

2023 WEAVERS' WAY ULTRAMARATHONS EMERGENCY CONTACT NUMBERS

Please store these numbers in your mobile phone in case of emergency.

In the event of a **life-threatening emergency**, please call 999 first and then contact the Race Directors or Medical Team.

- Race Director - Janice - 07905 981762
- Race Director - Kevin - 07780 430092
- Medical Assistance - Gemma - 07894 219461

You are recommended to carry a Basic First Aid Kit, but there are also First Aid supplies at each Checkpoint should you need them.