

Autumn 2019



Community Magazine

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Open Gardens – and Open Hearts

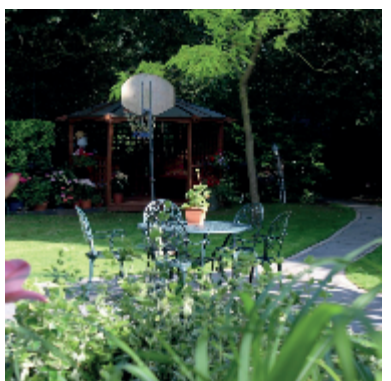


these delightful outdoor spaces.

People lingered and chatted as they enjoyed teas and ice-creams, thoughtfully provided by the gardeners and their partners; plants



were purchased and gardening tips exchanged. I had phone calls the following day from people saying how much they had enjoyed themselves, one gardener beside himself with excitement as he had 'put on a bit of a show' creating a forties theme with the sound of a plane going over, so realistic that some folk were convinced they'd seen it!



People gave generously and our final total, which will go towards repairs to the Upwell Methodist Church, was £651.00. I was thrilled by this and pass on here thanks from our Church members; equally thrilling, though, was the wonderful, joyful atmosphere that prevailed both during the lead up to the event and all through the afternoon itself. Many thanks to all who helped in any way whether by gardening, baking, donating money or just taking the trouble to visit our Open Gardens..

Sylvie Short

On behalf of the Gardeners, I would like to thank Sylvie for the magnificent job she

Prue Lester

did, organising the day and for the very effective publicity. Visitors came from far and wide and all were very appreciative of the trouble that had been taken to make the day so enjoyable.



**Copy Date for
Winter
Edition
is
Friday
22nd November**



FROM THE CHAIRMAN

The summer seems to have flown past, already nights are drawing in and we had a morning mist this morning. Summer is always a quiet season and there is not too much to report.

One of the highlights of the summer was the unveiling of the **Tramway Memorial** outside Upwell Health Centre. Typically after a lovely spell of weather it rained on the parade. Despite the weather though there was a good crowd there for the unveiling and the subsequent

displays at St. Peter's Church. I think the universal opinion of the memorial is positive. It is wonderful to mark what was a significant part of the area's history in this way. On behalf on the Parish Council and the parishioners of Upwell I'd like to thank Bill Smith for his indefatigable efforts to make the memorial a reality; I'd also like to thank our vice chair, Richard Melton, for the work his company did to make the memorial.

As part of our mini reorganisation at the council Brian Carr has taken on the chairmanship of the **cemetery** subcommittee. Following the rather wet June we experienced the grass got

quite long in the cemetery. However, following a cut the sub committee has had several meetings and I have had several parishioners comment that the cemetery is looking good.

We have also this summer overhauled our **website**; we have a new web address : www.upwellparish.co.uk

Meggan Mercer has done a wonderful job and I encourage you all to visit it.

I'd also like to point you at two events coming up at the Upwell Hall. With all this talk of global warming and the middle level commissioners taking a more cautious approach to **water drainage** it is an opportune time for a talk by David Thomas of the Middle Level Commission, on Wednesday September 11th, about what the true risks are of Upwell flooding and what they do to mitigate the risks. Tickets are £5 and can be paid on the door, entry includes refreshments.

After a gap of a few years we are delighted to welcome back the **Raptor Foundation** to the Upwell Hall during the half term break in October on the 23rd. Entry will be £2.50 per person but a family ticket of £10 for two adults and three children. Tickets will be available through Facebook on the Upwell Hall page and from the usual sources. Last time they came lots of children had a great time having close encounters with birds of prey, some of which actually flew inside the hall.

Dr Paul Williams



The **'directory'** is a list of local companies, clubs, organisations and tradesmen. I hope this will make it easier for people to connect when looking for a club to join or searching for a local tradesman. **NB:** While the Parish Council welcome local tradesmen to publish their contact information on the website it should be emphasised that it does not operate a 'Trusted Tradesman' Scheme and cannot be held responsible for the standard of their work.

One of the new functions is designed to make reporting easier. The **'report a problem'** page is to assist the community

when reporting a problem in an effective, hassle-free way. If you think your problem is best addressed to the Borough Council, County Council or the police there are also links on this page which go straight to their respective 'report a problem' page. All other matters can be reported through the form on the website and this will be forwarded to the best person suited to address your issue in the Parish Council.

The **'news'** page is designed to bridge the gap between the quarterly community magazines. These blog posts are a way to communicate information, good news and not so good news within the parish. If you would like to propose a story for the newsfeed or write for the newsfeed, please use the contact form on the website.

The minutes, agenda and accounts for the parish council can be found under documents. There are also digital copies of the community magazine to download. If you would prefer to receive the community magazine via email, please submit your email at the bottom of any page on the website.

For any queries or suggestions regarding the website, please contact me using upwellparish@outlook.com

Meggan Mercer

NEW PARISH COUNCIL AND COMMUNITY WEBSITE

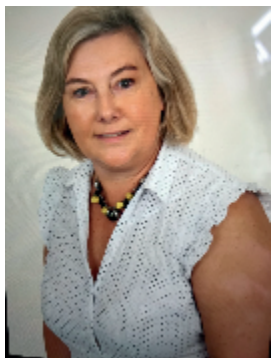
I would like to introduce to you the new Upwell parish website! www.upwellparish.co.uk

I hope you find the new website has a modern, user-friendly feel. The history of our parish continues to inform and was kindly written by Bill Smith. Whilst the content is similar to the previous website, there are some changes in appearance and new features added. Here is a summary of the main pages;

'What's on' is a calendar full of events, clubs, community meetings and worship services that are going on in the village daily, weekly or monthly. The calendar is interactive- click on the events to find the duration and location. If you have an event which you would like to be added to the calendar, please feel free to fill out the form at the bottom of the webpage.

'Get involved' is a new page and it's a chance for volunteer positions to be advertise for the areas most in need within the community. If you think you have some time to give back to the community then please head over to this page and see the opportunities available. There is also a generic form you can submit, using the link on the page, where you can express your general interest for volunteering if nothing calls out to you.

New Councillor Profile – Christine Aston



Christine moved here to Upwell from Upshire with her husband, David, in August 2002. Having spent most of their childhoods in Cornwall and Lincolnshire respectively, they decided they wanted to move away from the suburbs of London to enjoy a more rural life once again. She works for an IFA in Cambridge as an Employee Benefits Group Risk Specialist and is lucky enough to work from home most of the time. As well as serving as a Parish Councillor, she is also Chair of the Upwell Playing Field Committee.

Christine has three grown up children – two sons and a daughter plus several grandsons – six at the last count! Her younger son, a painter and decorator, lives in London, and her daughter, a Deputy Head teacher, lives in Essex. Sadly her eldest son has been missing for fourteen years, but Christine knows through Facebook that he was in Nepal about four years ago. I have mentioned this as, you never know, by making you aware of it someone may be able to help locate him.

Christine has always shown an interest in what the Parish Council is doing, and planning to do in the future, so when the opportunity arose to join them she took it. She feels it's important to give something back to the community and help steer the future. She is hoping to be the voice of reason, listening to parishioners and helping to guide the community in the right direction whilst walking the fine line of providing affordable services with financial boundaries. She has assumed responsibility for the advertising element of the Community Magazine and aims to assist in other areas wherever she can.

Christine enjoys living in a rural village and thinks it's important to try and preserve the feel of community that already exists here. Although expansion is necessary to provide housing, she doesn't want Upwell to become too big and lose the essential elements of village life. Progress at any price should not be an option. Like many of us she would like to eliminate speeding from our streets!

Christine loves to travel and does so at every opportunity, never wanting to have to say 'if only....' She not only visited Spain but lived there for a while in the mid to late 70's. She also finds time to write, and is currently working on a couple of projects for her publisher. She likes pottering in the garden, the occasional G&T, anything to do with Egyptology and watching the sea off the coast in Cornwall. Once again I find myself in awe of yet another busy person who still finds time to work in a voluntary capacity for our community and I wish her well. It sounds as though we are lucky to have her.

Sylvie Short

REMEMBRANCE SUNDAY

10TH NOVEMBER

THE OPEN AIR SERVICE WILL BE HELD AT THE WAR MEMORIAL AT 10.45 A.M.

THE TWO MINUTE SILENCE AT 11.00 A.M. WILL COMMEMORATE THE FALLEN IN BOTH WORLD WARS.

THIS CEREMONY WILL BE FOLLOWED BY A SERVICE IN ST PETER'S CHURCH.

BOTH WILL BE LED BY THE REVD DAPHNE CALVERT AND CLERGY FROM THE METHODIST CHURCH

ORDINATION SERVICE

The Churchwardens and Parochial Church Council will be delighted to welcome you all on the historic occasion of the Ordination as Deacon of our own Daphne Calvert (who has served as a Licensed Lay Reader for many years) by the Bishop of Ely, the Right Reverend Stephen Conway at 7.00 p.m. on Wednesday 25th September at St Peter's Church, Upwell.

All warmly welcome.

We offer you a very warm welcome to any of our services and events.

Street Lights


Upwell Parish Council owns & maintains all the street lights within the Parish, with the exception of The Russets, Ransomes Close and Townley Close which are the responsibility of NCC. A recent night time survey revealed an unbelievable 22 lights that weren't working, none of which had been noticed or reported to Upwell Parish Council by residents or Councillors alike. Street light faults can now be reported to the new Upwell Parish Council website, all we need is the road & nearest property. Some lights have a number on the pole which also helps to identify them. Unfortunately the cost of new lights remains prohibitive, with underground electricity supply being required, & new lights can no longer be attached to existing electricity poles.

Upwell Village Cemetery

More volunteers are needed to join our existing team.


If you have an hour or maybe two per week free, please help us to keep weeds at bay. We try to keep the cemetery clean and tidy, for those in the cemetery and for those visiting their loved ones.

Please contact Brian Carr for more information. 01945 774145 or email lcarr182@btinternet.com


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Lakesend Happy Circle
2019 Coach Trips

Wednesday 20th November –
Bawdeswell Garden Centre



Bus fare £10 per person.
Pick-ups start in Upwell from 9am
(There is no parking at Hircocks.)

Club Christmas lunch – a Monday in December – i.e.c.
at the King of Hearts, West Walton



You do not have to be a member of the Lakesend Happy Circle Club to go on any trip or attend the Christmas lunch, but please call Hazel first so seats can be saved on the coach and a place can be reserved for the meal.

Please ring Hazel for details on 01945 773327


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Green Fingers Gardening Club

We have had a sociable summer including visits to members' gardens, Upwell Summer Fayre and a Coffee Morning. Each event has helped boost our charity collection which for this

year is **Guide Dogs for the Blind**. Local people & businesses have been generous. We would like to thank Goldings, Tweeds and M&B for the vouchers they donated to the Coffee Morning draw. Thanks to all who gave plants, cakes, books and bric a brac and to those of you who turned out in support. Last but by no means least a huge thank you to the club members who volunteered their time and gardens.

Our small but imaginative committee deserves thanks too. Susie is the Chairman and she is supported by Gail J (Secretary), Gail R (Treasurer) and Raina (Programme Secretary). June, Julie, Gerry & Sandi are committee members; they come up with the bright ideas.

Additionally, Mick compiles the Newsletter, Dora records the Bloom of the Month results, Ronnie & Mary organise the raffle while David & Yvonne serve refreshments at meetings. You can approach any of them if you want to know more - about the club not life in general! (Apologies to anyone I've overlooked.)

The year seems to be turning with the days shortening steadily. There is still interest in the garden though. We have had Painted Lady butterflies in the buddleia, squirrels collecting hazelnuts & plenty of colourful flowers. Hopefully temperatures will remain steady and the days dry so that we can enjoy our gardens well into September and have a bountiful harvest.

Our meetings generally include a Speaker so on
17th Sept: David Henry will talk about 'Trinity Orchards'
15th Oct: Johnny Walker is talking on the 'A-Z of Bulbs'
Come along if you like - 7.30pm Upwell Methodist Church Hall. There is a small charge of £3pp but this can be offset against club membership.

THE FARMING YEAR 2018-19

Hi everybody,

We are getting through another year – where does time go? Looking back to last year, the hot and dry weather affected many crops but things did not turn out too badly by the end of the season.

The autumn was also fairly good, weather wise, and drilling of winter cereals seemed to have gone well. Later, the winter wheat looked good but a fair amount of oilseed rape suffered and I believe some farmers ploughed it in due to stem beetle destroying it, as the chemical used to control the beetle has been banned.

The winter weather was fairly dry and we did not have much in the way of frosts. February turned out to be a fairly good month for the weather, and by the end of the month farmers were starting to plant early potatoes and drill spring cereals and some onions; but then in March we had some strong winds and rain which held things up for a while. Have you noticed the Met Office gives these storms names now when they never used to? Well, not in this country anyway.

As the spring and summer progressed and crops started to grow, we had a number of heavy spells of rain. In Lincolnshire they had over 6 inches of rain, which swamped some of the fields of potatoes and also of cauliflowers, spoiling a fair amount.

Then there was a spell of very hot weather in the weeks that followed and records were broken due to the high

temperatures. I believe Cambridge recorded one of the highest.

As you went about the area crops looked good, i.e. cereals, potatoes and sugar beet and the fields of onions looked much better than last year. Early potatoes grew and cropped well. Also strawberries did well. I had some of the largest strawberries that I have had for some time. This year, the cherry trees in my garden had the most cherries that I have ever seen, but apple trees seem a bit hit or miss, some have a good show but others have hardly any fruit at all.

Harvest has started and appears to be going alright. But at the time of writing the weather has become a bit unsettled so it has stopped for the moment, but it talks of coming better over the next few days.

Thinking back, I remember how much I enjoyed farming and how many small farms there were around this area, but apart from the odd one they all seem to have gone now and everything is in big hands. I suppose that is progress.

I was watching BBC Countryfile a little while ago when a lady came on and started talking about global warming. She said farmers should stop keeping cattle and sheep, because when they pass wind the gas they produce is helping to damage the ozone layer and contributing to global warming – but she did not say where, if this comes about, the milk would come from to put in your tea and coffee - and what about your Sunday joint? Some people do come up with funny ideas.

That's all for now folks, all the best for the future.

Keith Harrison

The Wisbech to Upwell Tram Project.

This Project is to celebrate the memory of the Wisbech Upwell Tramway. The Wisbech to Outwell Tramway opened as an experiment in 1883 and was extended to Upwell in 1884. At its peak, six trams a day in each direction provided passenger and, most importantly, freight services for local produce to Wisbech and then via the main railway link to larger towns and cities. Competition from the Outwell Omnibus Company started by Charles Robb in 1920 eventually ended passenger services in 1927. Freight continued until 1966 when it was cut as part of the "Beeching Axe". The final tram journey took place May 20, 1966.

Remembering the Tramway is of importance for all living in the area but also for those much further afield - for rail aficionados and enthusiasts, for local history lovers and tourists and also for millions of fans of Thomas the Tank Engine the creation of the Reverend Wilbert Awdry who was vicar of the nearby village of Emneth (1953 -1965). Toby the Tram Engine and his coach, Henrietta and later, Mavis, the Drury diesel tram were based on rolling stock used on the Tramway. Very little evidence of the former Tramway remains today which highlighted the necessity for the Wisbech to Upwell tram projects

The idea for the Wisbech to Upwell Tram Project came from a conversation, back in the early 1980s between William (Bill) Smith and Andrew Ingram (who had at that time written The Wisbech & Upwell Tramway Centenary Album -1983 and many other branch line books). Andrew remarked that, "The people of Outwell and Upwell should have kept some reminders of the tramway. It would have elevated those two villages as there is a vast interest in the old railways". Following that exchange, Bill decided to produce a tram memento for Outwell, the village in which he lives.

Bill first embarked upon producing a tram memento for the former tram yard site at Outwell and was given an old Norfolk County Council, spherical road sign marked "Outwell" that had been buried at Bexwell Airfield in 1940 during the Second World War. It would eventually form the centre-piece of the Outwell Memento. Then, aided by his friends John Button and Tony Judd, he started to source discarded tram-related relics and other authentic railway materials. They spoke to staff at Bressingham Steam Museum who directed them to a railway "graveyard" at Hardingham in Norfolk. Bill was offered two full-size Victorian tram wheels fixed to an axle (these gave birth to the Upwell memento idea) and then also four rail chairs, four hardwood blocks and two authentic sleepers with sixteen period fixtures - many of the parts needed to make an installation for Upwell. These very early tram wheels and axle were designed to run on "bull-head rail" the same type used for the Wisbech to Upwell tramway. Help was also promised by Nene Valley railway enthusiasts - who offered other materials - and more volunteers lined up for restoration work. To beat the expiry date of the original planning permission and with huge thanks to an anonymous, five hundred pounds donation, planning started for the building and installation of the Upwell Tram Memorial to go ahead before the middle of August 2019. The securing of a grant of £250 from the BCKLWN's Small Grant Scheme and an offer from local company, SDM Fabrication of March, to provide its services free-of-charge to build and transport the memorial ready for

public display helped get the installation finished on time. The event took place on Saturday 27th July and Bill Smith awarded the unveiling honour to ninety-year old Mary Williamson whose husband Bill was manager (until 1974) of Coote & Warren Ltd coal merchants who had a branch at the Upwell tram depot. Despite a downpour a good crowd turned out to witness the event and then attended the display of tram photographs and other memorabilia coordinated by Bill, assisted by Upwell WI and St Peter's Church members.



Richard Melton (Managing Director) and Kimberley Smith (Project Engineer) of SDM Fabrication

The whole day was again filmed by Welle Film Productions – look out for more details once editing has been completed.



Mary Williamson & Bill Smith at the Upwell Tram Memorial unveiling.

The Outwell Memento was unveiled July 2016 by two of Outwell's oldest residents, Norman Wenn and Iris Risebrow - pictured below with Bill Smith. A vast selection of historical photographs, from Bill's collection was also put on display in St Clement's Church.







The photographs were collected by Bill over the past 40 odd years and resulted in him producing six local history books including the award winning "Discovering Upwell" book

This is an extract from Sue Lowe's story of the Tram Project which will appear in it's entirety on the Upwell Parish website -Ed

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Upwell Parish Council

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UPWELL PLAYING FIELD COMMITTEE

Reg charity 300425

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email: rosdshorting@talktalk.net



Horse and Pony Show Saturday July 20th

What can one say – weather forecast was not good... Friday, but Saturday the Sun shone all day, then it rained very late afternoon, brilliant judging by Steve Board and Cherly Cox a very relaxed day. Inhand champion was Sarah Prior and Reserve inhand champion Pip Read, Ridden champion was Nicole Woodford and Reserve ridden champion Lexi Godden. Supreme Champion was Nicole Woodford and Reserve Supreme Pip Read. Our next show was Saturday 31st August, when our judge was Frankie Ayers.

August 31st, an extra date for Horse and Pony Show due to our June show being cancelled on account of the “wet stuff”, was another brilliant day. It didn’t rain until late afternoon, but unfortunately the rather gusty winds damaged our gazebos even though anchored down! Judge Frankie Ayers and Steward Tim Moyle did an excellent job of judging both inhand showing and ridden showing.

Inhand Champion Jan Allen with Maisy May, Reserve inhand Champion was Pip Reads, Sgt .handled by Craig Green, Ridden Champion was Shelby Cowells and Reserve Ridden was Gracie Cowells, Supreme Champion Jan Allen with Maisy May and Reserve Supreme Shelby Cowell.

In September we are having another weekender! –

Friday night 20th September there will be a “Tack sale” in Upwell Hall – Saturday – 21st our last Horse and Pony Show

of the season followed by Sunday 22nd Fun Dog show – please come along and show your support for the Playing field.

During our August monthly meeting the committee walked the field – and yes it is a long way round – some of our trees are in need of T.L.C., and in the next few weeks we will be getting them surveyed.....more money.

As with all committees we struggle with help on certain days, if you are free on a Thursday morning for our carboot, like meeting people, and serving tea and coffee, we need you. Event days, horse and pony show days we need help, putting posts in, at 7am, and taking down at the end of the day. We also need help in the kitchen serving refreshments. By the time this magazine hits your door mat School summer holidays will be over – most days we have had families in the childrens play area, some playing football, some sitting chatting, and several on top of the “teen shelter”. !!!!!... and some bright spark NOT, smashing glass namely a jar of jam on our container doors, not a very good idea, and your friends saw the result of it! Litter as ever has been a problem – half a bin bag over night from the teen shelter, despite repeated requests to use the bin some youngsters just do not get the message and it is mostly girls. Not my rubbish. We shall no doubt be having a Christmas Raffle, usually about the 17th December so prizes of a festive nature will be gratefully received

The pavilion is available for hire – for childrens’ parties, small meetings etc.

If you would like to sponsor an event – Horse and Pony Show class £10 per class, donate raffle prize, please let us know.

BLUNT TRUST UPDATE

Things have moved on since my last update. We now have the much anticipated bank account and have applied to the charity commission for registration. We also had our launch meeting in July; I was disappointed by the relatively low numbers of people who attended the launch meeting, it’s not often we have organisations with money to give away and I expected more interest.

At this stage we have identified three main areas we are planning to spend money on. The nature walk, educational grants and local projects. We have developed application forms and guidance notes for applicants. In time we will have a website people can access to get the details but for now you’ll need to contact one of the trustees to get them. Remember you have to be a resident of the village of Upwell to qualify for a grant and any projects you apply for support for has to be based in Upwell.

At the moment our main focus is on the nature walk which we are working on to get ready for a formal opening. A lot

of work still needs to be done in the site and again I’d like to ask for any volunteers to help with the work to let us know. I’d like to thank the people who have already supported our work there.

The educational grants are aimed at people planning to go to university or take other post school qualifications. They may be for equipment you’ll need, to help pay for you to visit universities during your selection period or to support you during your time at university.

The trustees have decided it was Edith Blunt’s intention that the trust be long lasting, therefore we will need to put a sizeable part of the money aside to produce an income for the trust. However, we also feel it is important that the trust makes its mark in the village in the next year or two so we are hoping some significant projects apply for support in the village in the coming year.

Dr Paul Williams



Where have the six weeks gone? I had such wonderful plans to catch up with everything such as the outstanding 4,000 words I need to write for my studying, a little bit of gardening in the school grounds and to tidy the

clutter on my desk!!! Sadly, I have not completed any of these tasks.....however, the academy has been very busy during the summer break.

I cannot praise my staff enough and I know how fortunate I am to work with such loyal and committed people, and



how lucky the children are too. Teaching assistants have given their time in the holidays to help teachers prepare their rooms, create displays and met with new teachers to discuss plans for the year. The caretaking staff have been very busy and the academy is looking amazing, and ready for the children to return. In particular, Kevin our caretaker has been phenomenal and somehow managed to work through his ridiculously long job list. Not only has he completed his jobs, but he has also coordinated all the additional work which has happened during the break.

So what is new? EYFS have a fantastic new canopy so they can continue their self-directed learning come rain or shine. Year 1 have a remodelled and improved learning environment and a super additional working space. Years 3 and 4 have had their learning environments enhanced by the creation of improved display spaces. We have also taken delivery of our very own red double decker school bus. If you travel along Baptist Road you will see it across the field. It will be our 'Reading Bus' and will provide much needed space to enable children to develop their phonic knowledge and enhance their reading skills. It will also provide a dedicated area for those with sensory needs. The project is very much at the beginning of its journey and I hope that the children enjoy taking a part in the planning of how we refurbish it.

We welcome three new teachers this year. Miss Calvert and Mrs O' Regan join us in KS1 and Miss Ellington in KS2 and they bring with them a range of experience and

knowledge. Miss Ellington is also my new Assistant Principal and the two of us have been meeting to clarify our vision for the academy and planning an exciting year. Her energy and enthusiasm are infectious.

Each year we have a different display in the entrance to the academy, previous ones being butterflies and fish. Each child and member of staff contributes to the display and it is lovely to see the range of creativity from the different year groups. This year our theme is bees and they look amazing. Well done to Mrs Preston for coordinating this amazing display.

I was really hoping to be able to inform you that the pre-school is up and running but they are still waiting for their OFSTED registration. In the meantime, they will be running some 'Play and Stay' sessions so parents and children can get to know the staff and each other.

The sensory garden is still a project very much in its infancy, but I am determined it will happen and hopefully not in the too distant future.

I will continue to work hard to promote safe parking and turning in front of and near the school grounds. Parking notices have been installed and the zig zags are now a no parking area and FOSA have purchased some wonderful banners to act as reminders. As always, my main priority is to ensure the safety of the children and I am sure with



considerate and legal parking we can all work together to ensure that children can travel to and from school safely.

We provide children at Upwell Academy with an amazing start and this year we are above national in both early years and the year 1 phonics screening check. We still have places available in both these year groups if you have recently moved to the area and we always welcome families to come and visit us. During September and October, we will be running some open days for Reception children who are due to start school in September 2020.

If you are starting to think about schools for younger children, or are moving to the area, please call to arrange an appointment to visit. I welcome the opportunity to show off the amazing work we are all doing.

Mrs Norman (Principal)

office@upa.eastern-mat.co.uk 01945 773220

Chair: Paul Williams, V. Chair: Brian Carr, Secretary: Ros. Shorting, Treasurer: Amanda Williams

Committee: Pat Moat, Charles Martin, Linda Carr, Mark Elliott, Meggan Mercer, Christine Aston.

Over the last few weeks there has been much discussion regarding decorating, electrical rewire, new heating system. Someone has been and looked at the ladies toilets for a refurb, and an appointment has been booked for a heating company to do a survey. With all old buildings, such as Upwell Hall built in 1868, they need more T.L.C. but we do have to be mindful of the original features.

EVENTS – coming up are “Will Upwell ever flood”, a talk by Middle Level Commissioners chief executive David Thomas on Wednesday 11th September, entrance fee £5. Something for everyone on Wednesday 23rd October: the Raptor Foundation will be paying a visit with various birds of prey – entrance fee is £10 family ticket (2 adults and max 3 children) or £2.50. November 3rd our annual Christmas Craft Fayre – grab an early present, 10am – 4pm admission 50p, over 30 stalls!. December 11th will see Father Christmas make his first appearance in Upwell.....we think he will arrive about 7.00pm; various things will take place in the hall while waiting for Father Christmas to arrive.

On the hiring side of things we have gained another regular booking, and the Welle W.I. will be starting a Patchwork Quilting group on the first Thursday of every month from October 3rd 2 –

4pm, contact Jan 01945 774565 or Muriel 01945 772356 for further information.

200 CLUB:

JUNE: £50 J. FRANCIS, £25 Mrs. P. POOLE, £15 T. RUST, £ 1 2 J. ROWDEN.

JULY: £25 K. MEDCALFE, £15 A. GEORGE, £12 Mrs. M. JOHNS.

AUGUST: £25 Mrs. HARTLEY, £15 A. HARRISON, £12 Mrs. T. RUSSELL.

SEPTEMBER: £25 Mrs. A. SMITH, £15 Mr. B. BALL, £12 Mrs. SUE TROTMAN

We hold our meetings monthly. If you would like to join us please contact the Secretary to confirm date and time.



A PROBLEM WITH ‘COLD CALLERS’?

I am not referring to the nuisance phone calls that seem to plague us all from time to time (best advice is to hang up) but to people who knock on the door trying to sell anything from fish to tarmac along with ‘services’ such as driveway repairs. The following information has been taken from the Norfolk County Council Trading Standards web page. If you and your neighbours have this kind of problem and you think the criteria apply to you then please have a look at the website:

<https://www.norfolk.gov.uk/business/trading-standards/consumer-advice/no-cold-calling-zones> or contact me, or any member of the Parish Council, phone numbers on the back page. We will be pleased to help.

Prue Lester

If there is a problem with these unwelcome visitors in any part of the Parish a ‘No Cold Calling Zone’ can be established by Norfolk County Council Trading Standards.

A no cold calling zone is a designated area where the residents declare they will no longer accept traders calling at their homes without an appointment.

No cold calling zones are a deterrent to unscrupulous traders and bogus callers, who do not want to be recognised or ‘logged’ as working within an area.

Trading Standards support the collective wishes of the residents, so the majority of the people living in the area must want the zone to be created. No cold calling zones are suitable for areas where:

- There is evidence of a history of doorstep rogue trading/bogus calling
- The area has a strong community bond/spirit and desire for the zone
- The age and/or vulnerability of the residents causes them to be at greater risk through cold calling
- The area is considered to be attractive to doorstep rogue traders
- The area is distinct and can be clearly identifiable as a zone

CHRISTMAS CRAFT FAYRE IN AID OF ‘HELP FOR HEROES’



Beautiful handmade crafts including Christmas decorations, arrangements, giftware, painted china, Christmas tea cosies and a stunning range of Christmas Crackers. Everything you need for your festive celebrations.

Drop in and see Marion at Rosebank, 72a Small Lode, Upwell, PE14 9BG.
Friday 15th and Saturday 16th November - 10am to 4pm.



Improving your home security reduces the chance of you becoming the victim of crime

To help you make the right choices to protect your home or business, Secured by Design have put together comprehensive information about security. It is contained in an easy-to-read formation on their website.

They also have a scheme to accredit products that have passed the necessary tests and evaluations to satisfy the police service that they are secure. These products and the standards are all listed on the website and products that have been accredited will have their logo affixed to them, with the words 'Police Preferred Specification'.

If you are uncertain about claims made by a manufacturer, you can always contact:

enquiries@police-cpi.co.uk or contact the crime prevention officer at your local police station.

An intruder in your home – what would you do?

It's worth thinking about what you might do in this rare situation, but our advice is to find somewhere safe to call the police on 999 and don't confront the intruder in your home. None of your possessions, however valuable, are worth more than your personal safety. For guidance on dealing with intruders and the legal use of reasonable force visit:

www.cps.gov.uk/publications/prosecution/householders.html

Keeping Your Garden Safe

Your garden shed or garage often contains valuable items or the tools that can help a burglar break into your home.

Make sure your garden is as secure as it can be with substantial fencing, walls or gates and lock them with a good quality padlock. Look for a Secured by Design or Sold Secure standard. Consider prickly planting near windows or around your fence. But make sure hedges don't give burglars a place to hide. Make sure your rubbish bins or ladders can't be climbed onto to access upstairs windows that might be left open to air the home. Some people swear by noisy gravel so it's easier to hear people walking about.

Use permanent marking to postcode your valuables stored in sheds and garages, engrave them or use a property marking kit. Use your postcode or your driver's licence number.



Consider buying a stand-alone shed or garage alarm or link your garage to your home alarm system.

UPDATE

Our Upwell and Outwell Neighbourhood Watch social media page now has 1795 members and is still growing by the day, which is excellent! It seems to be working reasonably well in communicating information and notifying members of crimes, hazards and things to watch out for in the local area. Happily several cats and dogs have also been safely reunited with their owners thanks to our members sharing posts and checking sheds and outbuildings. Heartfelt thanks to you all for being so caring and supportive. Let's keep looking out for each other.

Stay safe

Jane Sutton
Scheme Co-ordinator

Upwell and Outwell Age Concern Luncheon Club

Charity No: 1082825



Fancy a hot lunch, a chat and a cuppa?

As a member of the Upwell and Outwell Luncheon Club I would like to take this opportunity to invite you to join us at our fortnightly lunch meeting which is held in Upwell Methodist Hall.

Some of our members have difficulty with their mobility so we can arrange transport to and from the club using a minibus suitable for those using walking aids and wheelchair users.

We welcome anyone of pensionable age to join us and enjoy a hot two course lunch, together with the chance to have a chat and relax with others in a similar age range.

We understand however that it can sometimes be very difficult to take that first step and go somewhere new so some committee members have offered to visit anyone thinking of coming along beforehand for a chat and a cuppa so that there is a familiar face to welcome them or even perhaps bring them along that first time.

Several of our members attend and enjoy lunch with their carers (always welcome – especially if they are prepared to give a hand collecting plates or handing out teas!) whilst others like to spend time chatting to other members on their own.

If you are interested in knowing a little more before making a decision please don't hesitate to telephone me on 07584 735805 or Pearl on 01945 773566.

We would love to see you there.

Jackie Scotten



Like a lot of you and the staff here at NHS West Norfolk Clinical Commissioning Group (CCG), I have just returned from my summer holidays and must admit this year it has been very busy during what is normally a "quiet" season. The reason for all this activity is the ongoing reorganisation of the Norfolk and Waveney CCGs.

As you may know from my previous articles there are five CCGs in Norfolk and Waveney and about a year ago they decided to form a single management team under one Accountable Officer. The appointment of that officer, Melanie Craig, and the new Chief Finance Officer, John Ingham, was completed at the end of April and was followed quickly with the creation of a new senior management team. This saw the creation of a new post here in West Norfolk of Locality Director. Jeanette Hucey has been appointed to this post initially on a six month contract with a view to a formal recruitment process this autumn. I would like to formally welcome Jeanette to King's Lynn and wish her well in the post. The final phase of the reorganisation is to review and restructure the remaining staff across Norfolk and Waveney CCGs to support the new senior management team. That process is under way and should be complete by December.

The CCGs in Norfolk and Waveney are also currently exploring whether to merge into one larger CCG and are inviting people to have their say on this proposal. What does the proposed merger mean for West Norfolk? The main driver for those of us involved at the inception of West Norfolk CCG was to have a locally-focused organisation that would look after the interests of our residents and ensure the best scrutiny and support was

put in place for all health services in the area. I believe West Norfolk CCG has delivered that local focus and that we have ensured that services here are at least as good if not better than the rest of Norfolk. However, the cost of maintaining five CCGs is high; five CCGs all doing the same thing five times when it could be done once is inefficient. We can be better at improving things like our mental health services if we speak with one strong co-ordinated voice. Therefore, the move to merge will mean more money is available for clinical services that you desperately need while the commissioning voice will be louder and more insistent in our providers ear.

What we are determined about is that the local voice will not be lost in this move. Over the last year we have set up Local Delivery Groups in each of the CCG areas. Here in West Norfolk I have been chairing this group which is made up of all the providers and commissioners of health care in the area (including GPs, community nursing and mental health), The Queen Elizabeth Hospital, as well as the borough and county councils, social services, voluntary agencies, pharmacies, public health and children's services. The purpose of this group is to help support and empower the new Primary Care Networks which are taking shape across Norfolk and Waveney and will see groups of GP practices working closely together with other community, mental health and social care staff to improve services for local people. This West Norfolk Local Delivery Group will ensure there remains a strong local focus on health care provision in the West. The final decision on the proposed merger will happen soon and we need your feedback as soon as possible.

Please make your views known by completing an online survey: <https://www.smartsurvey.co.uk/s/NorfolkandWaveneyCCGProposal/> Alternatively, to request a hard copy of the survey please email sncg.communications@nhs.net or write to Freepost RTJE-GXBZ-CSJR, NHS Norwich CCG, Room 202, City Hall, St Peters Street, Norwich, NR2 1NH

Dr Paul Williams
Chair West Norfolk CCG



Flu Clinics 2019-20

It is that time of the year again and we have the dates of our annual flu clinics:

Saturday the 21st September 08:00 – 11:00

(65 YEARS OF AGE AND OVER ONLY)

Saturday the 28th September 08:00 – 11:00

(65 YEARS OF AGE AND OVER ONLY)

Saturday the 12th October 08:00 – 11:00

(BOTH UNDER AND OVER 65 YEARS OF AGE)

The clinics are on Saturday mornings again. If you are aged 65 and over or if you are in one of the below at risk groups please telephone the Health Centre and arrange an appointment. Due to delay in delivery dates for the vaccine if you are under 65 years of age please could you make an appointment on the last Saturday date, the 12th October.

At risk groups

- Anyone 65 or older
- COPD sufferers
- Asthmatics requiring inhaled steroids

- Children who have previously been admitted to hospital with a lower respiratory tract infection
- People suffering from chronic heart disease such as angina, previous heart attack, heart failure or atrial fibrillation.
- People with chronic kidney or liver disease
- People who have had a stroke or mini stroke or who suffer from a chronic neurological disease such as MS.
- All Diabetics
- Anyone whose immune system is suppressed either due to ill health or medication
- ALL pregnant women
- People without a spleen
- People who are morbidly obese, that is a BMI over 40.

Also if you are in any of these groups you are also highly likely to be eligible for a pneumococcal vaccine to prevent pneumococcal pneumonia. For most people you will only need one injection, however, some will need a booster dose. Ask about this when you attend for your flu injection.

The shingles vaccination is available for anyone aged 70 and who has not previously been vaccinated and people aged 78. For all enquiries please telephone the health centre on 01945 773671

The Patient Participation Group will also be holding their annual raffle so don't forget to bring your purses and wallets for a chance to win one of the many great prizes kindly donated by local businesses.



Three Holes Village Hall & Playing Field

Page 13

Charity no. 304483

Junction of Main Rd & Squires Drove, Three Holes, PE14 9JY

www.threeholesvillagehall00.org.uk

The Three Holes Village Hall & Playing Field is a charity owned by the village of Three Holes and overseen by a committee of volunteer trustees. The charity has no paid staff which means all the committee members are very "hands-on" – if that sounds like something you might be interested in getting involved in, and you have some free time, please do get in touch with us!

THVH&PF also has no guaranteed funding from any source other than its own efforts. The main income that keeps the charity running is from fees when the hall is hired for activities, community groups, private parties and other events. Other than that, we do also receive some donations of money, goods and services but most of the remaining income is raised by applying for grants. For example, as a result of successful grant applications to The Peoples Health Trust and The Dulverton Trust, the hall purchased professional audio-visual equipment (including fully installed digital projector, cinema-sized screen, PA system, DVD and CD players, mixer and amplifier) and is able to run its monthly Welle Cinema events and offer the equipment for use by hirers.

There are many organisations offering grants for community activities. One of the best known is The National Lottery's

Awards for All fund which offers between £300 and £10,000 for 'not-for-profit' projects. The National Lottery says, "For this funding, a good application should do at least one of these three things:

- bring people together and build strong relationships in and across communities
- improve the places and spaces that matter to communities
- enable more people to fulfil their potential by working to address issues at the earliest possible stage.
- your project also has to put people in the lead"

So, if you have an idea for a community project or activity that you would like to set up and run at our hall then we will offer our help to apply for a grant – what's stopping you? Speak to Sue on 01945 772824 or email lowecuss@gmail.com

To hire the hall you can book & pay online at
www.threeholesvillagehall00.org.uk or phone Helen on
01354 610318 .



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Sunday 13th OCTOBER 2019, 2pm:

COLETTE (15) After marrying a successful Parisian writer known commonly as "Willy" (Dominic West), Sidonie-Gabrielle Colette (Keira Knightley) is transplanted from her childhood home in rural France to the intellectual and artistic splendor of Paris. Soon after, Willy convinces Colette to ghostwrite for him. She pens a semi-autobiographical novel about a witty and brazen country girl named Claudine, sparking a bestseller and a cultural sensation. After its success, Colette and Willy become the talk of Paris and their adventures inspire additional Claudine novels. Colette's fight over creative ownership defies gender roles and drives her to overcome societal constraints, revolutionizing literature, fashion and sexual expression.

Sunday 3rd NOVEMBER 2019, 2pm - THE KEEPER

Sunday 8th DECEMBER 2019, 2pm - YESTERDAY

Upwell Methodist Church Regular Activities - current August 2019

For bookings contact our lettings secretary, Linda 773087

*Church affiliated activity



*Sunday:	Morning Worship <i>Open welcome from 10am (choir from 9am)</i> Minister Debbie Caulk Contact (01553 674961)	10.30- 11.30am
*Monthly Monday:	'As You Are' <i>Bible study and discussion Cuppa from 6.45pm</i> Every 2 nd Monday of the month Contact Kathleen 772509	7-8pm
*Monday:	Volunteer Gardening <i>Cuppa afterwards</i> Contact Jan & Bryan 461883	1.15-3.30pm
Monday:	Street Dance Contact Kate 07845 823044	6.45-8.15pm
Monthly Tuesday:	Luncheon club <i>Gather from 11.30am</i> Contact Pearl 773566, Jackie 880631	12 noon- 1.30pm
Monthly Tuesday:	Green Fingers Gardening Club <i>Arrive at 7 for a 7.30pm start</i> Every 3 rd Tuesday of the month Contact Susie 773576	7pm onwards
Tuesday:	Pilates (<i>not on 3rd Tuesday</i>) Contact Helen 07496 150421	7-8pm
*Wednesday:	Morning meditation <i>Gather from 8am in Garden Chapel</i> Contact Sally 738986	8.15-9.30am
*Wednesday:	Coffee morning <i>Open welcome</i> Contact Sally 738986	10-11.30am
Wednesday:	Cubs, Scouts Contact Deborah 07734 249563, Beryl 07773 636296	6- 8pm
*Fortnightly Thursday:	Fellowship <i>Alternate Thursdays</i> Contact Diana 773550	2.15-3.15pm
Thursday:	Pilates Contact Helen 07496 150421	6-7pm
*Monthly Friday:	'As You Are' <i>Bible study and discussion Cuppa from 9.45am</i> Every 1 st Friday of the month Contact Peter 860338	10-11am
*Friday:	Girls' Brigade Explorers Girls' Brigade Juniors, Seniors & Brigaders Contact Nicola 07584 432695	5.30-7pm 7-9pm
*Fortnightly Saturday:	Craft and coffee 'Crafternoon' <i>Every 1st and 3rd Saturday of the month</i> Contact Annette 772152	10-1pm
Daily:	Church gardens open (<i>N.B. At own risk</i>) for walking meditation, and personal reflection and communion (<i>except when in use for booked purposes</i>)	

What would you like to see, participate in, support? Please approach us and we'll see what we can do, on your behalf, or with your help. Thank you

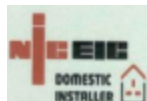
Three no trumps?

Talking with a neighbour, by chance we both recalled playing Bridge and how much we enjoyed it. With the evenings drawing in, if anyone is interested to start a social bridge group please get in touch. Phone number on the back page.

Prue Lester

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A new committee has been elected to run Upwell British Legion. We are offering the premises to groups and societies at a competitive rate.

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AND ALL SURROUNDING AREAS

Outwell Fire Station - Norfolk Fire & Rescue Service

Firstly we were informed of the sad news of the passing of a previously serving crew member (FF) Roy Whitehead who we believe served at Outwell Station for approximately 30yrs until around 1990. To honour his wishes we were asked if Outwell appliance would lead the funeral procession last Wednesday (14th Aug) from Churchfield Rd, to March Crematorium. We then carried his casket to the chapel. An honour we feel proud to have been asked to perform to show our respect.

Outwell crew member FF Edward Bidwell has successfully applied for & secured a role with White Watch at Kings Lynn as a Temp Firefighter. He has worked hard to be where he is furthering his career & experience. Already he seems to be enjoying his new role. Well done Ed, I hope it leads you to greater things.

I have also been successful in applying for, and securing my previously temporary whole time role as a Retained Support Officer, meaning I will be able to spend more time both at Outwell and neighbouring stations supporting where needed in availability, training & recruitment.

For all of you who have followed our journey in recent years to gain a full number of crew, you will be pleased that in the last week, OUTP3 was able to respond for the first time in approx. 4yrs, without me having to ride as OIC, yet still managed to do so with only Outwell crew members on board. As much as I



FIRE SERVICE NEWS

dislike missing shouts, it was also a proud moment knowing that all our hard work was paying off and knowing it was able to respond within our community under our own steam. We also hope two more crew to start around Oct time to bring us to a full complement for the first time since 2014. We have attended many incidents in the last month, including various domestic & commercial building fires, several fires in the open of varying sizes as well as several RTC's. Nearly all including lives at risk.

Remember push the button not your luck. Get Out & Stay Out!!

Watch Manager Glen Gates

WM Glen Gates Mob: 07946331359 Email:

glen.gates@fire.norfolk.gov.uk

Outwell Fire Station, Churchfield Road, Outwell, PE14 8RL

Let's Walk September 2019 November 2019

There are local walks that make use of the numerous footpaths around Outwell and Upwell, allowing us to view the villages from different perspectives as well as helping to keep the paths open.

Listed below are the more distant and longer walks try to explore other parts of Norfolk, Lincolnshire and Cambridgeshire and require car transport and sharing.

For the walks needing car transport we meet at 10am at Sylvie Short's house, "The Coach House", next to Brian Tweed's, butchers.

Please be there with a few minutes in hand to allow for discussions regarding car sharing and directions.

We share transport and walkers without are welcome to join us as we will always make car passenger places available. All we ask is a small contribution towards the driver's fuel costs.

We operate as an informal group of friends and anyone joining us does so at their own risk.

Date & time of meeting	Location	Approximate length	Guide	Driving Distance (one way)	Notes
Monday 9 th Sept 10.00am S.S. House	Grafham Water	5.5 miles	D.C.	37 miles	Packed lunch Dog Friendly
Wed 18 th Sept 10.00am S.S. House	Lyndford Stag	4.5 miles	A.G.	25 miles	Packed or café lunch at the end in Brown's of Mundford Not dog friendly, due to 'Seasonal canine illness' reported in the area.
Monday 30 th Sept 10.00am S.S. House	Blakeney	4.5 miles	S.S.	52 miles	Coffee in Artemis café and lunch at the end (either packed or café) Dog Friendly
Friday 11 th Oct 10.00am S.S. House	Castle Acre	6.5 miles	A.G.	28 miles	Packed or café lunch in Castle Acre. Dog Friendly
Monday 21 st Oct 10.00am S.S. House	St Ives and Hemmingford	5 miles	A.G.	29 miles	Packed lunch/café half way round in St Ives. Dog Friendly
Wed 30 th Oct 10.00am S.S. House	Barton Bendish	6.5 Miles	Julia A. Jan A.	17 miles	Packed lunch/ Berney Arms Pub Dog Friendly
Friday 8 th Nov 10.00am S.S. House	Shouldham Warren	4.5 miles	A.G.	14 miles	Packed lunch Dog Friendly
Monday 18 th Nov 10.00am S.S. House	Little Thetford	4.5 miles	S.S. Jan A.	21 miles	Packed lunch Dog Friendly
Friday 29 th Nov 10.00am S.S. House	Chippenham Fen	4 miles	S.S.	30 miles	Lunch at "La Hogue" Dog Friendly
Friday 6 th Dec 10.00am S.S. House	Holt	4.5 miles	Julia A.	52 miles	Packed or café lunch in Holt Not Dog Friendly

For any further information contact:- Allan Gullon:- 01945 772354 OR Sylvie Short:- 01945 774443



The period between Easter and the summer holidays is the scouts' favourite time of year. The good weather means time outside pioneering and cooking on open fires. Additionally we took advantage of the weather to practise the techniques required to deal with injuries involving lots of blood. These



techniques are best practised outside, as fake blood stains everything, including the hall floors.

The end of May saw our oldest scouts going on their expedition camp. This is their final camp as scouts, and they are expected to do as much of the planning and execution as is practical. They chose their destination based on the activities they wanted to take part in – indoor sky diving, snowboarding and Virtual reality – and ended up spending a long weekend in Milton Keynes! The camp was a success and the scouts involved received their Gold scout award.



In June we were invited to attend the rehearsal of the Trooping of the Colour in London, with Prince Andrew making the inspection. An excited group of scouts, explorers and leaders headed to London, leaving Downham Market station at 5:45am. It was a swelteringly hot day, but we had a great view of proceedings from the youth area, which was luckily shaded by some trees. While we waited for the action to begin, we invested a new patrol leader and assistant.

Later in the month we visited Open Road West Norfolk in Kings Lynn, where the scouts and explorers learnt all about car maintenance. With the supervision of the staff they changed tyres, windscreen wipers and bulbs, and checked fluid levels and tyre pressures. It is scary to think that some of the explorers I



remember as cubs will be getting driving licenses in the next couple of years!



As the school term neared its end the whole group (beavers, cubs and scouts) joined the girls' brigade for a giant camp in the grounds of Upwell Methodist church. On the Sunday morning we attended a church service held out in the grounds, during which the adults in the congregation were treated to freshly toasted marshmallows.



Scouts will be starting again in September, but sadly it is time for me to move on. I will miss all of the young people I have met over the last six years without exception. The new scout leader Alex will be ably assisted by assistant Jo-Ann. I hope they will enjoy their scouting journey as much as I have.

Akela

Abbie Says Thank You

Abbie (15yrs old) of Three Holes is grateful for the wonderful community support for her 5 mile sponsored walk 24/8/19 to raise money for Southern Shih Tzu Rescue. The rescue is run entirely by volunteers and every penny raised is spent on the dogs that come into the rescue.

Without the generous support of the community and the people at Three Holes Village Auction, I could not have raised in total £821.97. Thank you to everyone for treating me so kindly when I knocked on your doors asking for sponsorship for a charity you had never heard of before. I am so lucky to live in an area surrounded by caring, supportive people.

Fireworks are Scarvy!



C:\Users\sacal\Steve Dropbox\Steven ...\Job advert parish clerk.jpg



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Norfolk Fire & Rescue Service Needs You!!



Outwell Fire Station - Norfolk Fire & Rescue Service

Have you ever thought of joining a highly trained and respected team that responds to emergency calls and protects your local community?

If so then please either contact myself, for an initial chat using the details below, or visit us on a Wednesday evening at Outwell Fire Station, Churchfield Rd, Outwell, PE14 8RL. Alternatively please use the link below to register your interest:-

<https://www.norfolk.gov.uk/safety/norfolk-fire-and-rescue-service/recruitment/becoming-a-retained-firefighter>

To be eligible you will need to:

- Live, work or both within approximately 5 minutes of Outwell Fire Station.
- Be willing & able to respond to emergency calls at short notice during agreed periods.
- Be available to attend weekly drill periods on Wednesday evenings (times may vary depending on the training need).

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Applications welcome from all walks of life, male or female and who are at least 18 yrs. old.

WM Glen Gates Mob: 07946331359 Email: glen.gates@fire.norfolk.gov.uk



Upwell Parish Council

Meeting Dates For 2019

Unless otherwise stated, all meetings will take place at Upwell Village Hall. The Press and Public

are cordially invited to attend any meeting. Residents can address the Council at the start of the meeting but may only speak thereafter with the permission of the Chairman

Full Council 7.00 p.m.

October 7th

November 4th

December 7th