

## Entrees

Please tell your server if any food allergies.

### Poultry

Served With White or Brown or Fried Rice

Chicken w/ Chinese Vegetable.....	12.50
Chicken w/ Broccoli.....	12.50
Chicken w/ Bora & Cabbage.....	12.50
Chicken w/ Garlic Sauce.....	12.50

### Lamb

Served With White or Brown or Fried Rice

Lamb w/ Garlic Sauce.....	17.50
Lamb w/ Bora & Cabbage.....	17.50
Lamb w/ green Pepper & Onions.....	17.50
Lamb w/ Chinese Vegetables.....	17.50
Lamb w/ Broccoli.....	17.50

### Beef

Served With White or Brown or Fried Rice

Beef w/ Chinese Vegetable.....	16.50
Beef w/ Broccoli.....	16.50
Beef w/ Bora & Cabbage.....	16.50

### Pork

Served With White or Brown or Fried Rice

Pork w/ Chinese Vegetable.....	15.50
Pork w/ Broccoli.....	15.50
Pork w/ Bora & Cabbage.....	15.50

### Seafood

Served With White or Brown or Fried Rice

Shrimp w/ Lobster Sauce.....	17.50
Shrimp w/ Broccoli.....	17.50
Shrimp w/ Bora & Cabbage.....	17.50
Shrimp w/ Mixed Vegetables.....	17.50
Shrimp w/ Garlic Sauce.....	17.50

## Vegetables

With White Rice or Brown Rice or Fried Rice

Mixed Vegetables & Garlic Sauce..	9.50
Steamed Mixed Vegetables.....	9.50
Broccoli w/ Garlic Sauce.....	9.50
Steamed Broccoli.....	9.50
Sambala Mix Vegetable.....	11.00

## Desserts

Cheese Cake.....	6.00
Chocolate Cake.....	6.00
Rice Bowl Custards.....	7.00

## Kid's Meals

Chicken Fingers w/French Fries.....	8.50
Mozzarella Sticks w/French Fries.....	8.50
Chicken Nuggets w/ French Fries.....	8.50

## Juices / Drinks

**3.00** Guyana Style Cream Soda, Kola Soda, Banana Soda, Etc...

**4.00** Mauby, Cranberry Juice, Orange Juice, Etc...

**We Serve Alcohol.**

Not responsible for Typographical Errors.  
Prices Subject to Change  
Taxes Not Included.

## Lunch Special

10:30 - 4:00PM

## Fried Rice

Small

Chicken Fried Rice.....	9.00
Garlic Chicken Fried Rice.....	10.00
Chicken Wings Fried Rice.....	10.00
Mixed Fried Rice.....	10.00
Roast Pork Fried Rice.....	10.00
Roast Beef Fried Rice.....	10.00
Shrimp Fried Rice.....	10.00
Vegetable Fried Rice.....	10.00
Boneless Chicken Fried Rice.....	10.00

## Lo Mein or Chow

Small

Chicken.....	8.50
Chicken Wings.....	9.00
Mixed.....	9.50
Roast Pork.....	9.00
Shrimp.....	9.50
Vegetable.....	8.00
Boneless Chicken.....	9.00
Garlic Chicken.....	9.00
Roast Beef.....	9.50

## Special

Lamb Pudding.....	\$15.00
Wontons.....	\$12.00
Pakoo.....	\$17.00

## Roti

Oil Roti.....	3.00
Dhal Puri.....	3.00
White Rice (small).....	4.00
Brown Rice (small).....	4.00
Large White Rice/ Brown Rice.....	7.00

# GT

## RICE BOWL



## RESTAURANT & LOUNGE

A Real Family Restaurant

**114-09 Liberty Ave.  
Queens, NY 11419**

**Tel: (718) 323-4000  
(718) 323-4001**

**www.GTRicebowl.com**

**Free Delivery**

**Eat-In • Take-Out**

**We cater for all occasions.**

**Open 7 Days From 10:30AM**

**We accept**



*Serving Great Food*

## Appetizers

Dhall (Cup) Small .....	4.50
Dhall (Cup) Large .....	8.00
French Fries .....	5.00
Sweet Potato Fries .....	9.00
Mozzarella Sticks.....	9.00
Green Plantains .....	11.00
Boil Channa .....	10.00
Boil Channa with Chicken.....	12.00
Coconut Choka .....	10.00
Fried Chicken (Chinese).....	9.00
Guyanese Fried Chicken .....	9.00
Jerk Chicken .....	11.75
Che Chi Kai Chicken.....	11.75
Guyanese BBQ Chicken .....	11.75
General Tso's Chicken.....	11.75
Garlic Chicken .....	11.75
Sesame Chicken .....	11.75
Sweet & Sour Chicken.....	11.75
Bhunjal Chicken .....	11.75
Pepper Chicken .....	11.75
Boneless Jerk Chicken.....	12.00
Sambala Chicken.....	12.00
Bhunjal Chicken Liver & Gizzard .	12.00
Liver & Gizzard (Chinese Style)....	12.00
Chicken In De-Rough (French Fries)	12.00
Chicken In De-Rough (Green Plantin).	15.00
Chicken Wings.....	11.00
Hot Wings .....	12.00
Spicy Chicken Wings .....	12.00
Jerk Wings.....	12.00
Fish Cake.....	
Fish and F/Fries (Full Serving Banga) ..	19.00
Fish and G/Plantin (Full Serving Banga)	21.00
Fried Banga .....	17.00
Fried Snapper .....	17.00
Fried Calamri (Squid) .....	14.00
Fried Shark.....	18.00
Lap Chong.....	13.75
BBQ Spare Ribs Tip (Pork) .....	13.75
Jerk Pork .....	13.00
Garlic Pork.....	13.00
Roast Pork.....	13.00
Bhunjal Pork .....	19.00
Sambala Pork.....	16.25
Pepper Pork .....	16.25
Bhunjal Duck .....	23.00
Roast Duck.....	19.00
Pepper Duck.....	19.00
Roast Beef .....	15.00
Pepper Beef .....	15.00
Sambala Beef .....	15.00

## Appetizers

Pepper Shrimp.....	17.00
Fried Shrimp .....	17.00
Grilled Shrimp.....	18.00
Sambala Shrimp .....	17.00
Jerk Shrimp.....	17.00
Lamb Kebab.....	17.00
Bhunjal Goat.....	19.00
Sambala Lamb .....	16.00
Pepper Lamb.....	16.00
Roasted Lamb .....	16.00
Lamb Pudding.....	16.00
Pepper Lamb.....	16.00

## West Indian Dishes

Served With White Rice or Brown Rice or Dhal Puri or Roti or Dhal.

Curry Snapper.....	22.99
Stew Snapper.....	22.99
Curry Chicken.....	16.99
Stew Chicken .....	16.99
Dhal Rice (Bhunjal Chicken).....	16.99
Dhal Rice (Bhunjal Liver, Gizzard)...	16.99
Curry Duck.....	24.99
Dhal Rice (Bhunjal Duck).....	24.99
Curry Goat.....	22.99
Bhunjal Goat .....	22.99
Curry Lamb .....	22.99
Curry Shrimp .....	22.99
Bhunjal Shrimp.....	22.99
Curry Potatoes .....	9.99
Curry Pork.....	20.99
Dhal Rice (Bhunjal Pork).....	20.99
Dhal Rice (Full Serving Banga).....	20.99
Dhal Rice (Coconut Choka).....	15.99

## Soup

	Small	Large
Cowheel Soup .....	7.50	14.00
Homemade Chicken Barley Soup..	7.50	14.00
Fish Broth (Snapper) .....	7.50	14.00
Seafood Soup (Chinese) .....	7.50	14.00
House Special Soup(Chinese).....	7.50	14.00
Chicken Noodle Soup (Chinese) .	7.00	13.00
Vegetable Soup (Chinese) .....	6.00	11.00

## Lo Mein or Chow Mein

Rice Bowl Special.....	19.99
(Chicken, Shrimp, Beef, Lamb, Pork & Crab Meat )	
House Special(Chicken, Shrimp, Crab Meat & Pork)	15.50
Mixed (Chicken, Shrimp & Pork) .....	13.50
Vegetable .....	10.99
Chicken.....	13.50
Boneless Chicken .....	13.50
Garlic Chicken .....	13.50
BBQ Chicken.....	14.50
Sweet & Sour Chicken (Chowmein/Lomein)	14.50
General Tso's Chicken Chow Mein.	15.00
Sesame Chicken Chow Mei.....	13.50
Boneless Jerk Chicken Chow Mein ...	15.50
Che Chi Kai Chicken (Chowmein/Lomein)	14.50
Strip Chicken (Chowmein/Lomein) .....	13.25
Sambala Chicken (Chowmein/Lomein)...	13.50
Jerk Chicken (Chowmein/Lomein) .....	14.50
Pepper Chicken (Chowmein/Lomein) ...	14.50
Chicken Liver .....	13.50
Fried Chicken Wing.....	13.50
Spicy Chicken Wing.....	13.25
Jerk Wing Chow Mein .....	13.50
Hot Wing.....	13.50
BBQ Tips(Pork) .....	15.50
Roast Pork.....	15.50
Sambala Pork Lo Mein .....	15.50
Pepper Pork Lo Mein .....	15.50
Lap Chong.....	13.50
Jerk Pork .....	15.50
Roast Beef .....	15.50
Sambala Beef (Chowmein/Lomein) .....	15.50
Pepper Beef (Chowmein/Lomein) .....	15.50
Lamb .....	16.50
Sambala Lamb Lo Mein.....	17.99
Pepper Lamb Lo Mein .....	17.99
Shrimp .....	14.50
Pepper Shrimp.....	18.99
Sambala Shrimp .....	18.99
Jerk Shrimp .....	18.99
Seafood (shrimp, Crab Meat & Scallops)....	18.99
Roast Duck.....	20.50
Pepper Duck (Chowmein/Lomein).....	20.50

## Fried Rice

Rice Bowl Special Fried Rice .....	18.99
(Chicken, Shrimp, Beef, Lamb, Pork, Crab Meat)	
House Special Fried Rice.....	14.75
(Chicken, Shrimp, Crab Meat & Pork)	
Mixed Fried Rice (Chicken, Shrimp & Pork) .	13.75
Vegetable Fried Rice.....	10.50
Chicken Fried Rice.....	11.50
Boneless Chicken Fried Rice .....	12.75
Garlic Chicken Fried Rice.....	12.75
BBQ Chicken Fried Rice .....	13.50
Sweet & Sour Chicken Fried Rice	13.75
General Tso's Chicken Fried Rice	13.75
Sesame Chicken Fried Rice .....	13.75
Boneless Jerk Chicken Fried Rice	13.75
Che Chi Kai Fried Rice.....	13.75
Strip Chicken Fried Rice.....	12.75
Sambala Chicken Fried Rice .....	13.75
Jerk Chicken Fried Rice .....	13.50
Pepper Chicken Fried Rice.....	13.75
Chicken Liver Fried Rice.....	12.75
Fried Chicken Wings Fried Rice...	12.50
Spicy Wings Fried Rice .....	12.75
Jerk Wing Fried Rice.....	12.75
Hot Wings Fried Rice.....	12.75
BBQ Tips Fried Rice (Pork).....	14.75
Roast Pork Fried Rice .....	13.75
Sambala Pork Fried Rice .....	14.75
Pepper Pork Fried Rice.....	14.75
Lap Chong Fried Rice.....	12.75
Jerk Pork Fried Rice.....	14.75
Roast Beef Fried Rice.....	14.25
Sambala Beef Fried Rice.....	14.75
Pepper Beef Fried Rice .....	14.75
Lamb Fried Rice .....	15.99
Sambala Lamb Fried Rice.....	17.99
Pepper Lamb Fried Rice .....	16.99
Shrimp Fried Rice .....	13.99
Pepper Shrimp Fried Rice .....	17.99
Sambala Shrimp Fried Rice.....	17.99
Jerk Shrimp Fried Rice .....	17.99
Seafood Fried Rice.....	17.99
(Shrimp, Crab Meat & scallops)	
Roast Duck Fried Rice .....	19.99
Pepper Duck Fried Rice .....	19.99