender chicken stir-fried with almonds, carrots, and celery in a garlic sauce
- Sesame Chicken** \$12.99
Crispy chicken served in our special orange sauce topped with sesame seeds
- Kung Pao Chicken** \$12.99
Tender chicken stir-fried with chili peppers, golden peanuts, onions, and waterchestnuts, bell peppers
- Lemon Chicken** \$12.99
Premium marinated chicken breast lightly breaded for a crisp taste with a fresh lemon sauce
- Chicken w/ Green Beans** \$12.99
Tender chicken stir-fried with fresh green beans
- Honey Walnut Chicken** \$12.99
Lightly battered chicken tossed in our rich honey infused sauce garnished with crispy walnuts
- Chicken Chop Suey** \$12.99
Tender chicken stir-fried with assorted vegetables sautéed in a brown sauce
- Curry Chicken** \$12.99
Tender chicken with creamy curry sauce



EACH ENTREE COMES WITH A FREE STEAMED WHITE RICE.
ADD \$0.50 FOR BROWN RICE.

PORK

- Sweet & Sour Pork** \$12.99
Battered pork loin stir-fried with onions, bell peppers, carrots and pineapples in our tangy sweet and sour sauce
- Szechwan Pork** \$12.99
Shredded pork loin cooked with bell peppers, carrot, bamboo shoots and Chinese mushroom in spicy brown garlic sauce
- Garlic Pork** \$12.99
Shredded pork stir-fried with fresh garlic and assorted vegetables in a brown garlic sauce
- Pork w/ Green Beans** \$13.99
Shredded pork stir-fried with fresh green beans
- BBQ Pork w/ Seasonal Vegetables** \$12.99
BBQ pork stir-fried with fresh green vegetable
- BBQ Pork w/ Broccoli** \$12.99
Shredded pork sautéed with fresh broccoli & garlic with our chef's special sauce



BEEF

- House Special Beef** \$14.99
Tender beef marinated in the house special sauce and stir-fried with garlic and green onions with a slight taste of sweetness
- Szechwan Beef** \$13.99
Tender beef cooked with bell peppers, onions, chinese mushrooms, waterchestnuts and fine chili peppers
- Mongolian Beef** \$13.99
Tender beef wok'd with white onions, green onions, and garlic
- Beef w/ Seasonal Vegetables** \$13.99
Tender beef stir-fried with Snow Peas, Carrots, Mushrooms, Zucchini, Cabbage & Broccoli.
- Beef w/ Broccoli** \$13.99
Tender beef stir-fried with broccoli and garlic in brown sauce
- Curry Beef** \$13.99
Tender beef with creamy curry sauce
- Beef w/ Green Peppers** \$13.99
Tender beef stir-fried with green peppers
- Black Pepper Beef** \$13.99
Tender Beef, Black Pepper & Onions in a Special Sauce.
- Kung Pao Beef** \$13.99
Tender beef stir-fried with chili peppers, golden peanuts, onions, and waterchestnuts, bell peppers
- Beef w/ Green Beans** \$14.99
Tender beef stir-fried with fresh green beans
- Beef Chop Suey** \$13.99
Tender beef stir-fried with assorted vegetables sautéed in a brown sauce



SEAFOOD

- Shrimp In Lobster Sauce** \$15.99
Fresh shrimp sautéed with mushrooms, carrots, water chestnuts and zucchini in a garlic rice wine sauce
- Garlic Shrimp** \$14.99
Delicious shrimp stir-fried with fresh garlic and assorted vegetables in a brown garlic sauce
- Sweet & Sour Shrimp** \$14.99
Battered shrimp stir-fried with onions, bell peppers, carrots and pineapples in our tangy sweet and sour sauce
- Honey Walnut Shrimp** \$15.99
Lightly battered shrimp tossed in our rich honey infused sauce garnished with crispy walnuts
- Crispy Fish** \$15.99
Lightly breaded sea bass w/ our house special garlic sauce on the side.
- Shrimp w/ Broccoli** \$14.99
Juicy shrimp stir-fried with ginger and garlic, tossed with selected broccoli
- Shrimp w/ Seasonal Vegetables** \$14.99
Juicy shrimp stir-fried with fresh garlic and fresh vegetables in our chef's special white sauce
- Shrimp Chop Suey** \$14.99
Shrimp stir-fried with assorted vegetables sautéed in a brown sauce
- Kung Pao Shrimp** \$14.99
Shrimp stir-fried with chili peppers, golden peanuts, onions, bell peppers and waterchestnuts
- House Special Kung Pao** \$15.99
Stir-fried with chili peppers, golden peanuts, onions, bell peppers with shrimp, beef, and chicken



Hot & Spicy

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